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Lifestyle
Chocolate Expo coming to Shriners Auditorium A3



Sports
WHS sophomore hoop captain Boudreau shines B1W

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Wilmington
Town Crier

69TH YEAR NO. 2 PHONE 978-658-2346 JANUARY 11, 2023 www.HomeNewsHere.com 24 PAGES

The essence of Wilmington is captured in the spirit of its people.
- Michael A. Caira

Wilmington High School Students of the Month



Ethan Ryan, 12, Learner; Julee Sutton, 12, Learner; Rachel Langevin, 12, Communicator; Grace Smith, 12, Collaborator; Samantha Bolonos, 9, Leader; Spencer Bagtaz, 10, Contributor; Jacob Tucker, 10, Collaborator; Olivia Saragosa, 9, Learner; Corinne Forcina, 12, Learner; Christian Niceforo, 12, Contributor; Avis Samaha, 11, Leader (Courtesy photo)

Select Board hears updates about the recreation dept.

By LIZZY HILL
News Correspondent

WILMINGTON — The Wilmington Select Board met on Monday night for a license request and recreation department update ahead of communications and other requests.

Erica Marchand, of Code 1 BBQ LLC, requested a common victualer license for 211 Main St. Town Manager Jeff Hull relayed to the board for their consideration that both the health director and building inspector recommended approval of the request. He also mentioned that the grant will establish seating by virtue of the zoning with a maximum of 12, which was requested in this case.

Select Board Chair Judy O'Connell invited Marchand to share more about her business. Marchand explained that with all of their food made fresh and slow smoked, they can't make anything on demand. This means that they close the restaurant when they sell out of what has been prepared.

They currently open at 11:30 a.m. on Wednesdays and 3 p.m. Thursdays through Saturdays. She invited interested customers to check for updates on their website, Facebook, and voicemail. She hoped that once they hire more help their hours can be more consistent.

The board wished Marchand luck and voted in favor of the request.

Recreation Director Brett Sawin next delivered updates to the board on their programs and services. He referenced some of their participation numbers through the fall with 52 kids in middle school basketball and two overnight trips with 40 and 50 people, respectively. The Horribles Parade brought in 645 kids, he mentioned, and next year they'll plan for even more. There were also two successful day trips — "Country Christmas" and "Christmas with Paul Anka."

Some upcoming overnight trips that he highlighted are trips to Tucson in April and Idaho in August. Sawin promised exciting activities at these events for anyone who signs up.

He added that they received two lifeguard applications for this summer and they were preparing a lifeguard certification class for potential lifeguards at the Shawsheen Tech. He invited anyone interested to call the department for more information. He also gave shoutouts to the staff in the department working hard to create interest in programs including Senior Clerk Marilyn Manos putting together the newsletters and new Program Coordinator Derek Stemmler.

O'Connell commented that Wilmington is lucky to have a thriving recreation department.

Select Board member Lilia Maselli noted that the program is robust for all ages. The other board members also shared their excitement about the program offerings.

Kevin Caira suggested Sawin provide open gym time for high school students. Sawin agreed that this would be a good idea while also bringing up the Thursday night basketball drop-in time which college students can attend.

O'Connell then asked for a pickleball update. Sawin included that they had held outdoor sessions into November and begun indoor sessions at that point. He described the interest in pickleball 101, which he said fills up within hours of the newsletter being released. He explained that they have to think about safety and retaining their equipment when they take down the pickleball nets for winter. Lastly, he informed the board that the town's pickleball group fundraised money and put up screens at each court.

The town manager sent the board several memos which he detailed for them that night. The first informed them of Wilmington Woburn Industrial's expectation to purchase the property at 51 Eames St. in 2023 once the consent agreement with the EPA concludes.

Another of Hull's letters mentioned the amendment to the Town Manager's Act, which had since been approved. One memo followed up on questions from the board's Dec. 12 meeting to say that the new town hall/school admin building could hook up to town sewer and the groundwater behind the Frank Kelley turf field was monitored annually.

Hull wrote that Lowell Five's donation of $5,000 would be put toward an active shooter drill per the police chief. His last few memos said that there was a notice of intent filed for the North Wilmington Train Station and that the town hall/school admin building committee met. The notice of intent was also shared in another memo from William Doyle.

Assistant Town Manager Susan Inman informed the board in writing that

SELECT | PAGE A12W

Wilmington considers temporary use of Trahan

By PAIGE IMPINK
News Correspondent
paige@yourtowncrier.com

WILMINGTON — At the meeting of the Wilmington Select Board on Jan. 9, 2023, Town Manager Jeff Hull explained that the town has looked at the Louise Davy Trahan Elementary School in Tewksbury as a possible temporary location for students. Wilmington is planning for a new school to be built to replace the Wildwood Early Childhood Center. The Wildwood was closed abruptly last year due to an oil spill and other needed repairs.

Three different locations in Wilmington are being used to house staff and students at this time while the town goes through the Massachusetts School Building Authority application process for a new building.

Exploratory discussions with Tewksbury Town Manager Richard Montuori were positive. Hull and other Wilmington officials toured the building, vacated in December as Tewksbury students move to the new Center Elementary School. Montuori was open to the idea of Wilmington temporarily using the Trahan contingent upon approval by the Tewksbury Select Board and School Committee.

However, the Trahan, located on Salem Road, has its own challenges and the condition of the physical plant is what prompted the building of the new Center Elementary School on Pleasant Street.

During the meeting, Hull commented, "If the school is in a condition that promoted the community to move students into a new school, it prompts the question as to whether the school would be conducive to students and staff from the Wildwood. Spending significant money on repairs to a building that is not owned by the Town of Wilmington is also a concern."

Tewksbury would re-

TRAHAN | PAGE A12W

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Wilmington Library News:

Intro to Sound Healing on Saturday, Jan. 21

Adult Programs

INDOOR
Drop-in Tech Help
Tuesday, Jan. 17, 2 p.m.
Wednesday, Jan. 18, 2 p.m.
Saturday, Jan. 21, 2 p.m.
Have a tech question that's been bugging you? Stop by Drop-in Tech Help.

VIRTUAL
50+ Jobseekers
Wednesday, Jan. 18, 9:30 a.m.
If you are unemployed and actively looking, underemployed, seeking a new career direction, re-entering the job market after a long employment gap, or recently retired and looking for your "Encore Career", this networking group program is perfect for you! Remember, 85% of jobs are found through networking! This week's topic (January 18) is Creating Your "Career Story" Pitch.

INDOOR
The Basics of Tea
Thursday, Jan. 19, 2:30 p.m.
Danielle Beaudette of The Cozy Tea Cart *(www.thecozyteacart.com)* and STI Certified Tea Specialist will explain the basics of tea which will provide you with the answers to your questions on where tea comes from and how it is different from herbal (tisane) blends. The processing and harvesting of tea will be discussed, taking you on a journey from the tea fields to the tea in your cup! Samples will be provided!

INDOOR
Novel Ideas Book Group
Thursday, Jan. 19, 7 p.m.
Enjoy reading fiction? Join the library's fiction book group led by Adult Services Librarian Erin Driscoll. Please stop by the library to pick up a copy of the featured book. Featured Book: City of Girls by Elizabeth Gilbert.

INDOOR
Needleworkers
Friday, Jan. 20, 10 a.m.
This is a social group for those who do any kind of needle craft. Bring your knitting, crocheting, quilting, etc. and enjoy a little conversation and camaraderie. Drop in.

VIRTUAL
Poetry Circle
Saturday, Jan. 21, 9:15 a.m.
Do you enjoy writing poetry? Want input on your work? If so, this group is for you. When registering, please provide your email address so you can receive an agenda and any prep materials in advance. Led by local writing enthusiast, Barbara Alevras.

INDOOR
Intro to Sound Healing
Saturday, Jan. 21, 10 a.m.
Restore, renew, relax. Sound healing with Crystal Singing Bowls is an immersive experience designed to ease stress and tension. Attendees should bring a yoga mat, blanket and small pillow for their head. Led by Susan Ravagni from the Wilmington Yoga Loft.

Youth Programs

INDOOR
Board Game Design
Tuesday, Jan. 17, 6:30 p.m.
Would you like to understand how to design your own board game? Over the course of several sessions we'll learn a process together while you work on your projects at home. Bring your game to life! Grades 7-12

INDOOR
Family Craft Night: Bubble Painting
Wednesday, Jan. 18, 6:30 p.m.
Bubbles and paint? The perfect combo. Come create a beautiful painting for your wall! Ages 3+

INDOOR
Read to Brandie
Thursday, Jan. 19, 6 p.m.
Come read to Brandie, a loveable dog that loves to listen to kids read! Sign up for one 15 minute session per family. Siblings and caregivers welcome.

INDOOR
Drop-in Storytime
Friday, Jan. 20, 10 a.m.
Come enjoy this fun indoor storytime that includes books, rhymes, music and movement! Ages 2-6

Additional Information

The Library will be closed on Monday, January 16 in observance of Martin Luther King Jr. Day.

Friends of the Library Jewelry Sale
The Friends of the library are accepting jewelry donations. The next jewelry sale is scheduled for March 31 and April 1, 2023.

Museum Passes
The library has discounted passes to your favorite Massachusetts museums, attractions, and state parks. Find the full list on our website!

WML In-Person Programming
Registration is required for most in-person programs. Please check our website on the day of the program to confirm location. Masks are no longer required for vaccinated patrons while visiting the library.

WML Virtual Programming
The library continues to offer a variety of virtual events. Please note that registration is required in order to receive the Zoom link. Go to *wilmlibrary.org* to register or call 978-658-2967.



From left are Eleanor Buckley, Gloria Diehl, Principal Ryan Gendron, Sofia Barletta, Bob DiPalma, Janice LaCasse, and Ann St Onge. (Courtesy photo)

Advertisement
It's Your Money
by Todd Brisbois



TAXPAYERS CAN START THE 2023 TAX YEAR OFF RIGHT BY CHECKING THEIR WITHHOLDING:

— PART II —

One way people can get the new tax year off to a good start is by checking their federal income tax withholding. They can do this using the Tax Withholding Estimator on IRS.gov.

Before using the Tax Withholding Estimator it can be helpful for taxpayers to gather applicable income documents including their pay stubs; Forms W-2 from employers to estimate their annual income; Forms 1099 from banks, issuing agencies and other payers including unemployment compensation, dividends, distributions from a pension, annuity or retirement plan; Form 1099-K, 1099-MISC, W-2 or other income statement for workers in the gig economy; Form 1099-INT for interest received; and other income documents and records of virtual currency transactions

These documents are not needed to use the estimator but having them handy will help taxpayers estimate 2022 income and answer other questions asked during the process.

The Tax Withholding Estimator results will only be as accurate as the information entered by the taxpayer. People with only pension income should not use the Estimator. Those with wage income can account for current or future pension income. People with more complex tax situations should use the instructions in Publication 505, Tax Withholding and Estimated Tax. This includes taxpayers who owe alternative minimum tax or certain other taxes, and people with long-term capital gains or qualified dividends.

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WHS grad Barletta awarded the Angels in Motion scholarship

WILMINGTON — Judy DiPalma, a long-time resident of Wilmington, had been diagnosed with Multiple Sclerosis at the age of 22. After attending an event for people with disabilities, Judy was determined to create a similar opportunity in her community of Wilmington. She started the AIM group in the 1980s, when it was originally known as "Access is Mandatory." By providing social opportunities for people with disabilities, AIM offered a break to caregivers of people with disabilities.

Over the years, as federal laws afforded more accessibility to people with disabilities, the group morphed into "Angels in Motion." AIM continued to host social events for people of all types of disabilities where they could gather, socialize, play games, have lunch, and meet others with disabilities.

The group was supported by a legion of local volunteers. Judy's dedication to AIM earned her the Town of Wilmington "Good Guy Award" in 1986. Judy passed away in 2013, but AIM continued to meet for many years.

Unfortunately, the pandemic limited AIM's activity and they recently made the difficult decision to disband. They used their remaining funds to sponsor the last AIM Judy DiPalma Memorial Scholarship in the amount of $1,500. The applications were collected in the spring of 2022, but due to extenuating circumstances, a recipient was not chosen until this month.

Sofia Barletta, Wilmington High School Class of 2022, was chosen as the recipient of the AIM Judy DiPalma Memorial Scholarship. At Wilmington High School, Sofia was a member of the Best Buddies Club, an Executive Board member of the Mentor Club, a member of Dance Club and National Honor Society, and a volunteer for Tiny Tots, Beyond Tops, and WPS Food Services.

During her senior year, Sofia interned at Excel Orthopaedic Specialists via the WHS Senior Exploration program. Her experience working with physical therapists helped solidify her interest in the health sciences. She is currently in her freshman year at the University of Connecticut, where she is studying Allied Health Sciences, with a concentration in Occupational Therapy.

Bob DiPalma, Judy's husband, presented the AIM scholarship to Sofia Barletta in a small ceremony at Wilmington High School on Friday, Dec. 16. Also in attendance were members of AIM, Ann St. Onge, Eleanor Buckley, Janice La Casse, Gloria Diehl; Sofia's parents, Sandra and Robert Barletta; and WHS principal Ryan Gendron.

News and notes from WCTV

Hello friends and neighbors! Here's what's going on at WCTV!

The many ways to watch and listen to WCTV!

We know that many of you are watching WCTV on television, but did you know there are lots of ways to watch and listen to your favorite programs and podcasts on various devices, platforms and on-demand? WCTV has a new and improved website where you can find out just about everything you want to know about WCTV. Discover what's on our channels and where to find programming as well as information about becoming a member by navigation the tabs at the top of the webpage (*wctv.org*).

If listening to podcasts is what you are looking for, you can find podcasts on the website and WCTV also publishes our podcasts on several other platforms like: Spotify, Sound Cloud and Apple podcasts. WCTV has a very strong social media presence too. You can find us on Facebook, Instagram, Twitter and TicTok too (see information below). With so many ways to watch and listen you'll be up to speed with everything we're doing here in the community to keep you informed and entertained.

If you have any questions about where to find what you are looking for, reach out to Lisa Kapala-Egan, Community Outreach Coordinator at: *lisa @wctv.org*.

Meetings covered by WCTV:

Wednesday, Jan. 18, 7 p.m., Select Board

View on channels: Comcast 9, Verizon 37

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WCTV is located at: 10 Waltham Street, Wilmington

Office Hours by Appointment: (978) 657-4066

Questions about WCTV? Contact *info@wctv.org*

WCTV Channels: Public Channel: Verizon 37, Comcast 9

Lifestyle

Chocolate Expo coming to Shriners Auditorium

By HEATHER BURNS
News Correspondent

For many of us, nothing can transport us to our happy place faster than the decadent taste of chocolate.

For the non-chocolate lover, this may seem like an overstatement of the magical spell that a piece of chocolate is able to cast, but in fact science is on the side of the chocolate lover.

It is a scientific fact that not only does chocolate taste good, but it can actually make you feel happy.

Chocolate contains chemicals like tryptophan, which the brain uses to produce serotonin, the neurotransmitter and hormone responsible for the feeling of happiness or joy we experience. Thus, for the chocolate lover, eating chocolate truly does make one feel happy.

This January, chocolate lovers will have even more to be happy and joyful about, as New York's largest chocolate event is coming to our area for the first time this January.

On Sunday, Jan. 29 The Chocolate Expo 2023 will be at the Shriners Auditorium, located at 99 Fordham Road in Wilmington.

The Chocolate Expo is one of the largest consumer-oriented chocolate events in the country, featuring up to 90 vendors, many of which will be offering free samples of their products.

As every chocolate lover would theoretically agree, you can never have too much chocolate, but it would be wise to pace yourself while at The Chocolate Expo.

Keep in mind that vendors will be selling their chocolate offerings, so to avoid a potential chocolate induced coma, you may want to plan on purchasing some chocolate goodies to consume later.

While most vendor's products will emphasize on the show's theme of chocolate featuring indulgent chocolate items from candy makers, bakeries and specialty food producers, there will also be a selection of non-chocolate items.



▲ Chocolate lovers can find their happy place at The Chocolate Expo at Wilmington's Shriners Auditorium on Jan. 29,2023.

Most of the non-chocolate items will pair nicely with chocolate, such as wines, spirits, cheese and other specialty food items.

There may be a few big name chocolate companies represented at The Expo, but in general, vendors will be small, local or regional companies.

As if the chocolate alone wasn't enough of a draw to want to experience The Chocolate Expo, the Expo is also featuring several celebrity guests.

Actor Paris Themen, famous for his role as Mike TeeVee in the film Willy Wonka & the Chocolate Factory will be on hand, as well as celebrity chef Larry Rosenberg from the Food Network.

To ensure plenty of fun and entertainment for all, magician Peter Gross will also be performing at this event.

Organizers of the event recommend purchasing tickets in advance online, $20 for adults, $10 for children ages 5 to 12, and children under the age of 5 are free.

Tickets will also be available at the door, but at a premium price of $30 for adults and $15 for children.

Priority entry will be given to guests who purchased tickets in advance online.

Expo hours are on Sunday, Jan. 29, 2023 from 10 a.m. to 6 p.m. Discounted tickets will also be available as a late day special with admittance to the Expo after 4 p.m.

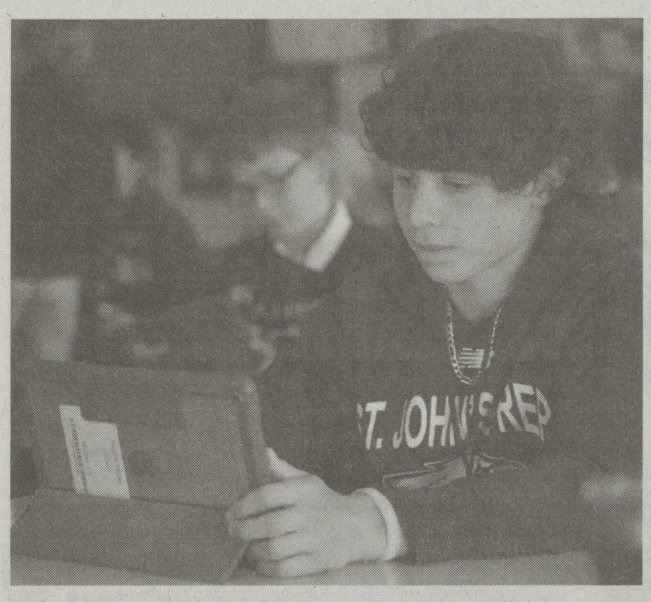
The month of January can certainly be a tough one to swallow with frigid temperatures and harsh, winter weather. Why not make this January be a little more palatable with the rich and inviting taste of chocolate?

A visit to The Chocolate Expo is sure to offer a fun day for all, and after a few samples of the magical powers of chocolate, you may just laugh in the face of old man winter!

For advance ticket purchase for The Chocolate Expo, visit *www.everbrite.com/e/the-chocolate-expo-2023-bostonwilmington-tickets*.



OPINION



▲A newly designated Apple Distinguished School, the Prep and its student body have been a one-to-one iPad community since 2014. (Courtesy photo)

St. John's Prep recognized as Apple Distinguished School

DANVERS — St. John's Prep has been recognized as an Apple Distinguished School for a three-year term, joining fewer than 700 schools in 38 countries worldwide to hold that designation. The school's selection highlights its success as a pacesetter in providing a compelling learning environment that engages students and demonstrates tangible evidence of academic achievement.

Apple Distinguished Schools are considered centers of innovation, leadership and educational excellence. Eligible schools are invited by Apple to apply for the honor and are selected by meeting key, Apple-vetted metrics such as innovative use of the Apple platform, faculty proficiency with iPad or Mac and a documented record of success using technology to inspire creativity, collaboration and critical thinking in learning.

To be considered, schools must also operate a one-to-one learning environment for more than two years prior, meaning all students and teachers use Apple devices as their primary learning or instructional tool. The Prep has been a one-to-one iPad learning environment since 2014.

"What's important about this recognition from Apple is that it's not just for what we've been doing, but also our vision for the future," said Kerry Gallagher, St. John's assistant principal for teaching and learning. "We employ site-based studies and data-informed reflection to measure our teaching progress with the resources and devices we use, and we make changes or evolve to deliver to our students the skills they need to be successful in jobs of the future, households of the future and in serving their communities of the future. We're not afraid to adapt to create new opportunities for learning."

Apple specifies that Apple Distinguished Schools be institutions where a technology-rich environment gives faculty and students opportunities to enrich their learning and teaching experiences in ways that wouldn't otherwise be possible. One example of this environment at St. John's might be European History students impersonating historical figures from the Russian Revolution by engaging in a social media-style discussion on a shared virtual bulletin board via the Padlet platform.

Another could be students in Latin using the Keynote app to demonstrate their understanding of classical poetry by creating an animated video illustrating the Carthaginian coastline as described in Vergil's Aeneid.

"This recognition by Apple is incredibly rewarding because it acknowledges all the work our teachers have done for nearly a decade to transform the way teaching and learning happens here," said Julie Cremin, an instructional coach at the Prep, and one of only 3,000 such mentors worldwide to be certified as an Apple Distinguished Educator. "Our teachers have leaned in to professional development and guidance from digital learning specialists to identify the best use of technology to benefit those students at their specific grade level and in their specific content area. We don't want teachers using technology just for the sake of using it, which means we're always looking at what will really enhance the good work that's already happening here."

Apple Distinguished Schools must employ established methods of using Apple technology to design pedagogical approaches that engage students in innovative learning which is connected, collaborative, creative and personalized, like the instances above. The Prep's one-to-one iPad learning environment has long been supported by a stand-alone digital learning team, a Center for Teaching and Learning and a deeply resourced Information Services Department.

As part of its three-year designation through 2025, the Prep will share stories and successes with educators beyond its campus. The school will also host visits by peer institutions in collaboration with Apple Education teams. In addition, school leaders will receive exclusive invitations to leadership events offering opportunities to interact with experts and collaborate with peers who share an interest in sustaining an innovative learning and teaching environment.

State democratic party calls on lawmakers to decriminalize overdose prevention centers

BOSTON — The Massachusetts Democratic State Committee announced that it has overwhelmingly endorsed legislation to legalize life-saving drug consumption care and grant municipalities the option of creating dedicated overdose prevention centers to combat the surge in fatal drug overdoses in Massachusetts. In doing so, the Massachusetts Democratic State Committee has become one of the first state democratic parties in the country to formally endorse the creation of overdose prevention centers to save lives and connect people who use drugs to a range of medical, behavioral health, and substance use disorder services.

"We need common-sense law enforcement, and that doesn't mean preventing our doctors, nurses, and healthcare workers from providing life-saving medical care. If we change the law, we will save lives," said Democratic State Committee member Justin Klekota, who sponsored the resolution. "These settings prevent overdose deaths in the short term, and over the long term, overdose prevention centers connect people who use drugs to rehabilitation services and place them on a path to recovery."

"We have an opioid crisis. Let's make sure that consumption care is a tool that our communities can use for those who suffer from the disease of addiction," said Somerville Mayor Katjana Ballantyne.

Between 2020 and 2021, deaths from drug overdoses increased 8.8 percent in Massachusetts. In 2021, 2,290 residents died of an opioid-related overdose with fentanyl present in 93 percent of the cases where a toxicology report was available. Overdose prevention centers have been shown to save lives by reducing overdose fatalities and, to date, there have been no overdose fatalities recorded at any of the 120 overdose prevention centers operating in 10 countries.

"I don't believe we can count out any option that has the potential to save lives from substance use disorder," said State Senator Julian Cyr (D - Truro), chair of the Joint Committee on Mental Health, Substance Use and Recovery. "The Mass Dems State Committee's passage of a resolution in support of overdose prevention sites adds to the chorus of support for utilizing a tool to save lives in an epidemic that continues to ravage families and communities across the Commonwealth."

"The 8.8 percent increase in overdose deaths from 2020 to 2021 indicates the need for a stronger public health response to this epidemic," said Democratic State and National Committee member Melvin C. Poindexter. "The resolution in support of overdose prevention centers affirms the Massachusetts Democratic Party's commitment to prioritizing public health and safety in the Commonwealth."

The Massachusetts Medical Society, Massachusetts Organization for Addiction Recovery, and the Massachusetts chapter of the National Association of Social Workers have endorsed overdose prevention centers as an effective harm reduction tool that saves lives.

"The lives of people with substance use disorder and their families are often governed by chaos and worry. Connecting high-risk users with health and social services through consumption care is a legitimate and compassionate pathway to accessing addiction treatment," said Debby Kozikowski, Vice Chair of the Massachusetts Democratic Party.

In 2019, the Commonwealth's Harm Reduction Commission, chaired by Secretary of Health and Human Services Marylou Sudders, formally recommended the use of overdose prevention centers (a.k.a. supervised consumption sites) in Massachusetts as a means to reducing drug overdose fatalities. In its final report to the Massachusetts Legislature, the Harm Reduction Commission identified current law as an obstacle to public health, writing: "In order to pursue a pilot program of one or more supervised consumption sites, the challenges the Commonwealth must address include any gaps in legal protections for organizations and individuals who would staff a supervised consumption site and any state criminal and civil laws that may pose a barrier."

"No one has to look far to find someone they care about who has been impacted by substance use and addiction. We know that overdose prevention centers are an important tool in keeping people alive. This resolution is very much in alignment with the Democratic Party principles of valuing all life and meeting people where they are," said state Rep. Marjorie Decker (D - Cambridge), Chair of the Joint Committee on Public Health.

"Treating people who use drugs with dignity and respect is the first step in allowing them space to make decisions about their own bodies. When people are trusted and empowered to participate in their healthcare choices, we see better health outcomes," said Carl Sciortino, Executive Vice President of External Relations at Fenway Health. "The rates of overdose deaths are continuing to rise and there is an urgent need to keep people alive and engaged in community. Overdose prevention centers provide a safe space for that opportunity and serve as a gateway to an array of healthcare interventions and services that keep people engaged in care."

Upcoming local events

Thursday, Jan. 12, Public Health Museum indoor & outdoor tours, 365 East St., Tewksbury, *publichealthmuseum.org*

Friday, Jan. 13, Open Skate, Hallenbourg Arena, Billerica, *7-8 p.m.*, $5pp /$20 family, 10 Good St., Billerica.

Saturday, Jan. 14, Public Health Museum outdoor tours, 365 East St., Tewksbury, *publichealthmuseum.org*

Sunday, Jan. 15, Westford Museum Free, *1 - 3 p.m.*, 4 Boston Road

Tuesday, Jan. 17, Bargain Movie Day, Showcase Cinema De Luxe Lowell, 32 Reiss Ave., Lowell

Tuesday, Jan. 17, *5:30 - 7 p.m.*, Galilee Café at Tewksbury Congregational Church free community dinner. All welcomed. Take out options available.

Wednesday, Jan. 18, Friends of the Tewksbury Library book donation and puzzle swap. *3 - 6 p.m.*, 300 Chandler St.

Thursday, Jan. 19, *6:30 - 8:30 p.m.*, Understanding the IEP, Tewksbury Special Ed PAC via Zoom. Registration Link: *https://fcsn-org.zoom.us/meeting/register/tZUvc-2pqTwrHdeqehETXwMnqZrddYYttC_z*

Friday, Jan. 20, Family Swim, Billerica Boys and Girls Club, 9 Campbell Road, Billerica, *7:20 - 8:30 p.m.*, $5 pp non member.

Saturday, Jan. 21, 2023, Community Pasta Dinner, Wilmington United Methodist Church. *5 p.m. Take out and 5:30 p.m. sit down plus dessert.* All welcomed! Please register by Jan. 18 *shorturl.at/bd079* to attend the dinner.

Saturday, Jan. 21, Tewksbury Democratic Town Committee Meeting, *10 a.m.*, Tewksbury Town Hall.

Through **Jan. 31, 2023,** TDTC Toiletries Drive, drop bin at Tewksbury Public Library. Donations of personal care items are appreciated in full and travel sizes including toothpaste, bandaids, soap, shampoo, hygiene products, and other toiletry items for women from birth to teens. *Tewksburydems@gmail.com.*

Every Monday night, *7 p.m.*, Wilmington Knights of Columbus Hall 142 Middlesex Ave. $5 entry fee. All skill levels are welcome. Open to the general public (21 and up). Cash bar available.

Saturday and Sundays, National Street Car Museum, *11 a.m. - 4 p.m.*, 25 Shattuck St., Lowell

Tuesdays and Thursdays, *10 a.m. and 2 p.m.*, Wilmington Town Museum, Harnden Tavern, 430 Salem St. (Route 62), Wilmington

Saturdays, Middlesex Canal Museum, 1 Faulkner St., North Billerica, *12 - 4 p.m., middlesexcanal.org*

Tuesdays - Fridays, *9 a.m. - 4 p.m.*, Saturday by appointment, closed Sunday and Monday. Lawrence History Center, 6 Essex St., Lawrence *Lawrencehistory.org*

Book Stew Review

'We All Want Impossible Things' by Catherine Newman

By EILEEN MACDOUGALL

Terminal illness and loss in early middle age is portrayed with incredible humor and pathos in this outstanding short novel, which seems to be based on a true event.

When Edi, first and current best friend to Ash, is stricken with ovarian cancer, everything about their past and their missing future rises to the surface in Edi's final days at a hospice that seems like a truly worthy last waystation.

Ash is self-centered (to the point that Edi must remind her not to make herself the subject of the upcoming eulogy) and reacts to the pending loss of her BFF by throwing her husband overboard and desperately indulging in meaningless trysts, which Edi defines as "taking advantage of people with no boundaries."

As selfish as she is, Ash glows as Edi fades, as do all the friends and family who provide loving tenderness in Edi's last difficult days. The combination of Ash's perverse thoughts and actions, filled with silliness and pain, with Edi's slide towards the unknown make this an exemplary read for anyone who has suffered a horrendous loss, and anyone who is facing the end of their own life. It's almost a primer on how to do death right.

Quote: "She's super wholesome. She probably makes her own kombucha! Okay, that's a bad example. I actually make my own kombucha."

Want your opinion heard?

We LOVE your letters!
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All submissions must be accompanied by full name, address, and daytime contact information for verification purposes.
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Rep. Moulton urges Speaker to exclude Rep. Santos from access to classified information

WASHINGTON, D.C. — Reps. Seth Moulton (D-Mass.), Pat Ryan (D-N.Y.), Chrissy Houlahan (D-Pa.), and Jeff Jackson (D-N.C.) are urging Speaker McCarthy to exclude George Santos from accessing classified information, including appointment to any Congressional Committees that may facilitate and require the use of this information.

In a letter sent to the Speaker of the House, the four members — who all have national security backgrounds — write: "In the past few weeks, it has become apparent that Mr. Santos has blatantly fabricated his biographical history, misled the public, and received hundreds of thousands of dollars in unaccounted for campaign contributions... This is particularly alarming due to the nature of the information that we, as members of Congress, have access to. The nature of our position requires knowledge of and exposure to highly sensitive, top secret national security information."

"We know firsthand the tremendous effort and sacrifice that goes into keeping this country safe," the letter later states. "We view Mr. Santos a direct threat to national security and ask that you ensure Mr. Santos is excluded from access to our nation's most sensitive information and participation in any Committee work that might involve the use of classified information."

Congressman Moulton currently sits on the House Armed Services and Transportation and Infrastructure Committees. He is a Marine veteran who served four tours in Iraq.

The fuller letter reads:

Dear Speaker McCarthy:

As Members of Congress with backgrounds in national security, we write to you out of concern related to Congressman George Santos's access to classified information and potential appointment to any Congressional Committees that may facilitate and require the use of this information.

In the past few weeks, it has become apparent that Mr. Santos has blatantly fabricated his biographical history, misled the public, and received hundreds of thousands of dollars in unaccounted for campaign contributions.

Moreover, law enforcement agencies in Brazil have reinstated fraud charges against Mr. Santos, only adding to the extensive list of reasons that Mr. Santos should resign. However, Mr. Santos has indicated that he will not do so.

This is particularly alarming due to the nature of the information that we, as Members of Congress, have access to. The nature of our position requires knowledge of and exposure to highly sensitive, top secret national security information.

As Members of Congress, we do not obtain security clearances through the standard process members of the public do. While Americans who require access to potentially sensitive information undergo extensive background checks, interviews, and a lengthy holistic review to receive a security clearance, Members of Congress do not. Instead, by nature of the trust of our constituents, we are deemed trustworthy enough to hold our positions, and, in turn, the classified information required to represent the American people we serve.

Mr. Santos has exhibited, time and time again, that the American people cannot trust him, and the voters who once placed their trust in him were deceived. We cannot put our nation at risk by allowing Mr. Santos to sustain access to classified information or appointment to any Congressional Committee that may require this information.

We know firsthand the tremendous effort and sacrifice that goes into keeping this country safe. We view Mr. Santos a direct threat to national security and ask that you ensure Mr. Santos is excluded from access to our nation's most sensitive information and participation in any Committee work that might involve the use of classified information.

As you work to usher in the 118th Congress, we ask that you do so in a way that protects our nation's security, and the classification of sensitive information on which it depends. Mr. Santos has repeatedly proven that he cannot be entrusted with this same responsibility.

OBITUARY

Blanche M. (Smith) Peck

Enjoyed knitting, drawing, crafts, dancing



Blanche M. (Smith) Peck, age 78, of Wilmington, passed away surrounded by her loving family on Jan. 4, 2023.

Blanche was born on June 23, 1944, in Boston; she was the cherished daughter of the late Kenneth and Ellen (Lydeard) Smith. Blanche was raised in the Berkshires and graduated from St. Joseph's High School in Pittsfield.

Blanche met her husband and the love of her life Thomas F. Peck and the couple was married on April 5, 1964, married for 58 years. They moved to Wilmington, where they raised their three children, Cheryl, Suzanne, and Thomas, Jr. Blanche was delighted to become a "Mimi" to her eight wonderful grandchildren.

Blanche worked as a banquet manager for many years; she worked at the Ramada Inn and the Sheraton Hotel for 35 years. Blanche loved her job and loved the people she worked with.

In her spare time, Blanche loved to have a good time; she enjoyed knitting, drawing, crafts, visiting casinos, dancing, and shopping.

Blanche loved the holidays, baking for her family, and attending family gatherings. Blanche adored her family and made every member feel special.

Blanche will be remembered as a wonderful wife, mother, grandmother, great-grandmother, sister, aunt, and dog mom to Georgia.

Blanche was the beloved wife of Thomas F. Peck, devoted mother of Cheryl Schiffman and her husband Cary of Hudson, NH, Suzanne Burns and her husband Bill of Mystic, CT, and Thomas Peck, Jr. of Wilmington, loving "Mimi" of Alyssa Crouch and her husband James, Eddie Peterson, Justin DiRienzo, Christopher DiRienzo, Will Burns, Ellie Burns, Janie Burns, and her beloved late granddaughter Hannah Burns, step-grandmother of Maxwell Ross-Schiffman, "Great-Meep Meep" of Hazel and Maxwell Crouch, cherished daughter of the late Kenneth and Ellen (Lydeard) Smith, dear sister of Christine Twohig and her partner Robert D'Amore and Diane Teto and her late husband Harold.

Blanche is also survived by many brothers and sisters-in-law, nieces, and nephews.

Family and friends will gather for a Mass of Christian Burial in St. Barbara's Church, 138 Cambridge Road, Woburn, on Saturday, Jan. 21 at 10 a.m.

Memorial donations in Blanche's name may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284 or via *dana-farber.org/gift (http://dana-farber.org/gift)*

Arrangements under the direction of Nichols Funeral Home, Wilmington, MA.

www.nicholsfuneral-home.com

New construction digs up old court issues

By ROSALYN IMPINK
News Correspondent

TEWKSBURY — The Tewksbury Planning Board met on Jan. 9, 2023 at Tewksbury Town Hall.

The board reviewed a special permit extension for 120 Lumber Lane; the proponent is finishing the buildings and is working with building commissioner Mark Bertonassi to comply with the town building code. Chair Steve Johnson said he would rather do a one-year extension and check back in at that time; the board approved a one year extension to the permit.

The board reviewed a use special permit request for Stella Doggo Playcare at 1721 Main St. Owner Rhonda Corey explained that the business is seeking to apply for a kennel license to allow for overnight boarding. There will be no staff on site overnight but the dogs are monitored by sound and motion detectors. The board approved the application.

The board approved a family suite special permit request at 8 Border Road.

The board conducted a site plan review and land disturbance permit application for the Carciofi Realty Trust at 770 Main St., an existing residential property next to Tewksbury Federal Credit Union; after discussion with the proponent's engineer, the board continued the discussion to the Jan. 23 meeting.

The board discussed a land disturbance permit for O'Brien Homes at Foster Lane. The proponent explained that the project will disturb about 63,000 square feet over two areas — one for the construction of a home and one for the improvement of Foster Lane.

Attorney Dave Plunkett, on behalf of Joyce Terris of 44 Floyd Ave., came before the board to discuss a 1992 appeals panel case he was part of in which the state court annulled a decision made by the Planning Board for O'Brien's original project.

"Mr. O'Brien was the applicant at that time. Mr. O'Briend was given a permit to develop his property," he said.

"There is no right of Mr. O'Brien to utilize Foster Lane, that was the decision of the appeals court. Nothing has changed," he continued. "You can't use land you have no right to. The number one determination of any permit granting board is to make that determination that that person that's before you can do what he says without impinging on the rights of others."

Johnson said that the board will only rule on the land disturbance permit, and anything else was beyond its purview. Town Planner Alex Lowder said that any argument would need to be had at the Zoning Board of Appeals.

O'Brien's attorney Don Borenstein said that the issue with the court case was specific to a subdivision plan and had no relevance in the new development.

"I think it's a crying shame, and I don't have a role in it," said Johnson.

The board continued the discussion to the next meeting.

During the town planner's report, Lowder discussed a proposed policy to allow for previously permitted mixed-use developments to transform formerly intended commercial space into housing units through a special permit process, as long as the units were designated affordable in perpetuity.

Lowder proposed the policy to address unused commercial units along Route 38.

"It's a win-win," she said.

She also reported that Eco Auto is offering to partner with the town and local businesses to help install electric vehicle infrastructure around town.

Lowder shared that Italian kitchen Brelundi had a kitchen plan approved and is working towards opening, as is La Vita Dolce bakery, which will be seeking a sign special permit soon.

Lowder also discussed a building permit for a catering company at the former Crystal General Store, and reported on the recently felled sycamore tree at the old Sycamore Hall building at 24 Pleasant St., which was cut down against the approved landscaping plan.

Lowder also reviewed proposed changes to the zoning bylaw.

The next meeting is scheduled for Jan. 23, 2022. Residents may find previously recorded meetings at *youtube.com/TewksburyTV*. The meeting may be viewed on Comcast channel 99 and Verizon channel 33 or attend in person at town hall.

New daycare proposed for Main Street

By ROSALYN IMPINK
News Correspondent

TEWKSBURY — The Tewksbury Planning Board met on Jan. 9, 2023 at Tewksbury Town Hall.

The board conducted a site plan review and land disturbance permit application for the Carciofi Realty Trust at 770 Main St., an existing residential property next to Tewksbury Federal Credit Union.

Engineer Ben Osgood explained that the company is developing a 10,000 square foot daycare center with 41 parking spaces; the current zoning bylaw requires at minimum one space per eight children plus one space per employee, and the daycare will serve 187 children.

The board reviewed drainage systems and stormwater plans and discussed the layout for a playground and trees. The proponent requested waivers for parking in order to dedicate parking spots to snow storage.

Member Vinny Fratalia expressed concerns over the waiver request.

"It kind of irritates me that people come in with the intention of hoping that we would give them a waiver, and I'm like, why can't the people doing these designs make it to code like it should be and from there make the buildings whatever size it has to be," he said. "It just seems like we get those waiver requests, and I'm like, why can't people design it accordingly and we don't need a waiver?"

He was also worried about sightlines being impeded.

Member Jonathan Ciampa said he was worried about children escaping the building and getting off the property. Osgood highlighted a fence surrounding the building.

Member Jim Duffy raised concerns about mulch in the playground getting washed away and a manhole in the playground area.

"How are the kids going to be protected?" he asked.

Osgood explained that the manhole will be inspected during the year. Johnson said he was more inclined to grant the removal of spaces to accommodate snow storage because most students will be dropped off.

During the public comment period, Johnson reminded residents that the board was not having a discussion on whether or not the business should be built.

Lead teacher Desiree Wickham of Main Street Learning Academy, a preschool and daycare that opened in September of 2022 located next door to the property, asked about the timeline of the buildout. She said she wanted to support a fellow business but also needed to keep her students safe.

Osgood said that the plan is to start construction within 30 to 60 days after the permit is issued, with planned completion within six months. The owner will also put up a construction fence surrounding the site.

"You're tearing the building down obviously," said Fratalia. "Have you ever considered relocating the building and donating the building to the town of Tewksbury?"

He said he thought it could be moved and used for affordable housing. Osgood said the subject hadn't come up, but the process of moving the existing house would likely take a long time and would hold up construction.

The board continued the discussion to Jan. 23.

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• Partially Furnished
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• Landscaping and Snow Removal Included
• Private Parking Lot
VISIT NORTHEASTERNDEVELOPMENT.COM/RENTALS FOR MORE INFORMATION



▲ Tewksbury Memorial High School students had a tremendous opportunity to hear from FBI Boston Supervisor (SAC) Joseph Bonavolonta. He spoke about what it takes to become an FBI agent, what the FBI does and the great partnership the Tewksbury Police Department has with them. (Courtesy photo)

2023 annual town census underway in Tewksbury

TEWKSBURY — Town Clerk Denise Graffeo would like to remind residents about the importance of returning the annual town census form to the Town Clerk's Office, as soon as possible. Graffeo explains that a prompt and accurate census is very important. Your cooperation in returning the census as soon as possible will prevent the town from having to do another costly mailing.

If you are a new resident or if you do not receive a census form, please notify the Town Clerk's Office by phone at 978-640-4355 or by e-mail at *townclerk@tewksbury-ma.gov.*

They welcome the community to visit the town clerk's page of the municipal website for more information relative to the annual town census and to find answers to FAQ's

• The census provides information to assure that the town receives its fair share of state and federal funds and grants.

• It is also used for calculating veterans' benefits, housing for the elderly and other related veterans' and elderly benefits.

• The census information serves to provide: proof of residency to protect voting rights and to maintain the voting list, preventing needless delays at your voting precinct. Any previously registered voter who has not returned their annual census for two consecutive years will be added to the inactive voters list and therefore, by law, will be required to fill out an Affirmation of Current and Continuous Residence form and provide identification to prove continuous residency in the Town of Tewksbury.

• The school census provides projection for future enrollments and related benefits which allows school administrators to apply for additional state and federal funds and grants.

• Allows college students to apply for lower tuition at all Massachusetts state colleges and provides proof of residence. By law the town can only certify that you live in Tewksbury if you are listed in the census records. Owning property is not used for proof of residency.

• For the convenience of dog owners, you will find a dog registration form attached to the bottom of the census form. By state law, all dogs six months of age or older must be registered.

LEGAL NOTICE

TOWN OF TEWKSBURY BOARD OF APPEALS

Notice is hereby given that the Tewksbury Board of Appeals will hold a public hearing on **January 26, 2023,** at **6:30 P.M.** in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by **Jennifer and Nathalie Balch-Kenney,** for a variance under Section 5.3.1.E.2 and 5.3.1.E.3 of the Tewksbury Zoning Bylaw, for an accessory structure within front setbacks, to construct a 28' x 28' detached garage and 10' x 20' attached workout room as shown on plans filed with this Board.

Said property is located at **6 School Street,** Assessor's Map 94, Lot 294 zoned Residential.

The application may be examined on the Zoning Board of Appeals webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org

Nancy Rego, Chair

230028 1/11,18/23

LEGAL NOTICE

TOWN OF WILMINGTON BOARD OF HEALTH

PUBLIC HEARING

Notice is hereby given that a Public Hearing will be held in Town Hall, Room 9, 121 Glen Road, Wilmington MA, 01887 on Tuesday, January 17, 2023, at 5:45 p.m. to review and hear comments relative to the Board of Health Regulations, Section 8.00 (definitions) smoking and tobacco products. The proposed addition to the regulations is as follows:

Electronic Nicotine Delivery System means an electronic device, whether for one-time use or reusable, that can be used to deliver nicotine or **another substance** to a person inhaling from the device including, but not limited to, electronic cigarettes, electronic cigars, electronic cigarillos, electronic pipes, vaping pens, hookah pens and other similar devices that rely on vaporization or aerosolization, This term shall include such devices whether they are manufactured or marketed and sold as e-cigarettes, e-cigars, e-pipes or under any other product name provided, however, that "electronic nicotine delivery system" shall also include any non-combustible liquid or gel that is manufactured into a finished product for use in such electronic device; provided further, that "electronic nicotine delivery system" shall also include any component, part, or accessory of a device used during the operation of the device even if the part or accessory was sold separately; provided further, that "electronic nicotine delivery system" shall not include a product that has been approved by the United States Food and Drug Administration for the sale of or use as a tobacco cessation product or for other medical purposes and is marketed and sold or prescribed exclusively for that approved 105 CMR: DEPARTMENT OF PUBLIC HEALTH purpose.

For a full rendering of the draft regulations please see the Board of Health website. https://www.wilmingtonma.gov/health-department

230037 1/11/23

LEGAL NOTICE

TOWN OF TEWKSBURY PLANNING BOARD

PUBLIC HEARING

SITE PLAN REVIEW

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on **January 23, 2023 at 7:10 P.M.** in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by **Steve Doherty** for a Site Plan Review pursuant to Section 3.6 of the Zoning Bylaw to redevelop the existing building and site into a marijuana retailer establishment including new striping, sidewalks, and landscaped areas as shown on plans filed with this Board.

Said property is located at 2504 Main Street, Assessor's Map 94, Lot 313, zoned South Village Business.

The application may be examined on the Planning Board webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org

Stephen Johnson, Chairman

230006 1/4,11/23

LEGAL NOTICE

TOWN OF WILMINGTON SELECT BOARD

TOWN MEETING WARRANT ARTICLES

Notice is hereby given that Articles submitted by petition for inclusion in the Warrant for the Annual Town Meeting to be held April 29, 2023, must be submitted to the Town Clerk's Office, Wilmington Town Hall, 121 Glen Road, Wilmington, no later than 4:30 p.m. on February 3, 2023.

Judith L. O'Connell, Chair
Select Board

230044 1/11,18,25/23

LEGAL NOTICE

TOWN OF WILMINGTON BOARD OF APPEALS

A public hearing will be held at the Town Hall, 121 Glen Road on Wednesday, February 1st 2023 at 7:00 p.m. on the following applications:

Case 1-23
Mark Nelson
Map 6, Parcel 40
12 Polk Street

– To amend the decision of the Board of Appeals case No. 24-08

Case 3-23
Wilmington 4th of July Celebration, Inc
Map 52, Parcel 38
Map 66, Parcel 1
Church Street/
140-150 Middlesex Ave

– Inclusion of a carnival as part of the annual fun on the fourth celebration. June 29th, 2023–July 3rd, 2023.

230007 1/11,18/23

LEGAL NOTICES ARCHIVE

All published legal notices are posted to the Massachusetts Public Notices website.

To search the archive of previously published legal notices go to:

www.homenewshere.com
OR
masspublicnotices.org/Search.aspx

LEGAL NOTICE

TOWN OF TEWKSBURY, MASSACHUSETTS DEPARTMENT OF PUBLIC WORKS

REQUEST FOR PROPOSAL

Sealed Proposals for Fuel Island Dispenser Replacement, Contract PW-23-10 will be received by the Town of Tewksbury at the Department of Public Works office, 999 Whipple Road, Tewksbury, MA 01876, until 10:00 AM, on February 16, 2023 at that time and place proposal pricing will be publicly opened and read aloud.

The Work under this contract shall consist of but is not limited to, full replacement of the Town's Veeder Root, Fuel Management System, Dispensers (one (1) gasoline and one (1) diesel dispenser) and all incidentals needed to complete the work at the Department of Public Works office, 999 Whipple Road, Tewksbury, MA 01876.

Contract Documents are available after 1:00 PM local time on Thursday, January 12, 2023 by sending an e-mail request to Assistant Director, David Lizotte at dlizotte@tewksbury-ma.gov No monetary deposit is required to obtain electronic documents. Contract Documents may also be examined, but not obtained, at the DPW office during the following hours: 8:00 a.m. – 4:00 p.m. Monday through Thursday, legal holidays excluded.

RICHARD MONTUORI,
TOWN MANAGER
TEWKSBURY, MASSACHUSETTS

230042 1/11,18/23

LEGAL NOTICE

TOWN OF TEWKSBURY CONSERVATION COMMISSION

PUBLIC HEARING

NOTICE OF INTENT (NOI)

Notice is hereby given that the Tewksbury Conservation Comission will hold a public hearing on **January 25, 2023, at 6:30 P.M. at Tewksbury Town Hall, 1009 Main Street,** for a NOI application filed by GCG Associates, Inc. of Wilmington, MA on behalf of the Town of Tewksbury, MA for the construction of boardwalks within wetlands, Land Under Waterbodies and Waterways, Bordering Land Subject to Flooding, Riverfront Area, and/or associated buffer zones.

The property subject to this application is located at **900 Chandler Street, Tewksbury, MA; Assessor Map 43 Lot 84.**

The application may be examined on the Conservation Commission webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org

Joe Fontaine
Conservation Agent/Planner

230045 1/11/23

LEGAL NOTICE

TOWN OF TEWKSBURY PLANNING BOARD

PUBLIC HEARING

GROUNDWATER PROTECTION SPECIAL PERMIT & LAND DISTURBANCE PERMIT SITE PLAN REVIEW

Notice is hereby given that the Tewksbury Planning Board will hold a public hearing on **January 23, 2023 at 7:05 P.M.** in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by **118 Lumber Lane LLC** for a Site Plan Review pursuant to Section 3.6 and a Special Permit pursuant to Section 3.5 of the Zoning Bylaw as well as a Land Disturbance Permit pursuant to Chapter 19 of the General Bylaw to construct a 9,600 SF, two-story industrial garage building, associated driveways, gravel laydown area, and proposed stormwater management system as shown on plans filed with this Board.

Said property is located at 118 Lumber Lane, Assessor's Map 102, Lot 16, zoned Industrial 2.

The application may be examined on the Planning Board webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org

Stephen Johnson, Chairman

230005 1/4,11/23

LEGAL NOTICE

TOWN OF TEWKSBURY BOARD OF APPEALS

Notice is hereby given that the Tewksbury Board of Appeals will hold a public hearing on **January 26, 2023,** at **6:30 P.M.** in the Tewksbury Town Hall, 1009 Main Street, Tewksbury, MA 01876 on an application filed by **Margaret S. O'Brien c/o Johnson & Borenstein, LLC** under MA General Laws, Chapter 40A, Section 8 as a party aggrieved by a decision made by the Building Inspector in a letter dated December 9, 2022, to construct a 40' x 60' single-family dwelling with 30' x 60' garage.

Said property is located at **Foster Lane,** Assessor's Map 24, Lot 26, zoned Residential.

The application may be examined on the Zoning Board of Appeals webpage of the Town of Tewksbury's website at www.tewksbury-ma.gov. Should other accommodations be necessary to view the application, please call the Community Development Office at 978-640-4370. Legal Notice can also be viewed on www.masspublicnotices.org

Nancy Rego, Chair

230046 1/11,18/23

Local students named to Dean's List at Lasell

NEWTON — Lasell University named students to the Dean's List for their academic performance in the fall 2022 semester, including:

•Beverly Banks of Wilmington
•Heather Beck of Wilmington
•Leila McLaren of Wilmington
•Cassidy Phillips of Tewksbury
•Sarah Milne of Tewksbury
•Jeremy Perez of Tewksbury

To be named to the Dean's List, Lasell students must complete at least 12 credits as a full-time student and achieve a semester GPA of 3.5 or higher.

Local students named to Dean's List at Stonehill

EASTON — Stonehill College is proud to recognize the students named to the Dean's List this semester. To qualify for this honor, students must have a semester grade point average of 3.50 or better and must have successfully completed all courses for which they were registered.

• Kaitlin Gallezzo of Wilmington
• Hayden Kane of Wilmington
• Kelly McClymer of Wilmington
• Kari Wells of Wilmington
• Robert Chisholm of Tewksbury
• Rena Ruggiero of Tewksbury
• Gideon Daley of Tewksbury

About Stonehill College

Stonehill College, a Catholic institution of higher learning, was founded by the Congregation of Holy Cross in 1948. Located on the beautiful 384-acre campus and former estate of Frederick Lothrop Ames in North Easton, Massachusetts, it is a community of scholarship and faith, anchored by a belief in the inherent dignity of each person.

Through more than 100 academic programs in the liberal arts, sciences, business and pre-professional field, Stonehill College provides an education of the highest caliber that fosters critical thinking, free inquiry and the interchange of ideas for over 2,500 students.

Stonehill College educates the whole person so that each Stonehill graduate thinks, acts and leads with courage toward the creation of a more just and compassionate world.



▲The sous-vide method includes a vessel to hold the water, bagged food item, and machine, setting the time and temperature, and wrapping with a towel or other insulator to hold in the heat and limit evaporation. (Paige Impink photo)

SOUS-VIDE
the newest trend in cooking

By PAIGE IMPINK
News Correspondent
paige@yourtowncrier.com

Have you heard of the cooking method sous-vide? Pronounced 'sue-veed,' the technique of using warm, gently circulating water to cook meats and vegetables is catching on. Praised for the quality of texture it brings to meats, the French immersion circulator is increasing in popularity as its superior results are realized.

A sous-vide machine looks like a kitchen handheld immersion blender, but is clipped to a pot or cooking vessel to circulate water and heat it. Digital settings for time and temperature make using the machine easy. Sous vide translated means "under vacuum."

Foods are typically sealed in plastic before plunged into the water, often vacuum sealed. This hands-off cooking method uses the water and circulator to maintain the consistent temperature and "bathe" the food. Food can be set in the morning and run through the day in the water bath, then quickly browned in the evening to serve for dinner. It is a "set it and forget it" method that really frees the cook and does not take up oven space or heat up a kitchen.

There is some debate over the origin of sous-vide, ranging from a South Carolina general seeking to improve hospital food and cooking methods in the late 1960s, to two chefs in France who were looking to improve the texture of meats and also experiment with vacuum-sealed foods.

The boil-in-bag revolution was starting and companies were keen to get on the bandwagon. Plastics manufacturers were also experimenting with ways to use soft plastics in the kitchen.

Poached eggs are a favorite of sous vide users. 167 degrees for 12 minutes, according to America's Test Kitchen, is the perfect way to get eggs that are not runny and don't taste like vinegar, which is used in the traditional stove top technique.

A family friend who is an avid sous-vide cook recommends "brisket sous-vide at 135°F for 48 hours and quick flips on the BBQ grill or broiler at high heat with a dry rub for incredibly tender, juicy and tasty beef. You can also make pastrami with pepper, garlic and clove, and pork shoulder or butt sous-vide at 165°F for 24 hours and then fork shred in a bowl and add your favorite sauce for an 'incredible' pulled pork sandwich."

The advantage of sous-vide is that is makes tough cuts of meat more tender by breaking down the connective tissue. Many fine restaurants use the sous-vide method.

Immersion circulators draw water in and across an element to heat the water and circulate it right back out. Keeping the temperature steady is the key to the food being cooked well and even. Chefs laud the technique's ability to thoroughly cook meats versus having overdone and underdone spots.

It is not necessary to use a vacuum sealer machine for the food used in a sous vide bath. A freezer bag is sufficient. The temperatures that food cooks at in the sous-vide is below boiling temperature, and having BPA-free bags can give you an extra measure of confidence. Cooking in plastic is anathema to many cooks, but sous-vide aficionados share that the low cooking temperature and the polyethylene bags are food safe.

It is recommended to remove as much air as possible from the bag so the food stays submerged, and clip the bag to the side of the container so that it doesn't slip into the water and possibly compromise the seal.

Foods such as fish, beef, lamb, pork, or chicken should be seasoned prior to being placed in the bag so that the meat marinates while the warming process occurs. Meats that are prepared using sous-vide will still need to be seared to gain a crust or crispy edge after being removed from the water bath.

Some immersion circulators rely on wifi and phone apps to run, while others have digital controls which set time, temperature, and water level indicators. Prices range from $50 to $200, with the most recommended models priced around $175-190. Numerous instructional videos are available to guide purchases and techniques.

Give sous-vide a try!

SUDOKU

DIFFICULTY RATING: ★★☆☆☆

9		1		3	4			8
4					8	3	5	1
8				2				
		4						3
		9		8		4		
5						2		
				5				4
7	1	8	4					5
6			8	7		1		2

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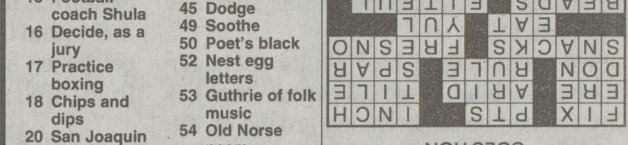
HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

SOLUTION

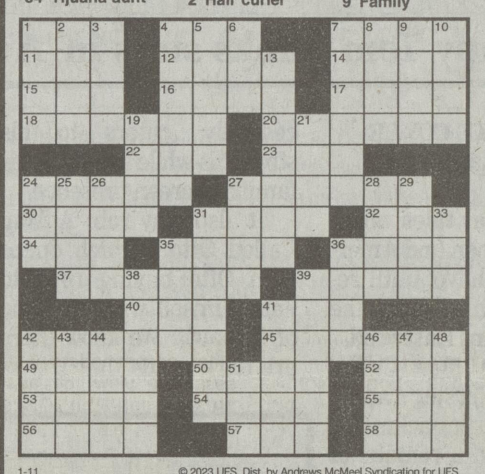
9	6	1	5	3	4	7	2	8
4	2	7	9	6	8	3	5	1
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1	3	9	2	8	5	4	6	7
5	8	6	3	4	7	2	1	9
3	9	2	1	5	6	8	7	4
6	4	5	8	7	3	1	9	2

ACROSS
1 Repair
4 Liq. measures
7 Unit of length
11 Before, to bards
12 Lacking moisture
14 Scrabble piece
15 Football coach Shula
16 Decide, as a jury
17 Practice boxing
18 Chips and dips
20 San Joaquin Valley city
22 Have a meal
23 "Futureworld" name
24 Abacus parts
27 Off and on
30 Run in neutral
31 Bogs
32 No gentleman
34 Tijuana aunt
35 Advertisement
36 Make fuzzy
37 Like a wedding cake
39 Eager and willing
40 "The Bells" author
41 Not just mine
42 Orchestra member
45 Dodge
49 Soothe
50 Poet's black
52 Nest egg letters
53 Guthrie of folk music
54 Old Norse poem
55 "The Matrix" hero
56 Tire
57 Sz. option
58 "My — Sal"

DOWN
1 Govt. agents
2 Hair curler
3 Warrior princess
4 Goose-down items
5 Confidence
6 Part of RSVP
7 In and of —
8 Pinches off
9 Family
10 White hat wearer
13 Standing up to
19 Grant territory
21 Furrows
24 Chomped
25 Work in the newsroom
26 Asian mountains
27 Long-running tiff
28 Stanford rival
29 Speak highly of
31 More swift-footed
33 Tumble the wash
35 Votes in favor
36 Arctic hazard
38 Novel closer
39 Completely wrecked
41 Protective layer
42 Norse king
43 Knot in wood
44 Mexican pot
46 Insult wittily
47 Length x width
48 Liverpool pokey
51 Mooch



SOLUTION



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Cries pour into mental health, suicide line

By AMANDA SEITZ
Associated Press

HYATTSVILLE, Md. (AP) — When Jamieson Brill answers a crisis call from a Spanish speaker on the newly launched national 988 mental health helpline, he rarely mentions the word suicide, or "suicidio"

Brill, whose family hails from Puerto Rico, knows that just discussing the term in some Spanish-speaking cultures is so frowned upon that many callers are too scared to even admit that they're calling for themselves.

"However strong stigma around mental health concerns is in English-speaking cultures, in Spanish-speaking cultures it is triple that," said Brill, who helps people navigate mental health crises from a tiny brick building tucked away in Hyattsville, Maryland.

Brill works in one of more than 200 call centers fanned out around the country tasked with answering an uptick in calls day and night from people considering suicide or experiencing a mental health emergency.

With bipartisan congressional support and just under $1 billion in federal funds, the 988 mental health helpline has quickly expanded its reach in the six months since it launched — with over 2 million calls, texts and chat messages pouring in.

The number of centers answering calls in Spanish grew from three to seven last year. A pilot line dedicated to LGBTQ youth started taking calls in September. And plans are underway to keep the momentum going, with the federal government adding Spanish language chat and text options later this year and aiming to expand those services to a 24/7 operation for the LGBTQ line.

When the around-the-clock service launched last summer, it built on the existing network that staffed the old national lifeline, 1-800-273-8255. The new 988 number is designed to be as easy to remember as 911.

It couldn't have come at a more needed time: Depression rates in U.S. adults, overdose deaths and suicide rates have been on the rise.

"The call volume is, in some instances, well beyond what we anticipated," said Miriam Delphin-Rittmon, assistant secretary for mental health and substance use in the Department of Health and Human Services. "It does let us know that people are struggling, people are having a hard time. Where I feel heartened is that people are getting connected to services and supports, as opposed to struggling on their own."



▲988 Call Center Director Jamieson Brill poses for a photo in front of a desk where workers take calls around the clock at a facility in Hyattsville, Md., Oct. 7, 2022. Brill works in one of more than 200 call centers fanned out around the country tasked with answering an uptick in calls around the clock from people considering suicide or experiencing a mental health emergency. (AP Photo/Amanda Seitz)

The 988 helpline registered 154,585 more calls, texts and chat messages during November 2022 compared to the old national lifeline in November 2021, according to the latest data available.

Texting has been particularly popular, with the Substance Abuse and Mental Health Services Administration noting a 1,227% increase in texts to the line during that same time.

The Veterans Crisis Line — callers can press "1" after texting or calling 988 to reach it — has fielded 450,000 calls, texts and chat messages, according to the Department of Veterans Affairs. By the end of the year, the line had handled a nearly 10% increase compared to 2021.

Calls show no signs of slowing into this year, with counselors answering 3,869 calls on New Year's Eve and the first day of 2023 — a 30 percent increase compared to the previous holiday. The Spanish language line saw an increase of 3,800 calls year over year from November 2021 to November 2022.

Meanwhile, some states are considering unveiling their own lines dedicated to certain communities.

In November, Washington became the first state to launch a mental health crisis line dedicated to American Indian and Alaska Native people. Callers in Washington can reach the line by calling 988 then pressing "4" to be greeted by one of the 13 counselors — all Indigenous people — who staff the phones.

Having fellow American Indians answer those calls is crucial, because those familiar with the culture can immediately decode some terms that others cannot, said Rochelle Williams, the tribal operations manager for Volunteers of America Western Washington, which oversees the call center. For example, she said, when a caller says that a relative is "bothering me," that sends up an immediate red flag: The person is likely signaling that they're the victim of a sexual assault.

"Who has a better understanding of native people than native people?" Williams said. "We don't trust in a lot of government programs. Knowing you're talking to another Indigenous person is really important."



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Movie Review
'A Man Called Otto' Page A-8



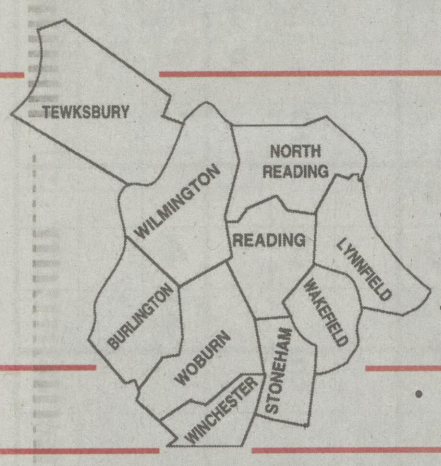
Recipe
Easy Vegetable-Beef Soup Page A-9



Real Estate Transfers Page A-10



MIDDLESEX EAST appearing in Daily Times – Chronicle (Reading, Woburn, Winchester, Burlington, Wakefield), Lynnfield Villager, No. Reading Transcript, Wilmington & Tewksbury Town Crier, Stoneham Independent





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Determined Boston developer forges ahead with Woburn life sciences project

By PATRICK BLAIS

After being essentially chased out of the city just a year earlier, a Boston developer earlier this winter scored a major victory for the life sciences community by convincing Woburn officials that next-era research and development (R&D) facilities can safely co-exist by residential homes.

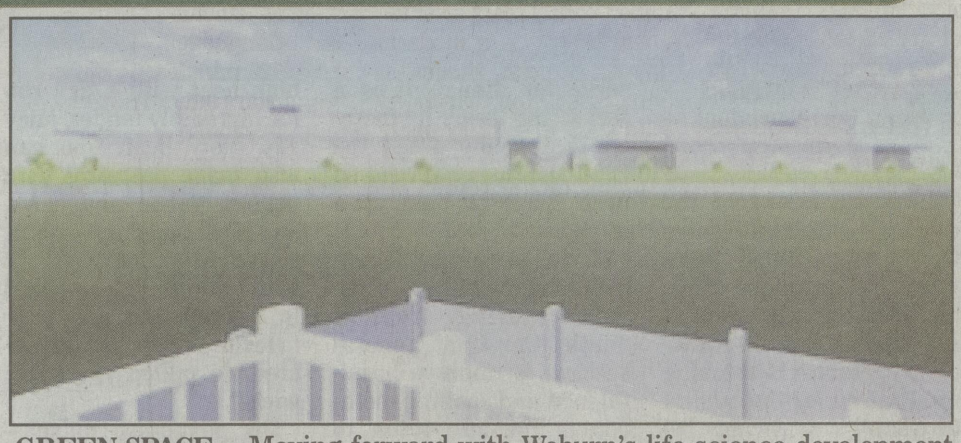
Capping off a second round of talks that lasted roughly seven-months, Woburn's City Council in November overwhelmingly passed zoning legislation that paves the way for the Davis Companies to move forward with plans to erect two 100,000 square foot R&D facilities within an old overflow parking lot for a Showcase Cinemas site that overlooks I-95.

The commercial real estate manager still has to obtain a special permit from the City Council before breaking ground on the redevelopment, which would have no impact on the existing cinema house operations or an adjacent hotel and restaurant property off of Middlesex Canal Parkway.

Prior to the 7-to-1 council vote in favor of the zoning initiative, which will establish a new Life Sciences Overlay District (LBOD) around the entire 33-acre cinema and hotel site by the Route 38 rotary, local attorney Joseph Tarby reminded the public that his client had made substantial concessions to assuage neighborhood fears around the potential dangers from the life sciences industry.

Some of the most important local assurances include a promise that so-called "high-hazard" uses - or research involving dangerous biological agents - will be prohibited within the special overlay district. The petitioner has also agreed to solicit input from Woburn's City Council, Planning

PROJECT TO A-9



GREEN SPACE - Moving forward with Woburn's life science development project at the old overflow parking lot for Showcase Cinemas, the Davis Companies agreed to zoning legislation which include a 200-foot wide buffer zone between the R&D facility and the nearest residential property line as shown in the graphic above. The developer will also install a landscaped buffer and stockade fence along the site's perimeter to create another layer of visual barriers between commercial and residential zones. (Courtesy graphic)

Movie Reviews & Box Office News

A grumpy Tom Hanks stars in 'A Man Called Otto'

By JAKE COYLE
AP Film Writer

Sentimental tales about grumpy old men and American decline have, until recently, typically been the domain of Clint Eastwood.

But in "A Man Called Otto," Marc Forster's adaptation of Fredrik Backman's bestseller and a remake of the 2016 Swedish film "A Man Called Ove," it's Tom Hanks prowling the neighborhood and irritably grumbling about how things used to be. In the original, Rolf Lassgård richly inhabited the role of Ove, a curmudgeonly widower — a Forrest Grump —whose suicide attempts are foiled by needy neighbors and, ultimately, his grudging, sincere devotion to them.

Exasperation, whether directed at a crying ballplayer or a slobbering canine, has always been squarely in Hanks' wheelhouse. But despondency or even plain get-off-my-lawn orneriness are less obvious traits possessed by the actor sometimes called "America's Dad." Following Hanks' villainous turn as Col. Tom Parker in "Elvis," the 66-year-old has found in "A Man Called Otto" another role that interestingly, if not always entirely successfully, caters to his strengths while tweaking his familiar screen presence.

It also may rob "A Man Called Otto," which opens with Otto buying rope to hang himself with, of some of its spirit. We know there are dark roads that Hanks just isn't going to go down, and some of the early, more caustic scenes of Forster's film strike a false note. But as "A Man Called Otto" makes its way through Otto's life, cutting between

OTTO TO A-9

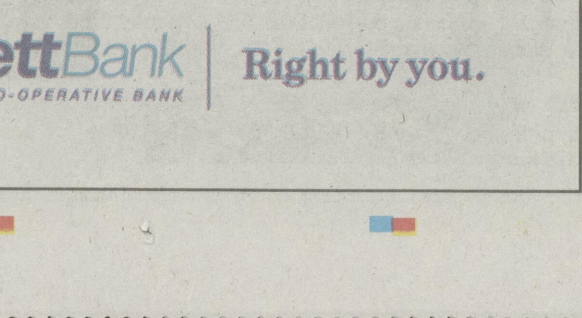
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OTTO FROM A-8

his present-day squabbles and flashbacks of happier times with his wife, Sonya (Rachel Keller), Hanks movingly tailors the role to himself. How "A Man Called Otto" unfolds won't surprise anyone, but it does the trick for a little post-holidays heart-warming.

"A Man Called Otto" is set in the prefab row-house development Otto has long lived in, where he tirelessly tisk-tisks any rule breakers, re-sorts misplaced recycling and berates drivers who violate the street's regulation against through traffic.

Screenwriter David Magee ("Life of Pi," "Finding Neverland") hues closely to the Swedish film as a kind of parable of community. Up and down the street are all the people the freshly retired Otto barely tolerates: friends-turned-enemies (Peter Lawson Jones, Juanita Jennings), a friendly exerciser (a delightful Cameron Britton), a transgender paper deliverer and former student of Otto's wife (Mack Bayda). Most of all there is Marisol (a terrific Mariana Treviño), a pregnant mother of two has just moved in with her husband (Manuel Garcia-Rulfo). Various needs — a stray cat, a borrowed ladder, driving lessons — intrude on Otto's desires for a peaceful death and, in between aborted suicide attempts, gradually rekindle his will to live.

It's sometimes too broadly drawn. Mike Birbiglia plays a predatory real estate agent from a company not-so-subtly called Dye & Merica. ("Sounds like Dying America, which it is," says Otto.) But "A Man Called Otto" is less after realism than it is a modern-day fable, with shades of Scrooge and the Grinch. As a tale of a solitary man, Hanks has made it a poignant work of family. Rita Wilson, his wife, is a producer and is heard singing a song in the film. The younger Otto is played in flashbacks by their son, Truman Hanks. Even Chet Hanks' "White Boy Summer" blares from a car radio.

Another tune, though, is a more thrilling needle drop. The less said probably the better, but suffice to say, it could be a sign that the Kate Bush renaissance so hearteningly kicked up by "Stranger Things" has not yet abated. If that's not life-affirming, I don't know what is.

"A Man Called Otto," a Sony Pictures release, is rated PG-13 by the Motion Picture Association for mature thematic material involving suicide attempts, and language. Running time: 126 minutes. Two and a half stars out of four.

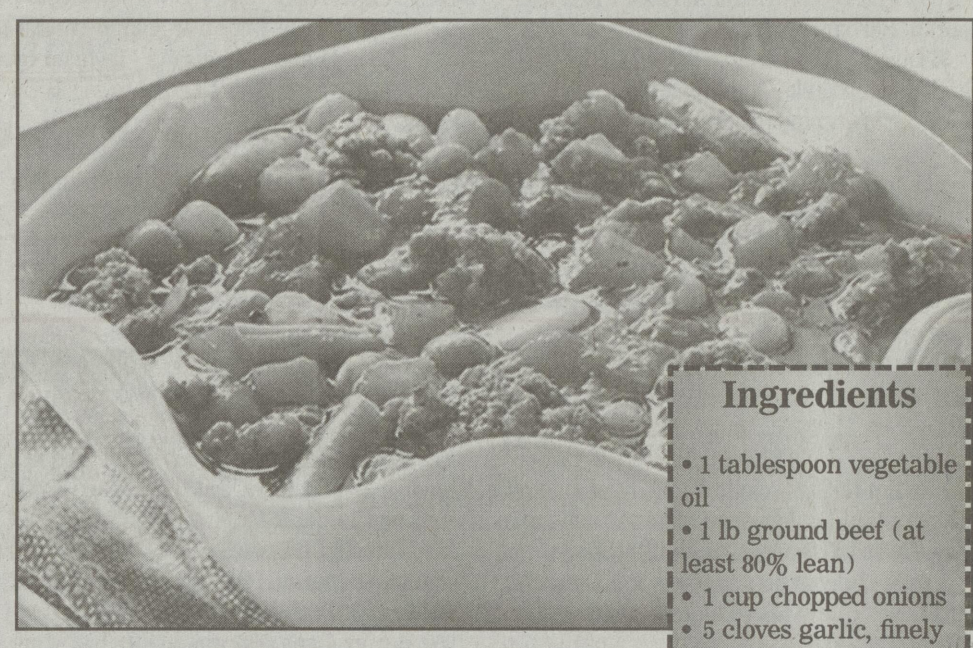
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OTTO MAN - Tom Hanks plays a grumpy old man in a scene from "A Man Called Otto" released by Sony Pictures.
(Niko Tavernise/Sony Pictures via AP)

HomeNewsHere RECIPE

VEGETABLE-BEEF SOUP



HERE'S THE BEEF - There's no need to spend all day at the stove with this easy Vegetable-Beef Soup. Made with onions, ground beef, frozen vegetables and tomato sauce, it tastes just like a slow-cooked soup but comes together in just 45 minutes.

Ingredients

- 1 tablespoon vegetable oil
- 1 lb ground beef (at least 80% lean)
- 1 cup chopped onions
- 5 cloves garlic, finely chopped
- 1 teaspoon Italian seasoning
- 1/2 teaspoon pepper
- 3 cups Progresso™ beef-flavored broth (from 32-oz carton)
- 1 bag (16 oz) frozen mixed vegetables
- 1 can (14.5 oz) Muir Glen™ organic diced tomatoes, undrained
- 1 can (8 oz) tomato sauce

STEPS

1. In 5-quart Dutch oven, heat oil over medium-high heat. Add beef, onions and garlic. Cook 5 to 7 minutes, stirring occasionally, until beef is thoroughly cooked; drain.
2. Stir remaining ingredients into beef mixture in Dutch oven. Heat to boiling over high heat; reduce heat. Cover; simmer 20 minutes, stirring occasionally, until hot. Ladle soup into 6 bowls.

EXPERT TIPS

- This Easy Vegetable-Beef Soup recipe is great for quick grown-up brown bag lunches. Freeze in small microwaveable containers so you can slip one into a lunch bag and reheat it at mealtime.
- Switch up this easy vegetable and beef soup by subbing in other ground meats like pork, lamb or bison; all are simple to cook and make a satisfying broth.
- Stir a few cups of cooked small pasta or other grains into your simple vegetable beef soup when it's done.

NUTRITION

250 Calories, 11g Total Fat, 17g Protein, 20g Total Carbohydrate, 7g Sugars

PROJECT FROM A-8

Board, Special Permits Committee, Conservation Commission, and various other public safety officials while seeking a special permit for any future development within that new life sciences zone.

"We made a number of revisions [to our original proposal] to address the concerns of councilors and neighbors," explained Tarby, a law partner at Rubin and Rudman.

"The ordinance provides for many steps and requirements to be met during the approval process, and it's very thorough," the petitioner's attorney added. "There are numerous safeguards, and we also have an ordinance that ensures the surrounding property is safeguarded and maintained."

A failed first attempt

Once almost exclusively housed within the biotech havens of Boston and Cambridge, the life sciences industry has in recent years been aggressively expanding out into suburban areas like Burlington, Stoneham, and Woburn that are situated along the I-93 and I-95 belt.

Hardly a stranger to the industry, Woburn is already home to dozens of such businesses. In fact, in what is being dubbed as the largest ever private redevelopment in city history, Boston developer Leggat McCall is currently constructing a massive life sciences campus in East Woburn by Montvale Avenue and I-93.

The City Council also this summer okayed the conversion of the old Boston Sports Club property off of Presidential Way into a life sciences facility, while another large-scale project is being eyed along New Boston Street by North Woburn and the Wilmington line.

However, what makes the Showcase Cinemas redevelopment being pitched by the Davis Companies unique is its close proximity to a quiet residential neighborhood by Lowell Street.

Complicating the debate is the broad definition of life sciences, which includes a diverse field of businesses that focus on experimenting with viruses and other microbial pathogens, developing new-age agricultural products, and creating new high-tech medical devices and "precision" pharmaceuticals. Variations of genetic therapy and vaccine and cancer research also falls under the same life sciences umbrella.

Because some of those uses commonly include the use of chemicals and solvents and the handling of contagious pathogens, many are worried about the risks of a biosafety mishap or accidental release of hazardous materials.

In the fall of 2021, when the Davis Companies first attempted to pass the LBOD legislation, neighborhood residents - reeling from a COVID-19 pandemic that had upended their daily lives in ways never imagined - showed up en-masse to a series of City Council meetings to protest the zoning initiative.

Ultimately, the opposition to the project became so loud, Tarby convinced his clients to withdraw the petition and regroup.

"There's a lot of misinformation out there about the proposal and life-science uses in general. So we decided we would ask for a request to withdraw to slow the process down and hold an additional neighborhood meeting some time after the New Year to clarify the project," Tarby explained in a phone interview just before the original 2021 petition was withdrawn.

Last June, the Davis Companies reintroduced the zoning legislation with several major changes, including:

- A pledge to allow nothing other than biosafety level 1 and 2 uses, which reportedly pose no threats to the general public and at-worst, a minimum health risks to site researchers;
- An agreement to include a 200-foot wide buffer zone between the R&D facility and the nearest residential property line;
- Further promises to install a landscaped buffer and a stockade fence along the perimeter of the site to create another layer of visual barriers between the commercial and residential zones.

A major turnaround

Another obstacles associated with the LBOD proposal involved the history of the underlying property, which had been the source of neighborhood friction in decades past when the movie theater industry was booming.

Specifically, up until this past July, many in the neighborhood were under the impression that the former National Amusements property could never be used for anything other than its current use. However, in a court settlement that ultimately paved the way for the overflow parking area in question to be sold off for another subdivision, the City Council last summer agreed to let the landowner split the larger 38-acre parcel into two lots.

Per that decision, the Showcase Cinemas site owner was able to wiggle free of a decades-old special permit provision that forbid National Amusements from shaving off any portion of the site for additional development components.

However, as Woburn City Councilor Joseph Demers would later argue, that same court settlement also included major protections for neighborhood abutters, who worried that area flooding issues would be exacerbated by the life sciences project.

Demers, who grew up in the neighborhood off of Lowell Street, has promised local residents that the Davis Companies before breaking ground a future R&D campus must make substantial repairs to subsurface drainage systems, clean out catch basins that handle runoff from wetlands that run through the site, and if necessary replace hydraulic systems used to pump rainwater into a nearby retention pond.

"The petitioner has committed to significant drainage mitigation and reconstruction work along the site that will benefit both sides of the property along the Middlesex Canal," the neighborhood councilor pointed out during a public hearing in November.

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Bid documents may be obtained via email request to Maureen Sullivan, Assistant Materials Manager at msullivan @rmld.com. For questions or further information, please contact Maureen Sullivan at 781-942-6441. Note: This is a Prevailing Wage project.

Each bid must be accompanied by a certified or cashier's check payable to the RMLD for a sum not less than 5% of the total amount of the bid. In lieu of a check, a bid bond may be submitted in an amount not less than 5% of the total amount of the bid, unless otherwise stated. The bid bond must be from a corporate surety licensed to do business in the Commonwealth of Massachusetts, conditioned that the bidder will pay the RMLD, as liquidated damages, the amount specified in the bond unless the bidder enters into a contract in accordance with his bid. If the bidder fails to enter into the contract or furnish any required bonds, insurance documents, or other required documents within ten (10) days from the date on which the bidder is notified that the bid has been accepted, the amount of the check or bid bond shall be forfeited to the RMLD.

The RMLD reserves the right to reject any and all bids, including and without limitation the right to reject any or all non-responsive, unbalanced or conditional bids, and to reject any bid if the RMLD believes that it would not be in the best interest of the RMLD to make the award to that bidder. RMLD also reserves the right to waive any minor informalities not involving price, time or changes to the work.

Bids shall remain valid and binding for sixty (60) days, Saturdays, Sundays, and legal holidays excluded, following the submission deadline. No agreement shall be valid or binding unless duly executed by RMLD or RMLD issues a purchase order signed by an authorized representative of the RMLD.

RMLD will make reasonable efforts to review and process bids promptly. However, RMLD will not be liable for any delays in acting on a bid.



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Richard & Carol Quinno, Woburn $25.00
In memory of my parents, George & Beverly Dwyer and my sister, Karen Dwyer Canada from Tricia Dwyer Lawson, Woburn $30.00
Powerhouse Plumbing Inc., Stoneham $1,000.00

MIDDLESEX EAST appearing in Daily Times – Chronicle (Reading, Woburn, Winchester, Burlington, Wakefield), Lynnfield Villager, No. Reading Transcript, Wilmington & Tewksbury Town Crier, Stoneham Independent

• Real Estate Transfers •

BURLINGTON

328 Cambridge St was sold to Burlington Re Group LLC by B A Benjamin 2018 T and Benjamin, Barbara A for $540,000 on 12/20/22

330 Cambridge St was sold to Burlington Re Group LLC by B A Benjamin 2018 T and Benjamin, Barbara A for $540,000 on 12/20/22

34 Douglas Ave was sold to Rana, Nimesh C and Rana, Jainika N by Rosemarie Murphy RET and Murphy, Rosemarie for $701,000 on 12/20/22

1 Hope St was sold to Blair, Steven J and Blair, Nancy J by Mayo, Richard and Mayo, Paul for $765,000 on 12/19/22

69 Mountain Rd was sold to Yang, Hsiao Y by Caplan FT and Caplan, Bruce M for $830,000 on 12/19/22

9 Phyllis Ave was sold to Reale, Joseph S and Reale, Allison M by IMD RT and Ohara, John P for $1,808,000 on 12/22/22

LYNNFIELD

3 Squire Ln was sold to Wang, Lunning and Shang, Xiao by Johnson Langan T and Langan, Robert E for $655,000 on 12/21/22

2 Walsh Rd was sold to Lewis 3rd, Donald L and Lewis, Maria D by Lamusta, Deidre M for $850,000 on 12/19/22

9 Willowdale Dr was sold to Hado, Arenuar and Hado, Zhaneta by 9 Willowdale Drive NT and Moore-Abdow, Cristen T for $740,000 on 12/23/22

NORTH READING

7 Abbott Rd was sold to Jamaleddine, Roy and El, Khoury M by Jasiak, Brian and Jasiak, Alyssa for $989,000 on 12/19/22

2 Greenbriar Dr #106 was sold to Dempsey, Mary by Fabbri, Marianne and Fazio, Michael for $300,000 on 12/21/22

2 Greenbriar Dr #302 was sold to Harris, Marinalva A by Patel, Rajiv K and Patel, Chaula R for $305,000 on 12/19/22

250 Martins Lndg #210 was sold to Mccrobie, Deborah A by Pulte Hm Of New Eng LLC for $483,310 on 12/23/22

250 Martins Lndg #301 was sold to Soloway FT and Soloway, Edward M by Pulte Hm Of New Eng LLC for $667,750 on 12/21/22

250 Martins Lndg #305 was sold to Welch Jr, William F by Pulte Hm Of New Eng LLC for $556,390 on 12/23/22

250 Martins Lndg #307 was sold to Scurto, Michael J and Scurto, Aileen by Pulte Hm Of New Eng LLC for $651,620 on 12/19/22

250 Martins Lndg #308 was sold to Bendiks FT Of 2020 and Bendiks, Josie by Pulte Hm Of New Eng LLC for $526,095 on 12/20/22

250 Martins Lndg #309 was sold to Keogh, Margaret R by Pulte Hm Of New Eng LLC for $520,820 on 12/22/22

250 Martins Lndg #310 was sold to Bauer, Kim C by Pulte Hm Of New Eng LLC for $594,500 on 12/21/22

250 Martins Lndg #312 was sold to Buckley, John F and Buckley, Patricia M by Pulte Hm Of New Eng LLC for $700,995 on 12/23/22

250 Martins Lndg #3304 was sold to Hudson, Joyce by Pulte Hm Of New Eng LLC for $488,175 on 12/22/22

250 Martins Lndg #3306 was sold to Yanagisawa, Maria D and Yanagisawa, Toshiaki by Pulte Hm Of New Eng LLC for $626,285 on 12/21/22

250 Martins Lndg #3311 was sold to Sousa, Antonio M and Sousa, Maria D by Pulte Hm Of New Eng LLC for $549,535 on 12/23/22

250 Martins Lndg #3401 was sold to Djayf Properties LLC by Pulte Hm Of New Eng LLC for $677,000 on 12/20/22

250 Martins Lndg #3406 was sold to Mcdonald, Linda J and Mcdonald, William H by Pulte Hm Of New Eng LLC for $703,860 on 12/20/22

250 Martins Lndg #404 was sold to Spence, Brenda J and Spence, Cecil R by Pulte Hm Of New Eng LLC for $519,190 on 12/21/22

250 Martins Lndg #405 was sold to Marini, William and Marini, Phyllis A by Pulte Hm Of New Eng LLC for $568,430 on 12/19/22

250 Martins Lndg #407 was sold to Tsui, Ping T and Tsui, Yunfan W by Pulte Hm Of New Eng LLC for $650,365 on 12/19/22

250 Martins Lndg #409 was sold to Kassissieh, Samir D and Kassissieh, Nadia A by Pulte Hm Of New Eng LLC for $585,360 on 12/20/22

250 Martins Lndg #410 was sold to Parfenchuck, Jeffrey B and Volk, Darcie R by Pulte Hm Of New Eng for $617,245 on 12/23/22

250 Martins Lndg #411 was sold to Lee, James M by Pulte Hm Of New Eng LLC for $611,640 on 12/22/22

250 Martins Lndg #412 was sold to Oconnell, Eric R and Oconnell, Robin M by Pulte Hm Of New Eng LLC for $719,890 on 12/19/22

14 Northridge Dr #14 was sold to Laterz FT and Laterz, John M by Gironda, Debra and Gironda, Antonio for $475,000 on 12/21/22

134 Park St was sold to Nicvan LLC by Stedman 134 LLC for $900,000 on 12/20/22

11 Williams Rd was sold to Dolympio, Lauren by Sariano, Cibeline for $820,000 on 12/19/22

READING

10 California Rd was sold to Villard FT Of 2019 and Villard, Brian by WRB RT and Mckie, Beverly A for $735,000 on 12/20/22

21 Franklin St was sold to Labrie, Joshua E by Branga, David M and Branga, Cindy A for $565,000 on 12/23/22

114 Hanscom Ave was sold to Ferriero, Christopher and Ferriero, Laura by Carpenter, John E for $740,000 on 12/19/22

10 Laneton Way was sold to Desimone, Edward R by Edwin J Kaine FT and Porter, Julie K for $1,000,000 on 12/23/22

16 Taylor Dr #1001 was sold to Hardy, Alexander M by 16 Taylor Drive RT and Moore, Edward T for $252,750 on 12/22/22

STONEHAM

Country Club Rd was sold to Giangregorio, Matthew J and Sarro, Alicia M by Fonseca, John C and Fonseca, Juliann M for $740,000 on 12/21/22

3 Gerry St was sold to Fucci-Anderson, Renee by Sidlowski FT and Lindberg, Nicole M for $625,000 on 12/21/22

106 Main St #1 was sold to Lahoty Real Estate LLC by RMS LLC for $190,000 on 12/23/22

106 Main St #2 was sold to Lahoty Real Estate LLC by RMS LLC for $190,000 on 12/23/22

200 Park Terrace Dr #232 was sold to Paone, Paul F by Boyle, Patrick T and Boyle, Julie for $295,000 on 12/22/22

83 Pleasant St was sold to Azulay, Justin by Aiello, Robert B for $300,000 on 12/20/22

4 Royal St was sold to Odonnell, Jeanne by Bisesti FT and Cicatelli, Steven L for $565,000 on 12/19/22

TEWKSBURY

9 Apache Way #9 was sold to Corum, Shaun D by Zambello, Frank and Zambello, Deborah for $385,400 on 12/19/22

1219 Emerald Ct #1219 was sold to Santoro, William by Young, Paul J for $399,900 on 12/21/22

1497 Main St was sold to Perez LLC by 1497 Main Street FT and Drinkwater, Dean C for $4,000,000 on 12/23/22

8 Patrick Rd #8 was sold to Delong, Ward P and Delong, Patricia by Ruggiero 2nd, Joseph J and Ruggiero, Kellee C for $425,000 on 12/19/22

68 South St was sold to Lopreto, Aura M and Lopreto, Jose S by Pote, Erik R and Pote, Lisa M for $564,000 on 12/22/22

460 South St was sold to Viafora, Krystina and Christino, Nicholas by Toner, James and Toner, Patricia for $520,000 on 12/22/22

85 Terramor Dr was sold to Azevedo, Venessa and Azevedo, Marcio by Amg Development LLC for $869,900 on 12/21/22

WAKEFIELD

9 Crescent Hl was sold to Roberts, Sam and Roberts, Katharine by Kulaga, Katherine and Kulaga, Cullen for $840,000 on 12/23/22

9 Elmcrest Rd was sold to Hill, Christine and Hill, Denis by Tocco, Stephen for $1,100,000 on 12/23/22

1 June Cir was sold to Percoco, Eric J and Percoco, Nadja by Riley, Brian W and Riley, Mary T for $725,000 on 12/22/22

8 Michael Rd was sold to Velardo, William J by Velardo, Richard P for $243,750 on 12/19/22

WILMINGTON

8 Linda Rd was sold to Leoni, Andrew T by Caron, Susan C and Boise, Linda H for $578,000 on 12/23/22

195 Salem St #2305 was sold to Malenfant, Andre M and Malenfant, Ginette by Knox-Ferraro, Marjorie for $193,510 on 12/23/22

4 Shady Lane Dr was sold to Pote, Brandon E and Pote, Lisa M by Graham, Richard G for $300,000 on 12/20/22

148 Wildwood St was sold to Pereira, Norma by Hardimon, Michael S and Grassia-Hardimon, Juliea for $625,000 on 12/21/22

179 Wildwood St was sold to Rivera, Angel and Rivera, Katelyn by Pomerleau, Kimberley J and Pomerleau, Ronald P for $525,000 on 12/20/22

WINCHESTER

28 Fletcher St was sold to Giudice, Lauren by Margaret A Coleman T and Coleman, Margaret A for $1,385,000 on 12/21/22

272 Highland Ave was sold to Wound, Lily and Limpert, Nathan A by N T Wilford 2016 T and Wilford, Nancy T for $1,450,000 on 12/20/22

14 Hillcrest Pkwy was sold to Donnellan, Mark by Willett, Michael for $1,000,000 on 12/22/22

41 Sunset Rd was sold to Silipo, Jessica and Silipo, Michael by Petrone, Angela S for $1,053,000 on 12/21/22

WOBURN

20 Charles St was sold to Chakraborti, Biswajit and Ghosh, Archi by Whitfield, Jaime L and Padovano, Mary for $465,000 on 12/23/22

6 Edwards Rd #6 was sold to Smieja, Robert J by Fisco, Meredith for $525,000 on 12/21/22

22 Elm Ave was sold to Mungillo, Kyle J and Mungillo, Kayla R by A Gargano 1992 T and Debarros, Victoria A for $550,000 on 12/22/22

2 Inwood Dr #1014 was sold to Perillo, John O by Myers Jemanuel M E Est and Myers, Jerica E for $525,000 on 12/20/22

4 Kendalls Ml #4 was sold to Bonn, Darrell A by In-Soon C Dunn T and Dunn, In-Soon C for $568,000 on 12/21/22

20 Kimball Rd was sold to Akhpalarian, Elizabeth A and Sourin-Simonyan, Ohanes by Ryan, Brendan for $400,000 on 12/20/22

80 N Warren St #22 was sold to Deirmenjian, Arthur H and Deirmenjian, Haikouhie by US Bank NA Tr for $270,000 on 12/19/22

34 Richard Cir was sold to White, Joan H and White, John J by Volpe Mary S Della Est and Della-Volpe, Albert J for $530,000 on 12/19/22

295 Salem St #1 was sold to Edward Cacciola T and Cacciola, Edward D by Kim, Se Y and Delaney, Brennain for $585,000 on 12/19/22

5 Sendick Rd was sold to Desimone, Anthony and Hubbard, Jacqueline by Suffredini, Richard E for $489,000 on 12/23/22

4 Summit St was sold to Peters, Alexander S and Peters, Emily by Loftus, James J and Wilson, Renee B for $875,000 on 12/19/22

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▲ On Monday, Jan. 3, the Town of Wilmington celebrated Sean Collier Day in honor of the former MIT Police Officer and Wilmington native. Collier lost his life while on duty after being ambushed by the two men who placed bombs at the finish line of the Boston Marathon. One of the bombers was eventually killed during a gunfight in Watertown while the other remains behind bars.

(Photo courtesy of Select Board member Greg Bendel via Twitter)

Cummings, Banks present at Career Readiness Symposium at Lasell University

NEWTON — Lasell University students presented original research, participated in panel discussions, and shared creative works at the annual Career Readiness Symposium. They include:

Kaitlin Cummings of Wilmington presented, "Analyzing International Cyber Crime and Threats," an honors program component project that investigated the state of cyber crime in China and South Korea to form a more informed viewpoint on the subject. "It is important to know how these countries are affected by cyber crime as it is a preview into what could affect us in the United States one day. Cyber criminals are not limited by physical space so we must be aware of threats developing all across the globe," they said. The presentation incorporated the NACE competencies of professionalism, equity & inclusion, civic & community engagement, intercultural knowledge & effectiveness, and moral & ethical reasoning.

Beverly Banks of Wilmington facilitated a workshop, "Understanding the Importance of Honoring Preferred Names and Pronouns at Lasell," for University staff and faculty. They led participants through exploring their own identities and learning how members of the community may identify on and off the gender binary. Participants left the training with a better understanding of the broad spectrum of gender identities and learned ways to honor those of their students and colleagues. The presentation incorporated the NACE competencies of equity & inclusion, professionalism, intercultural knowledge & effectiveness, civic & community engagement, and moral & ethical reasoning.

Lasell's Career Readiness Symposium takes place every fall and asks students to present original research, projects, or field skills that align with core career competencies shared by the National Association of Colleges and Employers (NACE). Part of the Symposium's goal is to collectively assist students in identifying and pursuing opportunities that allow them to become proficient in those areas as preparation for successful transitions into the workplace.

This year's Symposium "celebrated student scholarship and discovery," said Provost Eric Turner. "The energy and excitement generated from experiencing this event at Lasell is extraordinary."

MacGilvray, Medeiros named to Dean's List at Assumption University

WORCESTER — Assumption University has announced those who have been named to the University's Dean's List for the fall 2022 semester. Students named to the Dean's List must achieve a grade point average of 3.5 for a minimum of a five-class, 15-credit semester to be included on the prestigious list. The Dean's List is announced at the completion of each fall and spring semester.

• **Ashley MacGilvray, Class of 2025, of Wilmington**

• **Colby Medeiros, Class of 2026, of Wilmington**

Assumption University, founded in 1904 by the Augustinians of the Assumption, is New England's premier university for high-quality education, integrating career preparation and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption, located in Worcester, seeks to provide students with a transformative education that forms graduates who possess critical intelligence, thoughtful citizenship, and compassionate service.

The University offers 38 majors and 50 minors in the liberal arts, sciences, business, nursing and professional studies; as well as master's and continuing education degrees and professional certificate programs.

For more information about Assumption University, please visit *www.assumption.edu*.



Youth Services Librarian Nicole Chevalier and Assistant Children's Librarian Amy Caira recently installed a new story at the StoryWalk at Rotary Park. Take some time to enjoy a walk while reading the book "The Leaf Thief," written by Alice Hemming and illustrated by Nicola Slater. (Courtesy photo)

RMLD invites customers to attend home energy assessment webinar

READING — The Reading Municipal Light Department (RMLD) and its contractor, Energy New England are partnering to present a webinar to educate the public about free home energy assessments and how they can help save money on electric bills on Wednesday, Jan. 18, 2023, at 7 p.m. The webinar is free, but those interested in attending are encouraged to register through this link.

RMLD offers no-cost home energy assessments to residential customers who are interested in implementing energy efficiency and conservation measures. The RMLD's Home Energy Assessment program is administered through Energy New England.

Titled, How to Winterize and Optimize Your Home for Savings with a Free Home Energy Assessment, the live webinar will address the benefits of home energy assessments, how the process works, what the audit report includes, and more. The webinar will also include a question and answer session.

Also known as a home energy audit, a home energy assessment examines a customer's current energy consumption and helps identify energy efficiency measures that can help make the home more efficient. During an assessment, an Energy New England Energy Advisor will conduct a thorough walk-through of home while inputting information into its energy-efficiency software and using a thermo-imaging camera to identify air leaks. The Energy Advisor will assess and discuss potential energy savings, and customers will receive a Home Energy Assessment Report after the visit that will analyze the home's energy usage and identify improvement projects that can help lower electric bills.

To learn more and register, visit *https://www.rmld.com/home-energy-assessment-webinar*.

About RMLD

Established in 1894, Reading Municipal Light Department (RMLD) is a municipal electric utility serving over 70,000 residents in the towns of Reading, North Reading, Wilmington, and Lynnfield Center. RMLD has over 29,000 meter connections within its service territory.

About Energy New England

ENE is the largest wholesale risk management and energy trading organization serving the needs of municipal utilities in New England. ENE works with numerous businesses, residents, and utilities to help promote the principles of conservation, efficiency, and environmental stewardship, and advances the many benefits available through integrated sustainability planning — including home energy audit programs, electric vehicle programs, wholesale energy procurement and risk management programs, regulatory and lobbying services.

www.ene.org

Doyle graduates from UNH

DURHAM, NH — **Sabrina Doyle of Wilmington** graduated from the University of New Hampshire in December 2022. He/she earned a BS in Zoology.

Students who received the honor Summa Cum Laude graduated with a GPA of 3.85-4.0: Students who received the honor of Magna Cum Laude graduated with a GPA of 3.65-3.84; and students who received the honor of Cum Laude graduated with a GPA of 3.50-3.64.

Students are only graduated after the Registrar's Office has certified that all degree requirements have been successfully completed. Participating in the commencement ceremony is the act of honoring and celebrating academic achievement.

The University of New Hampshire inspires innovation and transforms lives in our state, nation and world. More than 16,000 students from all 50 states and 71 countries engage with an award-winning faculty in top-ranked programs in business, engineering, law, health and human services, liberal arts and the sciences across more than 200 programs of study.

A Carnegie Classification R1 institution, UNH partners with NASA, NOAA, NSF and NIH, and received $260 million in competitive external funding in FY21 to further explore and define the frontiers of land, sea and space.



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Rec. dept. held two successful day trips around the Christmas holiday

SELECT FROM PAGE 1

the new Verizon license would allow WCTV to request a high-definition channel through them. Public Works Director Jamie Magaldi gave the board the plan for the expenditure of more ARPA funds from a water main to cache basins to traffic easements. He also suggested some proposed reallocations.

There was a letter to Bradford Jackson informing him of his appointment on the Finance Committee, a letter from Joseph Langone to Valerie Gingrich about the requested acceptance of Green Meadow Drive, and a letter from Daniel Veerman asking for his ownership not to affect him from acting upon the special permit application of the 4th of July Committee.

The board voted in favor of Veerman's request, ratifying Karen Bloom's appointment to the Historical Commission, executing the agreement with the Wilmington Police Supervisors, and the request to Verizon for an HD channel for WCTV.

During public comment, resident Michael McCoy spoke up to ask the town manager if he ever talked to Charlie Benevento about the town obtaining some land in North Wilmington. Hull said that he had years ago, but more recently there were only conversations with Benevento's representatives.

McCoy chastised the board for not being more proactive about a new substation, accusing them of putting public safety on the back burner.

The Salute to Service that night went out to John J. Fullerton Junior, who was killed in 1968 during the Vietnam War.

The board's next meeting is scheduled for Jan. 23 at 7 p.m.



Use of Trahan may be longshot, according to Town Manager Jeff Hull

TRAHAN FROM PAGE 1

quire Wilmington to pay for any repairs or upgrades needed prior to occupying the building. The Town of Tewksbury recently completed a survey of options for the Trahan property now that it is vacant.

Wilmington is evaluating numerous alternatives for the temporary housing of its displaced students. Most desirable is finding a way to keep as many students in one location as possible. A leading proposal is for a significant number of students to use the Wilmington Middle School, with additional classes located at the nearby West Intermediate School, all located on Carter Lane.

Ultimately, Hull concluded, "Mr. Montuori's willingness to work with the town is greatly appreciated but I believe this option is a longshot," in his statement to the Select Board.

Discussions will continue as part of the Wildwood School Building Committee. The committee recently proposed spending $1 million in improvements to the Wilmington Middle school which would accommodate staff and students from lower grades.



LIVING LIFE AFTER COVID

"Covid was rough on everybody, but I was one of those unlucky ones and my cough caused me to tear muscles in my chest and side. I've pulled muscles before but never had I been in so much pain, and the area was really swollen. Obviously I kept coughing so I imagine that didn't help because long after my covid symptoms disappeared, I was still in pain. Months went by and I wasn't healing. I mean, how do you rest an area that you use to breathe?" shares Joseph M. of Burlington MA.

Acupuncture & Wellness Clinic has been successfully treating Covid 'long-haulers' since the early days of the pandemic.

"I have protocols for headaches and ozone treatments that really help to combat lasting fatigue and shortness of breath. Joseph was the first person I saw whose infection caused a severe injury." shares Acupuncturist Min Jeon, Lic.Ac. "Normally with acute injuries, I instruct my patients to ice, take an ibuprofen and come see me if the pain persists for more than a week or two. Joseph had been suffering for months, his body was simply refusing to heal."

The human body is a self-healing organism. When you scrape your knee, your blood will quickly work to clot and scab. Your liver has a unique ability to regenerate after injury. If you break a bone there are specific cells that immediately begin to knit the edges back together. Unfortunately, there are also a number of factors that prohibit those regenerative cells from completing the task they were designed to do including stress, age, not getting enough quality sleep, and suffering from serious infection or disease.

Min Jeon shares her expertise. "In Joseph's case, his battle with Covid really affected his muscle tissues ability to heal and repair. Beyond the body just being terribly fatigued from fighting a very challenging infection, his cells were nearly depleted of oxygen. At AWC I have several cutting edge solutions that I use to treat injuries of this nature and at the forefront of those is O3 Regenerative Therapy™."

"I'll be honest, I was skeptical at first." jokes Joseph. "She was talking about using ozone on my body and I'm sure my eyes bugged out of my head.
But I was out of options and too many people have had incredible success at her hand, that I couldn't say no.
With each treatment I felt better and better. Not 10 treatments in and I was back to playing pickleball!
And it's all because of AWC.
I'm living life again!"

AWC Acupuncture is the premier provider of ozone therapy in the state. As an energized form of oxygen, ozone is far-reaching - having a positive, lasting impact on joints, muscles, tendons, cartilage, ligaments, and tissues. When performed by a licensed professional, of which Min Jeon is amongst the best, ozone has been proven to not only reduce inflammation but regrow new tissue making it a viable option for pain management and an optimal alternative to surgery. The result is enhanced and effective healing!

"I've seen Min for almost every ailment and condition since." tells Joseph. "Now I check in every few weeks for maintenance. I know I make it sound like changing the oil on your car but that's exactly what it is. Unfortunately I don't have the luxury of ordering custom new parts for my body so I plan on taking care of the one I got."

AWC specializes in treating chronic pain and complicated conditions. "Those things that Western medicine professionals deem untreatable then send you on your way with a prescription in hand - that's where we do our best work. There are real solutions to your suffering and they start here at AWC." boasts Min.

To read Joseph's full story, and the success stories of so many others that have found real relief at AWC Acupuncture & Wellness Clinic, visit AWClinic.com

Have questions or ready to schedule a new patient consultation? Call **(781) 221-0162** where an AWC Care Coordinator is waiting to help you achieve optimal health and wellness!

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Wilmington SPORTS

WEDNESDAY, JANUARY 11, 2023

The eyes of a Wildcat

Sophomore Eva Boudrea pumps in 25, adds 10 rebounds in Friday's win over Stoneham

By JASON COOKE
Sports Correspondent
sports@yourtowncrier.com



Eva Boudreau (32), a sophomore at WHS, takes the ball and heads up court which upsets Winchester's Katie Kavanaugh during an earlier season home game. (photo by Bob DeChiara).

WILMINGTON- As a sophomore in high school, many athletes would be more than content with making their desired sport's varsity roster. High school sports are competitive, especially at the varsity level, and can be challenging to break into right away.

Eva Boudreau is not only excelling as one of the most consistent and relied on performers on the Wilmington High School girls varsity basketball team, she made the team as a freshman, putting up impressive numbers her rookie season.

Boudreau, one of three captains on the hoop team, is far from content in her current position. In fact, she's most likely not even content with her 25 point, ten rebound performance in the team's Friday night triumph over Stoneham.

"We went into the game wicked excited," said Boudreau after the game. "We were all definitely hyped up. We knew it was going to be a good game and we were going to have to battle to get the win."

Boudreau and the rest of her squad did in fact battle, fighting off a second half effort from Stoneham to secure the win. Coming into the matchup, Boudreau and her teammates made sure to get some extra shots up prior to tip-off.

"We came early to shoot. Our shooting definitely paid off, we did really good outside and good on our drives and foul shots," said Boudreau.

For Boudreau, that early shooting paid dividends. In the second half, she scored 18 points including two of her three total three-pointers.

Putting in the extra work is something the sophomore has grown accustomed to, stemming from the support of the basketball history in her family.

Her Dad, Tim Boudreau, is a 1,000 point scorer at Tewksbury High School, while her aunt (Sarah) is also a former TMHS standout who went on to play college hoops at Westfield.

"My Dad played at Tewksbury High, he scored (over) a thousand points," said Boudreau. "He's always been motivating me and so was my mom. My aunt and grampy (Jim Boudreau) have also (helped me) because they're wicked into sports and I'm always getting help and getting tips. I'm definitely really confident when I go into games because of them. They help me so much."

When it comes to free throw shooting, Boudreau's parents found a fun way to get some extra reps in when they found a local free throw competition.

"They saw this foul shooting competition online and the first year I did it me and my Dad always were shooting outside before it," recalled Boudreau. "The first year I did it, I won. And then I went to states and then nationals."

The competition started off on the local level, where participants would advance to the state and national level. Without even realizing it, the fun nature of the challenge had Boudreau constantly practicing the art of the free throw.

"It's definitely helped my free throws," admitted Boudreau. "I've progressed a lot with foul shots before coming into high school. I've practiced so much with it."

The out of season practice didn't end there-ever since she was in third grade, Boudreau has played AAU basketball all year round.

"All my friends went to Mass Elite so I went with them in third grade and I've had the same coach since then and he's definitely been a big help," said Boudreau. "He's always there for me, he's always helping me out and my teammates too. We've been together since like fifth grade so we have such good team chemistry."

Playing competitive basketball all year round has pushed Boudreau to elevate her game, which translates on the floor during high school season.

"You definitely get more practice in and you play a lot of competitive teams," said Boudreau. "Sometimes we'll play up and we can still compete really good. We'll win a lot of games and we'll travel to different states which is better competition. So I definitely get a lot more practice and skills by doing AAU."

Boudreau has worked hard to become the player she is today, but knows herself and her team has a lot of work to do to accomplish their goals.

"It was definitely a tough start," Boudreau said of the team's 0-3 opening. "We knew we had tough teams at the beginning of the season. I feel like we could have battled more, but getting those games over with and knowing that we can play them again, we'll be more prepared the next time we go to play them."

Boudreau is not even at the halfway marker of her high school career, and wants to make a mark by the time she has to hang them up at Wilmington.

"A personal goal I want to try and achieve is to get a thousand points," said Boudreau. "A team goal is to make playoffs, win games, have fun with my team, meet new friends, maybe even win the state championship. We definitely have to keep progressing if we want it to work but I know we can get it if we put the work in."

When head coach Chris Frissore was asked about the talented sophomore, it's no surprise he immediately pointed to what Boudreau does best-work.

"She's a sophomore and the thing is, she puts in the work," said Frissore. "She's always asking when's the gym open, can I get in before the game."

Even though this is Frissore's first season at the helm of head coach, he has seen Boudreau grinding for quite some time.

"Since she was a little kid, I can remember when I was coaching the freshman boys, her coming in to our practice with her Dad shooting," recalled Frissore. "You can see that she loves the game. She always wants to get better."

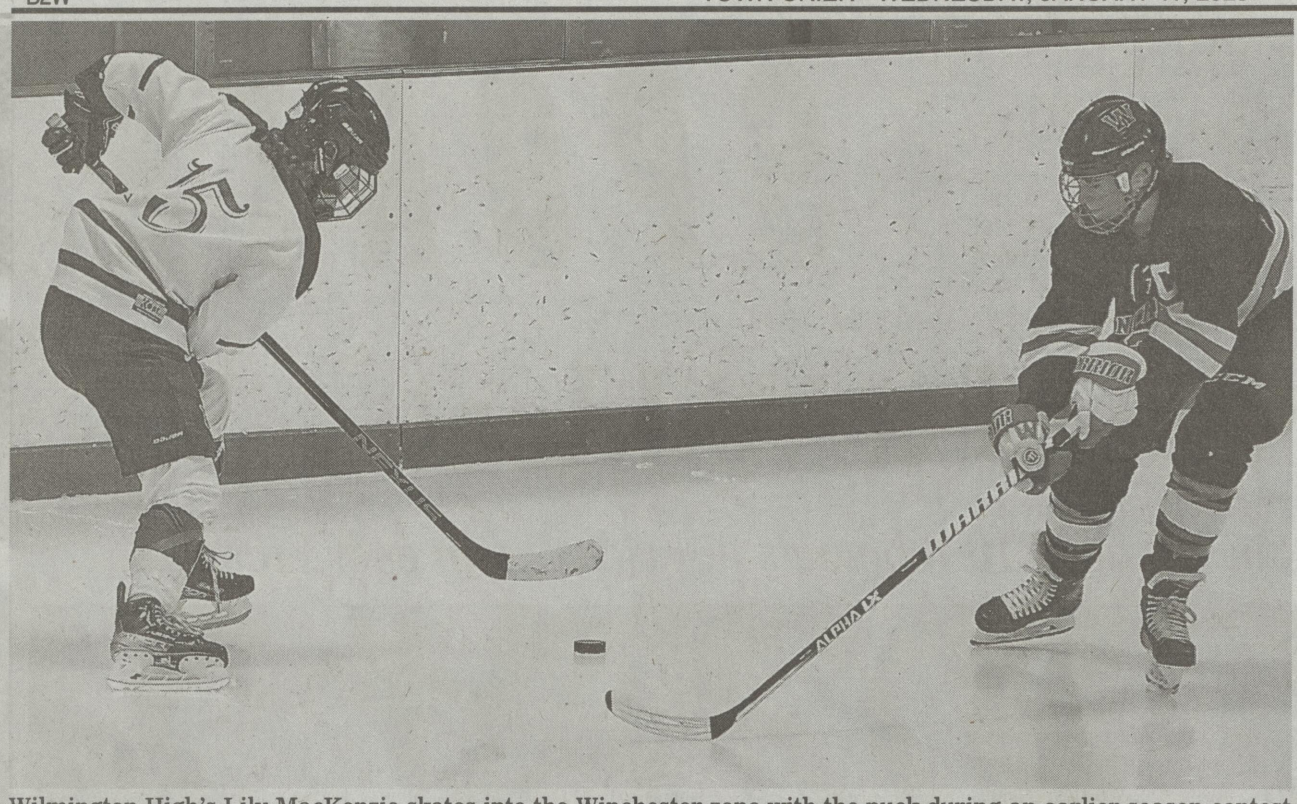
Given her talent, work ethic, and determination, Frissore has no doubt in his mind that Boudreau can achieve her goal of the 1,000 point milestone down the line as a senior.

"I do think she can do that," said Frissore. "She scored a lot last year and she's going to keep getting better and better. There was one shot where she shot it like right away, and there was quick release and it went in. Stuff like that is only going to get better and better. She puts the work in."

Frissore also noticed that Boudreau isn't just out-doing herself on the court, she is stepping up as a real leader for his squad as a sophomore.

"She's not the most boisterous girl but she really leads by example," said Frissore. "If someone is going to ask me 'coach we aren't sure about practice time' and she's going to be the one to make sure everyone knows and stuff like that. It just shows how much she cares."





Wilmington High's Lily MacKenzie skates into the Winchester zone with the puck during an earlier season contest played at the Stoneham Arena. (photo by Bob DeChiara).

Wilmington/Stoneham Hockey team on fire; top Burlington in overtime to improve to 6-2

By DAN ZIMMERMAN
Sports Correspondent

sports@yourtowncrier.com

STONEHAM -- In last Saturday's matinee in front of a home crowd, the Stoneham-Wilmington girl's hockey team was outplayed from start to finish by longtime Middlesex League foe Burlington and yet somehow pulled off a dramatic overtime win, 3-2.

Midway through the overtime four-on-four segment, Stoneham-Wilmington happened upon the offensive pairing the coaching staff had strived for, as the team's two top-scorers Lily MacKenzie and Katelin Halley broke in two-on-one and delivered the goods.

Stoneham-Wilmington, on three straight wins, improved to 6-2 overall, 3-1 in the Middlesex League and kept pace with the Burlington Red Devils, matching their record.

"Coming in, we knew that we were going to have our hands full," said Stoneham-Wilmington Coach John Lapiana, who earlier in the week led his team in a rout over Melrose, 5-1. "Burlington is a strong team and in this game, they had far more possession and zone time than us but everything changes in overtime with the four-on-four."

Lapiana was referring to a sequence of events that took place as the five minute overtime began to wind down. While waiting for the opportunity to get a change of personnel, the coach explained the strategy to his top line of MacKenzie, Halley, and Ashley Mercier, all Wilmington-based skaters.

"We talked about how to spring them, how to get them in the zone, and see what offensive opportunity might arise," Lapiana shared.

Halley joined the fray, stealing the puck in the neutral zone and skated hard toward the net with MacKenzie trailing. The Burlington forwards, usually disciplined on defense, inexplicably failed to get back to help out and an odd-man rush soon developed.

"I was skating in the middle and I knew Lily was on my left," recalled Halley. "I moved to the right and it became a classic two-on-one. Lily was wide and there was a girl covering her so I went for the shot. It hit the goalie's far pad and Lily was there for the rebound."

From the outset, Burlington set the tone and tempo of the game. The offensive attack was relentless and with 4:46 left in the first period, yielded a go-ahead goal from Julia Swarbuck who capitalized on confusion in front of goaltender Maddie Sainato.

MacKenzie tied it less than a minute later, however, flipping the puck over the outstretched pad of Burlington goalie Stuti Shah, who had dropped to a butterfly to smother a bid from Stoneham freshman blue-liner Lucija Romanowski. Halley, who figured in all three Stoneham-Wilmington goals, was in the mix for a helper.

In the middle frame of a penalty-free contest, Burlington opened the floodgates, outshooting their host by an 11-2 margin. Sainato stonewalled the attack and the effort paid dividends as her offense picked up a go-ahead goal near the end of the middle frame.

Halley worked the puck in and anchored in the right circle. Instead of taking a tough angle shot, she passed it to MacKenzie who without hesitation gave it back for a one-timer and a 2-1 lead. Mercier was awarded an assist on the Halley goal, her fifth of the season.

If the second period featured a bevy of Burlington chances, the third could only be described as a shooting clinic. Desperately seeking an equalizer, the Red Devils leveled 15 bids on Sainato who finally relented with 4:24 remaining in the game. Sainato had proved impervious from all angles so Burlington resorted to crashing the net. It took Meghan Gaffney three hacks in front before the puck finally trickled in.

"Burlington is really good in the offensive zone and good at moving the puck," said Sainato, who turned aside 31 shots in all including a couple that were labeled during the overtime. "But our defense did the job clearing bodies and keeping them outside. Our defense and offense really collaborated and got it done today."

"Maddie is the difference-maker in every single game," said Lapiana. "She makes saves that no goalie should have to make. I'm almost embarrassed to say that because we should have better defensive zone play."

When asked to value the Wilmington scoring tandem of MacKenzie (10 goals, 3 assists) and Halley (5 goals, 7 assists), Lapiana admitted that the team counts heavily on these talented skaters for their production.

"How Lily goes, the team goes," the coach said. "We try to alleviate some of the pressure on her by playing more of a team game but today was her best game, in all three zones. She has really made a quantum leap in the last week-and-a-half. And Katelin is very heads-up and is always looking to make a play. She picks her head up before she makes a decision. They worked very well together today."

"We're having so much fun," said Halley. "We knew we could beat this Burlington team today."

Stoneham-Wilmington will enjoy a well-deserved week-long respite, returning to action against the 5-2 Wakefield Warriors on Saturday at 6 p.m. at the Stoneham Arena.

With a few wrestlers back in the line-up, Wildcats continue to battle

By JASON COOKE
Sports Correspondent

sports@yourtowncrier.com

The Wilmington High School wrestling program has continued their uphill battle of a season last week in a dual meet against Burlington and a multi-meet with Greater Lowell and Salem.

The narrative for head coach Kevin Riley's squad remains the same; a young, inexperienced group of wrestlers is making progress every practice and meet.

On Wednesday, that progress was highlighted when the Wildcats matched up against Burlington, falling by a score of 60-24.

While both Hannah Bryson (126-pound weight class) and Mason Kwiatkowski (120-pound weight class) picked up wins by forfeit, two other wrestlers defeated their opponents in matches.

Nickolas Iascone (152-pound weight class) pinned Tae-Son Mun at 0:27, and Riley is impressed with his development

"We're really happy with Iascone right now," said Riley. "He's shown why he's one of our captains, he's doing a great job. That was a pretty quick win for him that night. He ran into some more competition later on against Greater Lowell and Salem but even with his loss, which really could have went either way against Salem, he's going the distance. This is a kid who didn't even wrestle in the postseason last year. He gave up that spot for the senior who was leaving. I tell him all the time that nobody knows who you are and that's a good place to be right now because you're surprising a lot of people."

Dempsey Murphy, who is making his return from injury, has quickly found his step and pinned Omar Al Sarabi in the 220-pound weight class.

"Dempsey finally wrestled with us and he made quick work of his opponent as well," said Riley. "The veterans that we have coming back this year, even though we don't have many, they're producing for us. They're doing very well. Unfortunately Dempsey went ahead and he re-injured himself so over the weekend Dempsey was out of the lineup."

On Saturday, Riley and his group looked to make some more strides in matchups with Greater Lowell and Salem.

The Wildcats ultimately fell to Greater Lowell by a score of 66-9 that included two Wilmington winners, as well as falling to Salem 66-0.

"We came out a little flat, but on top of that we got to give a lot of credit to Greater Lowell," said Riley. "They got a great program over there. Salem is doing a great job with their program as well and we showed a little bit of that inexperience, especially in the upper weights."

Iascone found himself in the win column yet again as he beat Trevor Chouinard by an 8-3 decision in the 152-pound weight class in a match that almost went the full six minutes.

The second win for Wilmington was Braedon Almas (132-pound weight class), pinning Carmine Cubelli at 1:55.

"He had a pretty good day for us, so we were very happy for him," said Riley. "He's settling in. I can't say enough about Braedon, he's a hard-working kid and I was very happy for him to get that win. That was a good win for him."

Besides from inexperience, the injury bug continues to haunt the Wildcats. Julien Cella returned to the mat on Saturday following his injury suffered at the Sons of Italy tournament.

"He was not present for Burlington. He was coming back from his injury and we finally got him back on Saturday," said Riley. "But you could tell there was a lot of rust there. He had been out for almost a month and it showed. He ran into a very good 145-pounder from Greater Lowell. They ended up going the distance but he ended up getting the best of Julien there and pinning him."

Another wrestler that continues to impress Riley is Hannah Bryson, who is making strides faster than anyone expected.

"Hannah does a great job for us, she continues to battle," said Riley. "She ran into a really tough opponent against Greater Lowell but she went the distance with the Salem kid. And she continues to just progress and amaze us being a first year wrestler. She's doing a great job."

Like Bryson, Michael Ings is also a wrestler that Riley has high praise for as he continues to give his all on the mat day in and day out.

"He comes in every day to practice and works real hard," said Riley. "He takes a lot of these guys the distance, but then you run into some guys and you can tell they've been wrestling for four years and they got a lot of experience over him. The kid gives you everything he's got."

As a whole, Riley admits that Saturday was a tough day. But, with the challenges this team faces, he knows himself and his team need to stay the course and buy in.

"Our good guys matched up with their good guys on Saturday," said Riley. "That was a tough day. And like I said to the kids, especially the younger guys, we just got to have faith in the process and eventually these things are going to start to pay off for you."

Wilmington will continue their road ahead as they face off with Watertown in a dual meet on Wednesday as well as competing in the Woburn tournament on Saturday. For Saturday, Riley hopes Cella will get his wind back as well as Dempsey returning from another injury.

"I can't say enough about the kids I have as far as their work ethic and what they put in," said Riley. "And I hope that things will really start to click for them over the next couple of weeks. We're looking at this as the next days of getting ready for that postseason where we only got about four weeks left and getting these guys ready."

Wildcats looking for a little puck luck, and a win

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com

STONEHAM - Back in early December, the Wilmington High School boys' hockey team had a terrific pre-season with four scrimmage victories over North Reading, Methuen, Shawsheen Tech and Masconomet. Currently those four teams are a combined 21-9-1.

During those four wins, the 'Cats saw balance scoring from their three lines, solid defense and goaltending, all signs for what hoped to be a strong season.

However, since the regular season started, the 'Cats have struggled. With a pair of one-goal losses this past week to Burlington (4-3) and Wakefield (2-1), Wilmington is now 0-6-1 to start the season and have been outscored 26-8 overall and 21-5 in league play. Take away the blowout losses to Reading (7-0) and Winchester (6-0) and the 'Cats have been in the other five games, all decided by one or two goals.

"It's been more of the same. You wouldn't look out there and say 'hey that's not a good team'. Offensively, we are generating a lot of chances. The shooting in these games are pretty even," said Wildcat head coach Steve Scanlon. "The goal seems to be to take the water bottle off the top of the net, rather than take what he goalie gives you. We're creating offense, just not finishing.

"We are hoping that we are just snakebitten. Teams go through that all of the time. Then you have a big game and you break out, but man, it's getting frustrating. If we were getting outshot 40-10 every night that would be one thing but that's not the case. We're doing fine in these games and creating a lot of offense, but you've got to finish."

In the Burlington loss, Wilmington's offense was able to finish an opportunity in the opening shift. Just 12 seconds into the game, senior defenseman Owen White scored on a nice shot from the point with an assist going to Michael Daniels.

Burlington tied it up, and then Wilmington retook the lead thanks to a nice individual effort from Casey Robbins.

"He was coming down the slot like you're supposed to, driving the net and (their goalie) was out (of position) a bit, and (Robbins) whacked it in," described the coach, who added that White assisted on it.

Burlington then added the next two goals, both coming in the second period. The second was on a power play to help the Red Devils go up 3-2. Later on, Wilmington was able to tie it back up as Matt O'Brien scored on a nice goal, again set up by White, who had another terrific game.

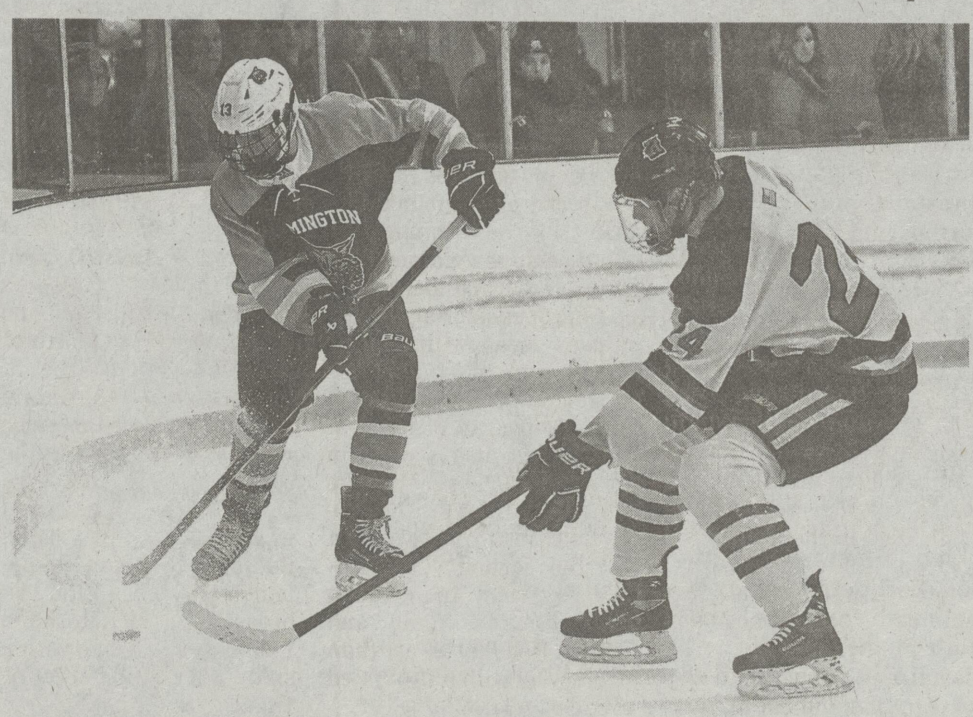
"Owen has played well. He has really stepped up (to this point of the season). He's leading the team in scoring with I think three goals and three or four assists. He can go with the puck a little bit, he has a good shot and I thought he was the best player on the ice in the Burlington game," said Scanlon.

With the game tied at 3-3, Burlington scored the game winner in the final few minutes of the second period. Neither team could score in the third, despite the 'Cats pulling goalie Kevin Finnegan (28 saves) for the extra skater. Wilmington had several bids to score, but couldn't convert and were defeated 4-3, despite holding a 33-32 shot advantage.

While the Burlington game featured seven goals in two periods, the Wakefield game played Sunday morning at the Stoneham Arena was much different.

"It was a very tightly checked game between two similar teams," said Scanlon. "They outshot us 17-15 for the game."

HOCKEY B3W



Wilmington's Colin Allard works to clear the puck ahead of Reading's Jack Donnelly during an earlier season home game. (photo by JoeBrownphotos.com).

Girls track team wins another; needs one more to capture another league title

By JAMIE POTE
Sports Editor
jamiepote@hotmail.com

WILMINGTON – After losing so much talent and experience from last year's league championship team, no one really knew what to expect from this year's Wilmington High School girls' indoor track-and-field team.

Last Thursday afternoon, the Wildcats came through with a hard earned victory over Middlesex League Freedom Division rival Melrose, 57-43, to improve the team's record to 3-0-1. A win against Burlington on January 26th would give the program its third straight league title.

"To tell you the truth, I am surprised that we are doing as well as we are doing," said head coach Joe Patrone. "Adding to the fact that we lost so much talent to graduation, there are only 21 girls on the team. It has been difficult to set up the line-up for the dual meets because there are so few girls, especially in the distance events."

Despite the overall inexperience of the team and the small numbers, the 'Cats are pushing through and getting contributions from a lot of athletes, who are shining in multiple events, all to fill some of those voids left from last year's team.

For the Wakefield, Stoneham, and Watertown meets, we basically had only a single runner in the 1,000, mile and two-mile. We have been relying on Addy (Hunt), Mallory (Brown), and Mia (Stryahalaleck) along with a freshman, Bella Zaya to cover those three events," said Patrone. "Going against Melrose I knew that we could not beat their 4x400 relay team so I had Addy, Mallory, and Mia double up and things worked out as we were able to get a first and second in the mile, a first in the two-mile, and a second in the 1,000 meters."

And those crucial (16) points helped Wilmington win and extend its unbeaten streak to what's believed to be 14 meets.

"I do not really think about streaks as I like to focus on just one meet at a time," said Patrone. "I wish that more girls had come out for the team. Track is a sport that has something for everyone and we have such a great coaching staff with Coach (Mike) Kinney, Coach (Don) Wilson, and Coach (Brian) Sheppard that we are able to find the right event for the athletes and help them to excel. We do have a chance to win the league title again this season if we can defeat Burlington on January 26, but they have a very talented group of girls and it will have to take our best efforts in order to do so."

Two individuals won two events each to lead the way. Junior Mollie Osgood won the 55-meter hurdles at 10.48 seconds and also took the high jump clearing 5-0. Junior Molly MacDonald won the 55-meter dash with a personal record and state qualifying time of 7.87 seconds and she was slo best in the 300 with another personal best time of 45.63 seconds.

The other winners included Addy Hunt in the mile with a state qualifying time of 5:46.17, Emily Grace in the 600 with her own state qualifying time of 1:50.85 and Brown, in the two-mile with a time of 13:09.51, which was a personal record as well as a state qualifying time.

Brown also picked up a second place in the mile with a time of 5:53.02, a personal best and state qualifying time and Hunt also earned a second in the 1,000 at 3:23.16. Osgood added a third in the long jump with a mark of 13-09.25, which was a personal best.

The other second places came from Kayla Flynn in both the hurdles (10.52) and high jump (4-10), Ali Doherty in the 55-meter dash (7.89) and Ava Kennedy in the shot put throwing 25-02.75. Other third places came from Cate MacDonald with a personl best time of 1:52.15 in the 600, Alexis Melvin in the 300 (46.69) and Maddie Krueger in the shot put (24-00).

On Sunday a handful of athletes on the team took part in the annual Freshmen/Sophomore Meet held at the Reggie Lewis Center. The top highlight came from Hunt, who was third in the 1,000 meters with a new personal best time of 3:13.14. She finished behind Madeline Mahoney of Nauset (3:05.03) and Annabelle Lynch of Holliston (3:12.60).

Maddie Krueger was 13th in the shot put throwing 25-06, which is a personal record. Cate MacDonald was 19th in the 600 with a personal best and state qualifying time of 1:50.28, Bella Zaya was 36th in the 1,000 with a personal best time of 3:55.11 and Samantha Glaser was 83rd in the 55-meters also a personal best time of 9.11.

Finally, the 4x200 relay team of MacDonald, Hunt, Glaser and Krueger were 26th at 2:08.44.

Wilmington will be off until January 20th when they will compete in the Division 4 state relays.



Jessica Stryhalaleck has been a consistent performer for the WHS Girls Track team during this indoor season thus far. (photo by Eric Canha).

Both swim teams topped by Triton

By JAMIE POTE
Sports Editor
jamiepote@hotmail.com

READING – Last Wednesday, both the Wilmington/North Reading Co-Op girls and boys swim teams were defeated by Triton. The girls fell to 1-2 on the season with a 90-70 score and the boys fell to 0-3 with a final of 95-67. Both Triton teams are now 4-1 on the season.

Starting with the girls team, there was only one individual and one relay team to come away with a first place. North Reading senior Maddie Koenig won the 50-freestyle at 27.56 seconds and then she was part of the winning 400-free relay team along with Wilmington residents Lindsey Kane and Ella Dong, as well as North Reading's Laura Feffer, as they came in at a combined time of 4:27.79.

There were a large number of second places starting with Dong in the 200-IM (2:48.43), Feffer in the 100-yard breaststroke (1:25.26), Koenig in the 100-free (1:01.67) and then Lindsey Kane in the 500-free (7:22.52) and Wilmington's cassie Tibbetts in both the 200-free (2:35.74) and 100-yard butterfly (1:41.18). Finally, the 200-medley relay team was second behind Koenig, Feffer, Dong and Lindsey Kane with a time of 2:13.95 as was the 200-freestyle relay team of Tibbetts, Elise Higgins of North Reading and then Gillian Kane and Julia Kane of Wilmington with a time of 2:14.85.

Gillian Kane added two thirds in the 200-free (2:40.01) and the 500-free (7:31:85), while also taking thirds were Higgins in the 100-breaststroke (1:36.42), Feffer in the 100-freestyle (1:06.21) and Lindsey Kane in the 50-free (29.33) and then the 400-free relay team of Tibbetts, Gillian Kane, Wilmington resident and two-year captain Shae Fitzgerald and Reppucci with a combined time of 5:05.92.

The group of Reppucci, Higgins, Julia Kane and Fitzgerald took fourth at 2:41.83, and then individually for fourths, included Wilmington's Emily Cronin in the 200-IM (3:26.84), Dong in the 100-backstroke (1:15.56) and Wilmington's Katherine Murphy in the 100-breaststroke (1:40.46).

Reppucci and Fitzgerald finished fifth and sixth in the 100-back with times of 1:27.10 and 1:31.06, Higgins was sixth in the 50-free at 36.06 as was Menal Mouddani in the 200-free at 3:02.67. Finally, the 200-free relay team of Reppucci, Mouddani, Murphy and Cronin were fifth at 2:23.31.

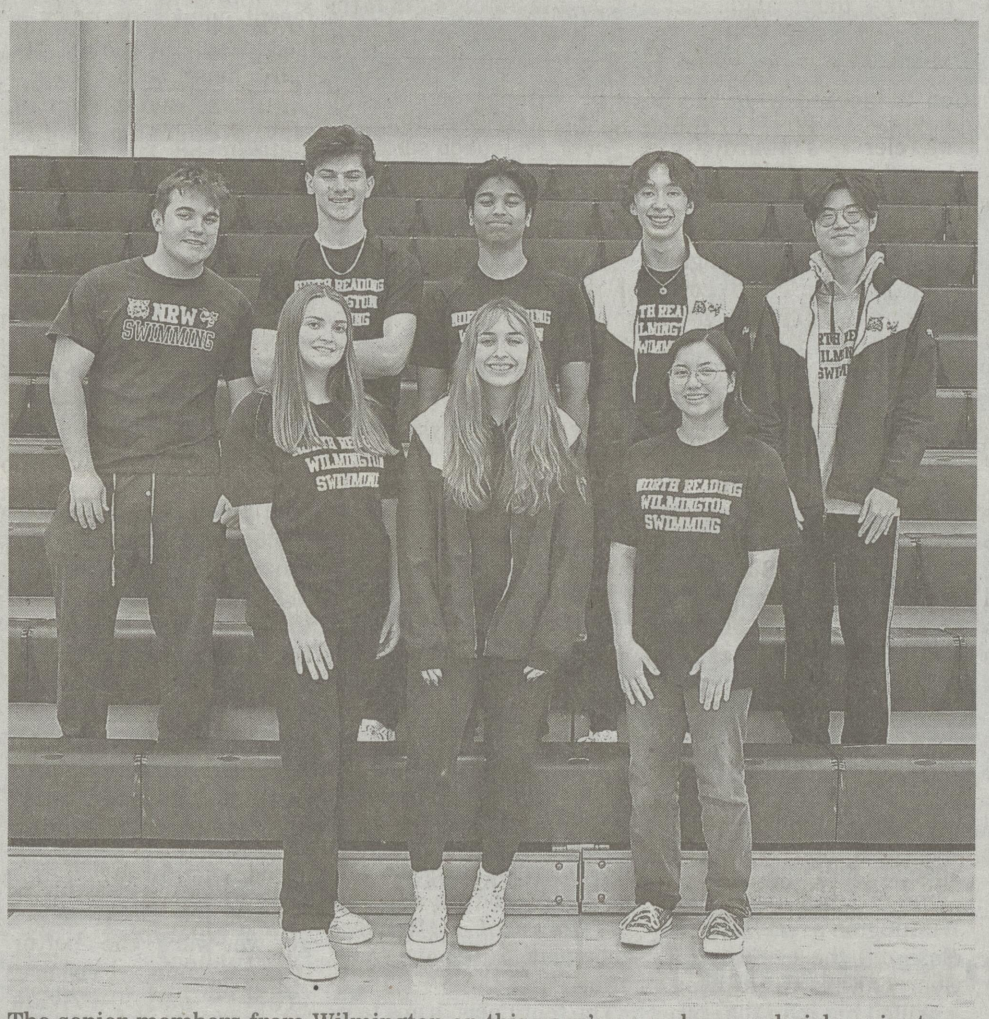
Turning to the boys team, North Reading resident Ivan Deiko was the lone swimmer to come away with a first as he did so in the 500-free with a time of 6:12.87. He also was one of the four members of the winning 400-free relay team along with Wilmington residents Dat Tran, Spencer Bagtaz and Ethan Ryan with a combined time of 3:57.45.

Deiko was also second in the 200-free (2:14.45). Dat Tran was also second in the 100-breaststroke (1:16.11), third in the 200-IM (2:33.69) and was part of the second place 200-medley relay team along with Bagtaz, Ryan and North Reading's Jonathan Mangano with a combined time of 1:54.31.

Ryan picked up a pair of second places in the 200-IM with a state qualifying time of 2:08.52 and in the 100-butterfly at 1:07.53. Bagtaz was also second in the 100-backstroke at 1:03.24 and third in the 100-free at 57.59. Mangano was also third in the 50-free (27.19), fourth in the 100-free (1:04.40) and was part of the second place 200-free relay team along with Wilmington's Aryan Patil, Sidd Karani and Tyler Sheehan with their time of 1:56.46.

Patil also joined Wilmington residents Moaid Said, Mantvydas Benevicious and Dylan Tran to take second in the 400-freestyle at 5:06.29. Said, Benevicious along with Wilmington resident Vijay Cudia and Sarthak Tripathi were fifth at 2:26.19.

Rounding out the individual place finishers included Dylan Tran and Cudia, who were fourth at sixth in the 200-free at 2:43.85 and 3:17.73, Karani and Tyler Sheehan, who were fifth and sixth in the 50-free at 30.91 and 31.35, Dylan Tran with a second in the 500-free at 7:44.12, Cudia and Karani taking fourth and fifth in the 100-breaststroke at 1:41.05 and 1:48.16 and Sheehan with a sixth in the 100-free at 1:12.58.



The senior members from Wilmington on this year's co-op bpys and girls swim team include back row from left, Tyler Sheehan, Moaid Said, Aryan Patil, Ethan Ryan and Dylan Tran; Front row from left, Shae Fitzgerald, Julia Kane and Lindsey Kane. (photo by Eric Canha).

'Cats looking for a little puck luck, first win

FROM B2W

Wilmington again took the lead as White blasted a hard shot from the point, again assisted by Daniels, coming in the first period. The game remained 1-0 until the third when the Warriors scored early and then added one on even strength coming with 1:51 to go in the game.

Wilmington now has a monstrous hill to climb in order to get into the state tournament hunt. The 'Cats faced Stoneham (2-4-1) on Wednesday with results not known as of presstime and then will go on the road to face Watertown (4-2-1) on Saturday, before facing them again next Wednesday as part of a home-and-home series. After that comes games against two struggling teams Melrose and Matignon.

Melrose too fast on the track

By JAMIE POTE
Sports Editor
jamiepote@hotmail.com

BOSTON – Last Thursday, the Wilmington High School boys indoor track-and-field team saw its mini two-meet winning streak come to an end with a 55-35 loss to Melrose, which now puts the 'Cats at 2-2 on the season.

Wilmington only won three events throughout the entire day as Braden Huddleston took the shot put, throwing 35-6.25, on Magliozzi was tops in the long jump at 19-5 and then the 4x400 relay team of Roman Moretti, Noah Carriere, Owen Mitchell and Thomas Burns came away with the five points with their combined time of 3:50.99.

Magliozzi was also third in the 55-meter dash at 7.02 seconds, while picking up seconds included Burns in the mile (5:00.97), Carriere in the 600 (1:30.80) and Moretti in the 1,000 (2:54.14).

The other second places came from Dean Ciampa in the two-mile at 11:01.73 and Sean Patrone in the high jump (5-6).

Hunter Sands highlighted the third places as he took two of them coming in the 55-meter hurdles at 9.28 seconds and in the high jump, clearing 5-6.

The other third places came from Matt Steinmetz in the 300 (40.34) and Gavin Dong in the two-mile (11:15.04).

On Sunday a handful of athletes took part in the Freshmen/Sophomore Meet held at the Reggie Lewis Center. The top individual performance came from Vibish Sivakumar, who was 11th in the two-mile at 11:39.03. Also taking 11th was the 4x400 relay team of Dylan Grace, Dean Ciampa, Gavin Dong and Cameron Jenks with a combined time of 4:09.83.

Grace was also 18th in the 600 at 1:40.39, Ciampa was 13th in the mile at 4:56.41, Dong was 26th in the mile at 5:11.51 and Jenks was 48th in the 300 at 43.23.

Rounding out the competitors include David Dynan taking 15th in the two-mile at 12:06.08, Conor Burns and Evan Cummings taking 27th and 29th in the 1,000 at 3:22.29 and 3:22.62, Ethan Schoenholtz who was 33rd in the 600 at 1:44.94, Jake Cronin, who was 36th in the mile at 5:21.56 and Anthony Cummings, who was 61st in the 55-meter dash at 7.95 seconds.



Wilmington High senior Noah Carriere has had a terrific season thus far for the Boys Track team. (photo by Eric Canha).



North Reading High Boys Basketball player Parker Griffen is blocked from the hoop by Wilmington's Austin Harper and Christian Febbo during an earlier season home game. (photo by JoeBrownphotos.com).

'Cats hang tight with Stoneham, fall short in the end

By JASON COOKE
Sports Correspondent

sports@yourtowncrier.com

WILMINGTON- On Friday night, the scene was set for the Wilmington High School boys basketball team to have a shot at getting in the win column for the first time this season.

It was what every basketball player dreams about on a Friday night: The school band was playing, the student section started to fill in, and the tension was building as tip off approached against league rival Stoneham.

Through three quarters of play, Wilmington fed off the electricity in the building, hustling on both ends of the floor as they needed one more installment of play to secure their win as they headed into the fourth quarter.

Ultimately, the Wildcats fell by a score of 71-61 in a fourth quarter that couldn't be closed out. Despite the outcome, head coach Jon Amico could not find a reason to be upset at his squad.

"There wasn't really much I could be upset about," said Amico following the loss. "They played their butts off. (Noah) Spencer had an awesome game, Ben (Marvin) had an awesome game, (Connor) Sullivan stepped up, he had a great second half. Everyone played really well."

Wilmington came out hot in the first, building an 18-13 lead. Out of the gate, Noah Spencer set the tone with his tenacity all over the floor, notching eight opening points that started his team off on the right foot. Spencer eventually finished with an impressive 20 points and five rebounds to lead his team in scoring.

In the second quarter, Stoneham started to apply some pressure to Amico's squad, but Wilmington was able to respond to hold their lead to 33-29. Every time Stoneham would make a big shot, Wilmington would respond back with a timely one of their own.

With just over three minutes remaining in the third, Wilmington held a commanding 48-36 lead that would soon evaporate into just a three point lead after a strong 10-2 run from Stoneham to close the quarter.

That momentum carried into the fourth quarter as Stoneham was able to get on the attack and outscore Wilmington 24-11.

Marvin was able to give Wilmington a chance on the offensive end, scoring seven quarter points for a total of 16. Marvin was aggressive, getting to the rim and drawing fouls. Marvin also stepped up on the defensive end as Michael Oatis went down with an injury in the opening minutes of the first quarter.

"Ben stepped up, he's been getting better the last couple of games," said Amico. "His leadership is really taking a step forward which is good to see. He played great defensively too. He had a big test defensively, especially after Oatis went down. We were going to have Oatis guard Collin (Farren). He injured his knee a minute into the game (and has) been one of our hottest players over the last two games."

Given the effort of Marvin and the rest of his teammates, Amico thinks his squad simply ran out of gas in the remaining minutes.

"We might have just ran out of steam a little bit," said Amico. "I probably should have used a timeout earlier than I did. And then losing Spencer (hurt us)."

Spencer fouled out of the ballgame with about six minutes to play, making it tougher for Amico's squad as he was now down to starters in him and Oatis.

As Wilmington is off to an 0-7 start, it can be easy for Amico and his squad to hang their heads and start to give up. Given what Amico sees in his team on a daily basis, he knows his group will weather the storm.

"Obviously we're a young team," admitted Amico. "We didn't return any starters. This is my first year (and) the whole coaching staff is brand new. We are just trying to trust the process and keep grinding. They still bring it every day in practice. No one has given up yet even though we are 0-7 now. But hopefully Oatis is going to be okay and we'll see if we can put some pieces together."

The Wildcats looked to get back on track with two games in two days, as Amico's squad played both Monday and Tuesday.

On Monday, the team dropped a close one to Georgetown by a score of 50-45.

"It was more similar to the North Reading game," said Amico. "We were up and down, I think we were up double digits at one point. But it was just an absolute dog fight."

One reason for Wilmington's inability to close out the contest was Georgetown's Grant Lyon, a skilled big man that provided a huge boost for Georgetown on both ends of the floor.

"They have a really talented big man in Lyon," said Amico. "We were just trying to stop him, he was our entire game plan. But they were very well coached."

With the back to back, Wilmington didn't receive a rest day for their Tuesday matchup against a talented Lexington team, ultimately losing by a score of 64-31.

"The entire game it looked like we played a full game last night," admitted Amico. "We probably only ran seven guys versus Georgetown so those guys were all just smoked the entire game tonight."

Spencer had 12 points in the effort, continuing to be a leading force of the Wilmington offense.

"The thing that killed us tonight is we missed a ton of layups and we gave up a ton of offensive rebounds. So (that's) just effort."

The team now drops to 0-9 on the season, as Amico and his team prepare for Watertown on Friday night.

"(I told the team) let's forget about this one, put it behind us and let's focus on Watertown on Friday."

Girls Hoop grabs key win against Spartans

By JASON COOKE
Sports Correspondent

sports@yourtowncrier.com

WILMINGTON- After the Wilmington High School girls basketball squad dropped their first three games of the season, there were questions on whether this team had what it took to win over the course of this winter season.

Since then, first year head coach Chris Frissore and his squad have gone 3-2, answering that question on the scoreboard.

The Wildcats picked up their third win of the season on Friday night when Stoneham made the trip to Wilmington High School, coming out on top by a score of 72-62.

"That's pretty good considering we had a hard schedule," Frissore said on their win total thus far. "We can easily be four and three or five and two. But at the end of the day they got a new coach, this is my first year, so there's a learning curve there. I feel like in the last week or two things have really clicked. Everything's starting to make sense on what I'm trying to say and they're trying to differentiate from what the old coach used to say."

The Wildcats came out swarming Stoneham on both ends of the floor, resulting in a 14-5 quarter. In the first quarter alone, Wilmington had six different point scorers as it was clear they were the better team on the floor.

In the second quarter of play, Wilmington continued to dominate, but Stoneham managed to hang in the game, responding with offense of their own. Wilmington took a 30-22 lead into the second half as Eva Boudreau started to come alive with five quarter points. The sophomore would eventually post a statline consisting of 25 points and ten rebounds.

The third quarter was an explosion of shot-making from both sides, as the first three baskets of the quarter were all three pointers for a total of nine.

Stoneham's Vivian Schofield knocked down three of them in the quarter, eventually making four in a row when she drained one in the fourth.

"I feel like from the get go we were the better team," said Frissore. "They had (Vivian Schofield) who was red hot, she had literally four threes in a row. It wasn't even like it was with bad defense, she got to the same spot and hit the same three four times in a row."

However, as Wilmington did all game, they responded with threes of their own. Both Boudreau and Jessica Collins showed off their range to keep their team's lead secure.

"It was huge that they kept hitting," said Frissore. "(Stoneham) cut it to five maybe two or three times. Each time, we kept fighting back. We didn't let that phase us at all. I just feel like that's another task that we've handled well."

Collins tallied 16 points and eleven rebounds, which didn't go unnoticed for Frissore.

"She went like three for three from three," said Frissore. "Some of those calls were answered by her and she plays her heart out. She plays almost thirty-two minutes in almost every game. And she had eleven boards and sixteen points. Jess is like the motor that keeps this team going."

Other key performers for Wilmington included Erin McCarthy (ten points, three rebounds) and Allesandra Delgenio (eight points, two rebounds).

The story remained the same in the final quarter of play, as Boudreau's nine points pushed the Wildcats over Stoneham for their third victory of the young season.

On Tuesday night, the Wildcats found themselves back in the losing column after falling to Lexington by a score of 60-32.

"We started out pretty good, and then they put some pressure on us," said Frissore. "We started to panic a little bit, which we've been pretty good against the press, but today we weren't for whatever reason."

Wilmington was right with Lexington after the first quarter, only trailing by two. At half, the Lexington lead increased to 12 and the game continued to slip away further.

"We fell out of rhythm," said Frissore. "So when we did get open shots, they weren't falling."

Boudreau continued to shine, dropping 16 points in the loss.

"She stood out," said Frissore. "She hit some big threes in the beginning to keep us in it."

Given the setback Frissore's squad endured on Tuesday, the team sits at a 3-5 record heading into Friday's matchup with Watertown.

"We're pretty locked in (still)," said Frissore. "We have Watertown on Friday. That should be a winnable game and hopefully we can come ready to play."



Wilmington's Annabelle Cook (3) drives to the basket while being defended by Tatum Kenrich (14) of Winchester during an earlier season game. (photo by Bob DeChiara).



Tewksbury High junior Alyssa Adams looks to make a pass during an earlier season home varsity girls basketball game. (photo by JoeBrownphotos.com).

Tewksbury Youth Girls Basketball League

In Jr. League action, the Storm pulls out all of the Aces for latest win

Junior League
Storm 22, Aces 4

The Storm were tired after this one! Playing with only six players, the Storm gave their best effort throughout and were able to walk away with a win.

Allison Fedoce and Addy Wagstaff paced the Storm with eight points each. Amiyah Diaz was able to chip in with four points and Arraya Chom added two more. Aisling Sheehan was phenomenal on defense, pressuring the ball handlers throughout.

Emma Thunberg did an excellent job on the glass, limiting chances for the Aces and providing second chances for the Storm.

Intermediate League
Badgers 26, Eagles 13

The Eagles played their best game to date but came up short 26-13 to the Badgers. At the end of the first quarter we were ahead but couldn't hold the lead down the stretch. The team's defense and rebounding has improved considerably!

The passing has come into form, and we were able to have all players possess the ball. The scoring was lead by Jill Wagstaff, Addison Perkins, and Jayelee Richard. This was the first game where every player took a shot; great work Cara Armstrong, Riley Armstrong, Charlotte Mello, Leah McNelley and Brynn Goldman.

Terriers 16, Wave 15

The Wave came up a little short in a back-and-forth game with the Terriers that came down to the last shot. They displayed great teamwork with seven different players scoring. Leuncie Sylvestre continued her outstanding inside play and lead all scorers with four points. Kathryn Pejic and Brielle Vongsa led the offense from the point guard position and combined to score four points.

Avarie McMasters and Bree Sdankus each added two points while stopping the opponent from getting the ball inside. Nichole Gangemi added two points and with her sister Gianna continue to show good outside shooting and passing. Olivia Lafreniere, Maryam Kechaou, and Samantha Wallace got multiple steals while leading an intense defense.

Jayhawks 20, Wolverines 12

Mia Davis led all scorers with 12 points for the Wolverine's but it wasn't enough as the Jayhawks pulled away with barrage on points from Kelsi Adams who finished the game with ten points. Brooke Dykman with 8 points and Lydia Newell added two to finish off the Jayhawks scoring.

Jayhawks players Maria Johnstone led the team in assistant followed by key rebounds by Juliana Alessi and Lila Morris. Arianna Pereira and Ella Garagliano added strong defense to hold off the wolverine's attack. The Jayhawks improve to 5-0 on the season.

Travel League

Tewksbury Travel Team Blue 6 picked up two recent wins. First was a road win at North Reading: 12-88. Mariabella Cracchiolo four points, Lydia Newell two points, Alazne Carvajal two points, Lila Morris two points, Kelsi Adams, Lila Costello with one free throw each led the way. Kelsi Adams was presented with the "Player of the Game" ball.

6 Blue's second win was at home versus Burlington with a 13-12 final score. Mariabella Cracchiolo four points, Kelsi Adams three points Alazne Carvajal, Lydia Newell and Camilla Anjo had two points each to lead the way. Camilla Anjo was presented with the "Player of the Game" ball.

Both TMHS Basketball teams defeated on Tuesday; both in tough losing skids

By JAMIE POTE
Sports Editor
jamiepote@hotmail.com

Both the Tewksbury Memorial High School girls and boys basketball teams were defeated on Tuesday night, and both are now winless in the month of January.

The girls fell to a strong North Andover team, 57-41, at home to fall to 2-5 on the season and run its losing streak to three games with two back-to-back losses to Chelmsford coming before this one.

The boys fell to North Andover, 48-40, at their place, and are now 1-7 on the season and are on a four-game losing streak.

The girls team had the tough task of going up against senior Hannah Martin, arguably one of the top players in the entire league. She didn't score until 1:16 left in the first, and then added five more in the second quarter before she helped opened things up for the Scarlet Knights late in the third and throughout the fourth.

Tewksbury trailed by 11 at the break, cut it down to single digits in the third before Martin and company opened things back up to put the game away.

"We had a great third quarter. (After North Andover) went on a little bit of a run to start the quarter, we stormed back to cut it to six points before Hannah Martin hit a big three-pointer. That shot came right before the end of the quarter ended to push their lead back up to nine," said Redmen head coach Joel Mignault. "In the fourth quarter, we just went on a bit of a coring drought again. We played a little bit out of desperation on defense and were a little chaotic (at times), and (then offensively) we didn't get the shots to fall like we wanted to."

In the first quarter, North Andover jumped out to leads of 11-4 and 25-14, but both times the Redmen answered the bell. In the first Alyssa Adams and Cat Macdonald hit back-to-back threes to cut to one point and then with under three minutes to go in the second, MacDonald converted on a nice pass from Riley Veits, and two minutes later Adams drained another three.

Throughout the first two quarters, although Tewksbury gave up some uncontested lay-ups, offensively the ball movement was much better than in prior games.

"Yeah definitely (the ball movement was better). The effort was there. I thought Cat (Macdonald) did a tremendous job. She was getting pressured by Hannah most of the night and I thought Cat did a tremendous job handling the ball. It hurt a bit trying to get into our offense, but the girls moved the ball, they did a lot of good things but again we just didn't get the shots that we wanted to fall in.

"The effort was there. It was frustrating that we can't get (a win), but we will. We're going to keep grinding it and I'm proud of the effort that the girls keep giving."

Adams came off the bench and led the way with 12 points, followed by Macdonald with 11 and Sam Ryan with 10.

Tewksbury will host Haverhill on Friday night at 6:30 and then travel to Lawrence on Tuesday for a 7 pm.

Turning to the boys, even though the Redmen were defeated, head coach Steve Boudreau was thrilled will what he witnessed in Tuesday's road match-up against his alma mata.

"I'm extremely proud with how we competed tonight. In the month of January (tonight) was the most complete game that we have played," he said. "Defensively, I thought we executed the game plan and we made it extremely difficult for North Andover to score. Offensively, I thought we got some really good looks and we're going to have to make (those shots) in the future and we will need to cut down on our turnovers. From an effort area, from a toughness standpoint, this was as good as we have been."

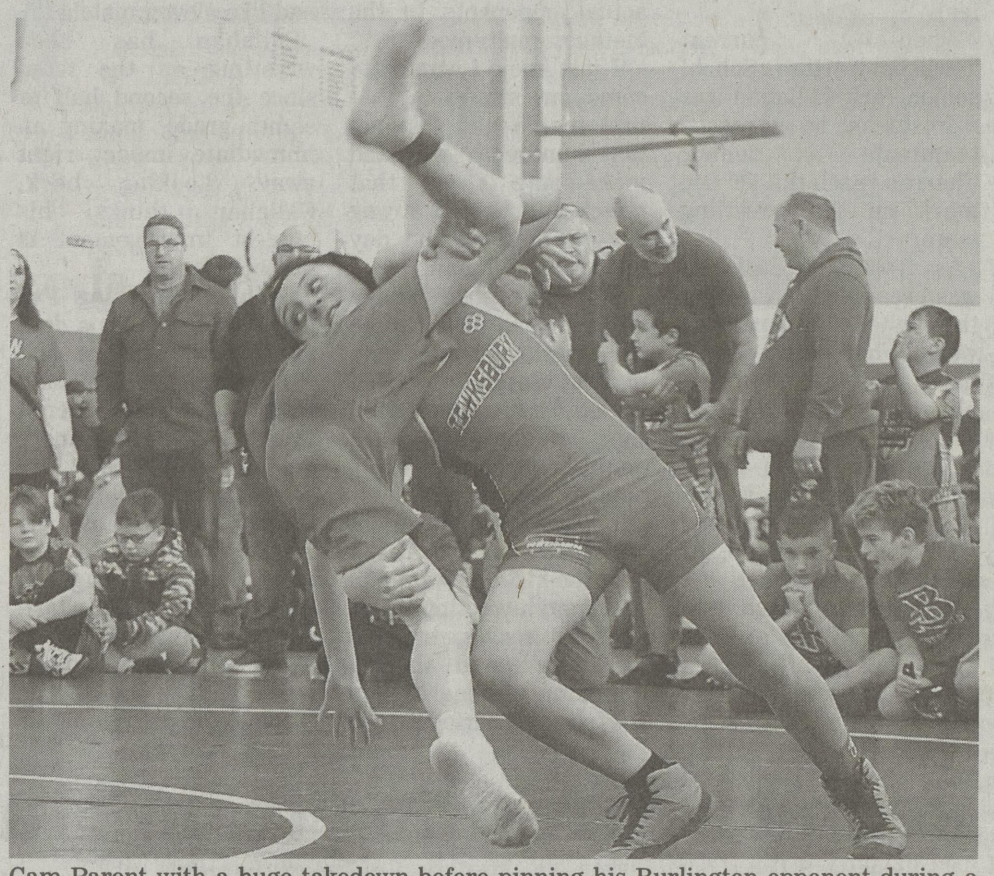
On Friday, Tewksbury lost to Haverhill 47-35, meaning two straight games of keeping opponents under 50 points.

"Our guys executed the game plan (defensively), but it really comes down to them, their effort, their energy and their attention to detail. The credit goes to our players from their approach. We've had a stretch now in three of four games where we have held teams to a pretty low number," said Boudreau.

Tewksbury has a busy week upcoming with a trip to Chelmsford, the lone team the Redmen defeated this year, and then home with Billerica on Tuesday before going back on the road the next night to face Shawsheen Tech. All three games are scheduled for 6:30 pm starts.



Tewksbury High's Kyle Cummings (10) drives to the hoop while being defended by Masconomet's Matt Richardson during an earlier season home game. (photo by Bob DeChiara).



Cam Parent with a huge takedown before pinning his Burlington opponent during a youth wrestling match held recently. (courtesy photo).

Historical weekend for the Tewksbury Youth Wrestling program

The Tewksbury Redmen Youth Wrestling team did something historic this past weekend. They hosted the first ever youth dual meet in the Town of Tewksbury. As part the NorthEast Regional Wrestling League, Tewksbury hosted Reading, Westford, Winchester, Andover and Burlington. The youth wrestlers had an hour long scrimmage and got tons of great matches in that hour before the official dual meets began.

First up for the Redmen was a match against Burlington. Bryson Ingalls would start the day off with a 9-2 Decision and the Redmen would never look back. The next five Redmen Wrestlers would win by pins, Paul Vozzella, Tyler Richardson, Myles Grant, Cam Parent, Drew Bouchie and Luca Martinez.

Other wrestlers with pins in the match were Carlo Desisto, Hadi Sibay, and Chris Collins. Alex Bouchie and Henry Mercer both wrestled very hard against tough opponents. Redmen would win this one 81-9.

Next up for the Redmen was Winchester. Mercer would jump out the gate with a huge 1st period pin to get the team and crowd fired up for this matchup. Brody Humphrey came out next and pinned his opponent in the second period and the next five Redmen would pin their opponents, Giacinto Graziano, Sam Trowbridge, Colton Kephart, Richie Kelley, and Cam Parent.

Next up for the Redmen was Kevin Burns in what some would say was the match of the day in the Wynn Middle School Gymnasium. Burns and his Winchester opponent would battle back and forth thru three periods and come out with a 4-4 tie and head to overtime.

In overtime, the gym was shaking with excitement and the two wrestlers battled back and forth until eventually the Winchester opponent would take the victory in this one.

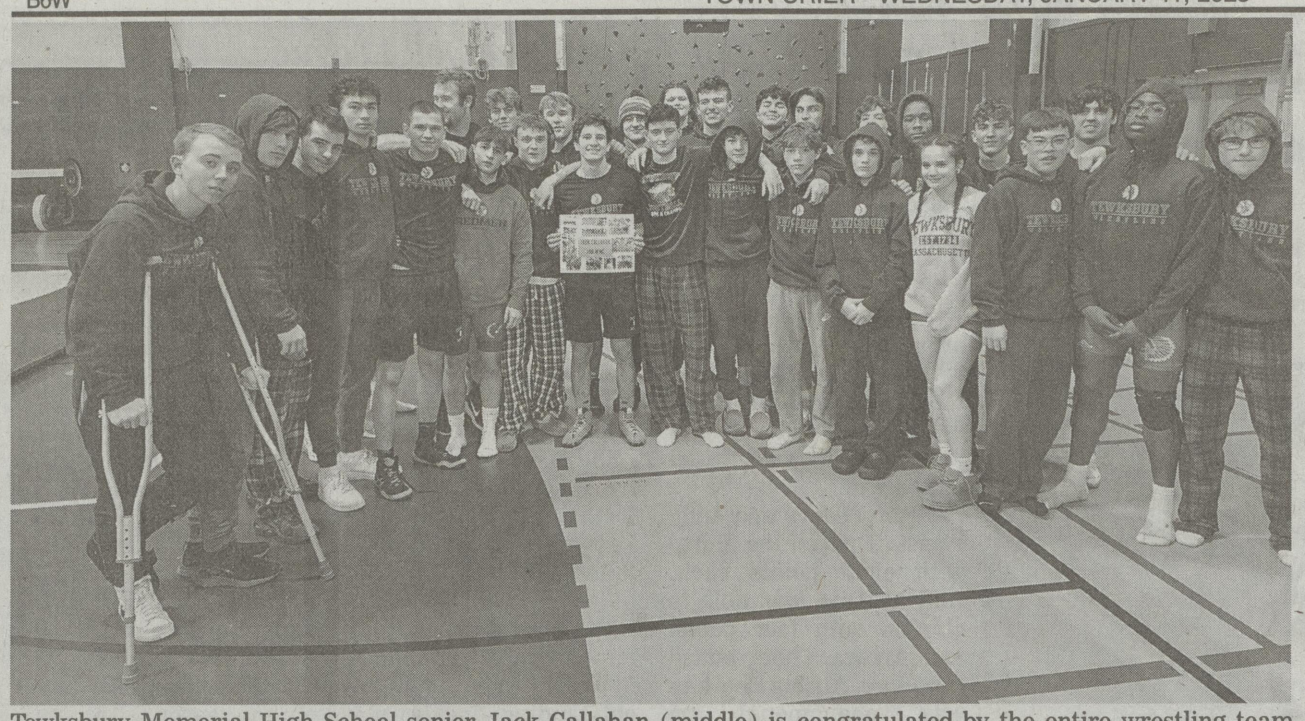
This supercharged the Redmen team and seven more Redmen would go on to pin their opponents; Patrick Quinlan, Tommy Bjorkgren, Gennaro Parziale, Ryan Callahan, Brody Humphrey, Jack Leone, and Will Carciofi. In another battle in this matchup, Robbie Bjorkgren would battle with his opponent for all three periods and end regulation time in a 2-2 tie. Bjorkgren would battle hard in overtime before his Winchester opponent eventually took the victory.

Thomas Harvey wrestled in his first ever match and battled for three solid periods, going back and forth with his opponent but eventually losing this one 4-2. The Redmen would win this one 84-8.

On Sunday, the Redmen would have 16 wrestlers travel to Chelmsford their youth wrestling tournament. With a good mix of athletes wrestling in the novice division in their first year of competition as well as several athletes getting some tough matches in the advanced division.

Taking first place in their divisions were, Aiden Gianino, Jack Petropoulos, Owen Anderson, Ryan Callahan, and Chris Collins. Taking second place in their divisions were Dom Vozzella, Brayden Donohue, and Will Carciofi. Taking third place in their divisions were Bryson Ingalls, Thomas Harvey, Sam Trowbridge, Kevin Burns, Costa Nirgianakis, and Bradyen Legrand. 4th place finishers were Myles Grant and Carlo Desisto.

Next up, Tewksbury will host another NER Dual meet at the Wynn Middle School Sunday, January 14. Action starts at 9 am as the Redmen look to continue their success against some of their tough NER opponents, Woburn and Westford.



Tewksbury Memorial High School senior Jack Callahan (middle) is congratulated by the entire wrestling team after winning his 100th career match. (courtesy photo).

Callahan captures 100th career victory

By JASON COOKE
Sports Correspondent

sports@yourtowncrier.com

METHUEN -- In high school sports, normally team milestones are recognized above all—winning seasons, conferences titles, and state championships is oftentimes what receives the most recognition.

However, one personal milestone that is known to be a significant accomplishment is the "100" mark in one's respective sport. It could be 100 points in hockey, 1,000 points in basketball, or 100 wins in wrestling. Every player, coach, and fan realize the difficulty of achieving each specific feat.

When current Tewksbury High School senior Jack Callahan was a freshman, he witnessed teammate Connor Charron reach the 100 win mark on the wrestling team.

As freshman Callahan was breaking his way into the high school wrestling world, he never could have imagined accomplishing the same feat when he was a senior.

"The last person that I know of that got it was Connor Charron and that was my freshman year," said Callahan. "I definitely wanted to reach that hundred win mark by the end of my senior year."

Charron served as a role model for Callahan, striving to fulfill the successful wrestling career that he did.

Flash forward to now, Callahan reached his 100th win in a dual meet with Haverhill on Wednesday when he was forfeited.

"I didn't know I was going to be forfeited," admitted Callahan. "I went out there expecting to get a match that day but the way that they bumped (the weight classes) just ended up that way."

Although Wednesday's forfeit goes down as Callahan's official 100th win, he sealed the deal on Saturday where he picked up three victories against actual opponents in the Methuen multi-meet.

"I just knew I wanted to come out strong in that first match and just get that hundredth win and make sure I got that match and have a strong day the rest of the day too," said Callahan.

Callahan opened his day with a match against Upper Quincy's Jin Chen, pinning him in the second period for his first win in the hundreds mark against an actual opponent.

"I was pretty confident that I was going to easily beat the kid, and went into that match wanting to try different moves, try and work him and then I ended up pinning him in the second period," said Callahan.

Callahan is extremely humble, always putting his team first, but still acknowledges the significance of his milestone.

"It's a big accomplishment," admitted Callahan. "Just the satisfaction of knowing how many wins you have (is awesome)."

What makes his 100 wins even more impressive is his sophomore season was cut short due to Covid, where he was only able to wrestle in eleven matches.

"I definitely thought I'd be able to do it," said Callahan. "It was a bit of a scare if I was going to be able to do it with the Covid year where we only had like eleven matches."

Callahan has been wrestling on the team since the second half of eighth grade, making an immediate impact right away. Looking back, Callahan thinks his biggest improvement is his technique.

"I think the thing I've most improved on is definitely my technique and my neutral game," said Callahan. "Back then I used to be a lot more defensive."

Callahan attributes a large amount of his improvement to his wrestling club Doughboy Wrestling. Callahan started wrestling there in about fifth grade, and has stuck with it ever since through the entirety of his high school career.

"All the off-season training I've done and having that training coming into the season definitely has helped me the most," said Callahan. "I go to Doughboy Wrestling Club in Lowell and practice there three times a week and sometimes I travel with them to different tournaments and dual meets."

Along with 100 wins, Callahan has built up an impressive resume over the course of his high school career, including a state champion last season. However, his eyes are still set on some more goals for this season.

"My top goal this year is placing at New Englands and just doing better in the postseason and placing higher than I did last year," said Callahan. "The team this year has a really good chance of winning states too."

Redmen head coach Steve Kasprzak is not surprised by Callahan's 100th win and success as a whole.

"Jack is a deserving kid," said Kasprzak. "For every single one of those hundred wins, he earned every single one of them. It was not necessarily a coaching thing, it was a Jack thing. He's tough, he's blue-collar and he grinds it out. He has a will to win that a lot of kids don't have. Quite frankly, I wish more did."

After Fenway game, Redmen defeated by L-S

By JAMIE POTE
Sports Editor

jamiepote@hotmail.com

TEWKSBURY - Just three days after skating on the Fenway Park ice in an Endowment Game against the defending Division 2 champions from New Jersey, Tewksbury, the defending Division 2 champions from Massachusetts, had their hands full with a strong league opponent when Lincoln-Sudbury came to town for a Saturday afternoon tilt held at the Breakaway Arena.

Two evenly matched teams played back-and-forth hockey through three periods, tied at one which forced overtime. During the 4-on-4, five-minute frame, the Warriors were able to notch the game winner with 3.3 seconds left. Defenseman Matt Mahoney took a shot from the left point which was saved, but the puck squirted loose and was poked in by Frankie DeTragla to give the LS the 2-1 victory.

"It stinks (to lose like that). I think we have the best goalie in the league (in Ben O'Keefe) and sometimes the puck bounces the wrong way. I don't think it was (anyone's fault). I thought Benny played great today. You go 4-on-4 (in overtime) and it opens up the ice things happen," said Redmen head coach Derek Doherty.

Tewksbury fell to 5-1 on the season with loss, as Doherty said that it goes as a loss in the league standings but a tie for state tournament purposes. LS improved to 6-2 overall.

The teams finished with 26 shots each, and it seemed like the Redmen struggled to get a lot of shots from inside or down low. A lot of the action came from the outside circles or the points.

"They are a good team too and they take a lot of the middle away, and block a lot of shots. But yeah we have to do a little bit better of a job of getting to the net. I thought it was two evenly matched teams without question," said Doherty.

The Redmen got on the scoreboard first, coming just 4:54 into the game. At the right point, sophomore defenseman Anthony DiFranco took a shot but it deflected off a stick, where junior Matt Cooke pounced on it and fired a wrist shot to the top right-hand corner for the quick 1-0 lead.

Just 29 seconds later, LS went on the power play and O'Keefe kept it 1-0 with a beautiful left pad save coming on a low slot shot off the stick of DeTragla. O'Keefe made another stellar save later on as Ryan Warzinski took a pass behind the two Redmen defensemen and in alone in tight space, he was denied by O'Keefe, who moved to this right to block away the shot.

Tewksbury held onto the 1-0 lead after the first period and led 8-6 in shots. Early in the second, the Redmen had a great chance to score as Cooke sent a nice stretch pass to linemate Jeremy Insogna, who slipped behind the defensemen, went in alone but was denied on a hard shot that went off goalie Logan Herguth's left shoulder.

Late in the second, under three minutes to go, senior Ryan Flynn took a wide pass through the neutral zone. As he came streaking into the LS end, he fired a wrist shot from the inside right circle, and the puck banked off the lower part of Herguth's helmet for a key save.

The score remained 1-0 through the second break, and just 41 seconds into the third, the Warriors tied it as Sean Cullen scored on a nice pass from Mahoney.

Both teams had good bids later in the third with Tewksbury's Nick DiCioccio put a nice wrist shot on net through a screen but it was covered up and then O'Keefe made his third stellar low left pad save coming with 45 seconds left, which eventually put the game into overtime.

Redmen Wrestling team grabs a hold of a few big wins

By JASON COOKE
Sports Correspondent

sports@yourtowncrier.com

METHUEN -- The Tewksbury High School wrestling team has been on a tear to start their season, going 3-0 in dual meets and having very successful showings in both the Sons of Italy and Lowell Holiday tournaments.

Last week, the team experienced their first dual meet loss of the season to a strong Haverhill squad, dropping their record to 3-1.

Haverhill came out on top by a score of 48-36 in their first considered "hiccup" of the season.

"We ended up losing a tough one to Haverhill there," said Redmen head coach Steve Kasprzak. "They matched up very well. With that being said, I think they were ready to fight a little more than we were that night. I think we got out-toughed a little bit."

The Redmen battled out six wins, including two forfeits in Jack Callahan and Sean Hirtle. Callahan's forfeit victory served as the senior's 100th career victory.

Other Redmen winners included Jack Donovan (138-pound weight class), Ryan Fleming (145-pound weight class), Hunter Johnson (152-pound weight class), and Paxton Green (195-pound weight class).

The following day, Kasprzak's squad arrived for practice with the determination of never wanting to lose again, showing Kasprzak that he has no reason to worry.

"The next day at practice they responded by having probably I think the best practice they've had all year. It told me they cared," said Kasprzak.

The Redmen used their good day of practice to send them rolling into the weekend, where they took on four towns in a multi-meet at Methuen.

Tewksbury went 4-1 on the day, with wins against Lynn Tech, Quincy Upper, Josiah Quincy, and Holyoke.

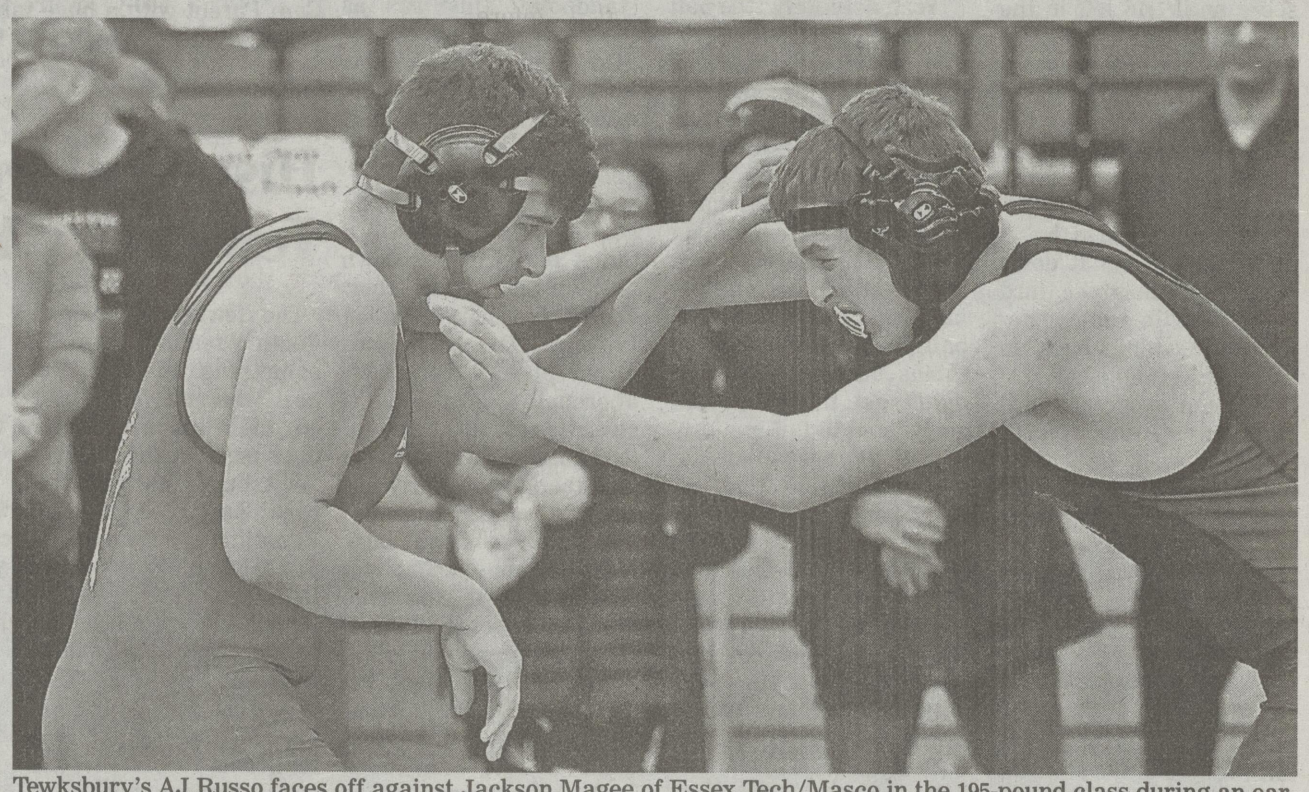
Tewksbury topped Lynn Tech in a clean 45-0 victory, picking up eight individual victories.

In the 126-pound weight class, Jack Callahan defeated Deborah Adolph by pin, while his brother Sean Callahan won through a 6-4 decision in the 132-pound weight class over Jonathan Gutierez.

Jack Donovan (138-pound weight class) was victorious through forfeit.

Other Redmen winners included Hunter Johnson (145-pound weight class) over Jordan Mcgrail, AJ Russo (182-pound weight class) over Tristan Burke, Sean Hirtle (170-pound weight class) over Isoque Taveira, and Ben Piccolo (220-pound weight class) over Kayla Martinez.

Tewksbury then topped Quincy Upper 54-0, crowning nine more winners, including AJ Russo (182-pound weight class) over Essence Tucker, Angelo Desisto (113-pound weight class) over Jaiyhen Etmonds, Colin Todd (160-pound weight class) over Kyle Tan, Hunter Johnson (145-pound weight class) over Kenneth Tran, Jack Callahan 132-pound weight class) over Jin Chen, Jack Donovan (138-pound weight class) over Talin Rellin, Nick Desisto (106-pound weight class) over Stephy Chen, Ryan Fleming (152-pound weight class) over Able Fikru, and Sean Hirtle (170-pound weight class) over Jhayvon Napoleon.



Tewksbury's AJ Russo faces off against Jackson Magee of Essex Tech/Masco in the 195-pound class during an earlier season match. (photo by JoeBrownphotos.com).

The Redmen continued their domination against Holyoke by a score of 59-12, where Tewksbury crowned a total of ten winners.

Those winners included Angelo Desisto (113-pound weight class) over Steven Santiago, Benjamin Barrasso (120-pound weight class) over Elijah De jesus torres, Jack Callahan (126-pound weight class) over Manuelle Rivera, Jack Donovan (138-pound weight class) over Ezequiel Vazquez, Jaden Mercer (195-pound weight class) over Jesus Morales, Nick Desisto (106-pound weight class) over Devin Colon, Ryan Fleming (152-pound weight class) over Dereck Concepcion-sanchez, Sam Macmillan (160-pound weight class) over Jonathan Rivera marrero, Sam Ros (145-pound weight class) over Jenaye Rodriguez, and Sean Callahan (132-pound weight class) over Luis Rivera.

The final win came against Josiah Quincy, where Nick Desisto picked up the lone win in the 106-pound weight class.

The single loss on Saturday came against Methuen in a close 42-30 final score. However, Kasprzak's perspective on the loss is different from what the score reads.

"We had a great performance on Saturday," said Kasprzak. "We had a great day. We went four and one, we lost a really close one to Methuen but I think it was our best wrestling performance of the year. There's an old saying, it's an old basketball quote from John Wooden, You can win when you lose a game and you can lose when you win a game. I think we won even though we lost. We didn't have Manny in the lineup, we didn't have Paxton in the lineup so we were down a couple key guys. But we had what we had and I was really proud of the way that they responded this weekend. They wrestled really great."

The Redmen picked up five wins against Methuen, including Jack Callahan (126-pound weight class) over Caelon Keough, Jack Donovan (138-pound weight class) over Noah Beshara, Jaden Mercer (195-pound weight class) over Gabe Fonseca, Nick Desisto (106-pound weight class) over Antonio Rios, and Ryan Fleming (152-pound weight class) over Jeydany Ortega.

The Redmen will continue their road to the postseason this week with a dual meet against Lowell as well as competing in the Woburn tournament over the weekend.

Co-Op Girls Hockey team earns second straight win

By DOUG HASTINGS
Sports Correspondent
dougahastings@gmail.com

LOWELL - It's officially a winning streak.

On Saturday, the Shawsheen Tech/Bedford girls hockey team won its third straight game with a 2-0 victory over Medford in a game played at the Janas Rink.





Above Corinne Foley of Tewksbury and below Paige Fuller of Wilmington in action for the Shawsheen/Bedford Girls Hockey team during Saturday morning's 2-0 home win over Medford held at Lowell's Janas Arena. (photos by Doug Hastings).

The victory was an exciting one as the team entered the third period locked in a scoreless tie before the Ram offense finally clicked.

"We pulled it together," said Shawsheen coach Kate O'Shea. "It doesn't always happen as fast as we'd like it to, but they come through. It's better getting better. I don't think (the program) has had a three-game winning streak in a while."

Just 3:03 into the third, Paige Fuller of Wilmington scored on a partial breakaway, assisted by Bedford residents Sophia Demeo and Rebecca Sobol.

"She needed that," O'Shea said of Fuller. "She was getting a lot of non-calls against her and it was getting into her head. I told her 'Sit down and breath and you'll get one.' She needed that big time."

Shawsheen added to its lead with a big goal with only 3:22 remaining as Healy Weissman scored on a shot from the point. Demeo and Sobol once again chalked up assists.

For most of the day, Medford goalie Erin Alves, only a seventh grader, kept the Rams off the scoreboard with a variety of saves on difficult Shawsheen shots.

Olivia O'Brien of Bedford, junior Alexis Fox of Wilmington and Corrine Foley of Tewksbury all had good opportunities stopped by Alves in the opening 15 minutes.

Fox skated with Sobol and Demeo on one line for the Rams and the trio of Anna McEachern of Bedford, Alyssa Costantiello and Fuller were another solid combination.

Medford played much better in the second period and tested a Ram defense that was led by the foursome of Macy Savage of Wilmington, Weissman, O'Brien and Foley, as well as goalie Elianna Munroe of Billerica.

"We've gone down to four defensemen and it seems to be working out better," said O'Shea. "And that was Elianna's first career shutout so that was nice to get. She was excited. She's been playing unbelievable."

The Rams pressed to take the lead in the third and Alves kept coming up big, making a glove save on O'Brien and a terrific stop on a Foley-to-Sobol pass.

Before Medford, Shawsheen/Bedford earned its second straight victory by edging Marblehead on Thursday at Salem State University, 2-1.

Fox had the game-winning goal for the Rams while Munroe was outstanding in goal for Shawsheen.

Sophia Demeo of Bedford had the other goal for the Rams.

"It was scary for a little bit, but we hung in there," O'Shea said of the Marblehead victory.



Above, Anthony Bastianelli comes up for a little air, and below, Alisa Lavino in the middle of one of her swims during the Shawsheen Tech Swim team's home meet held last Friday. (photos by Bob DeChiara).



Co-Ed Swim team grabs a win, while, Krueger breaks a program record

By DOUG HASTINGS
Sports Correspondent
dougahastings@gmail.com

BILLERICA - The Shawsheen Tech swimming and diving team went 1-1 in two recent meets, defeating Revere and falling to Mystic Valley.

In a 92-77 win against Revere, the Patriots actually finished first in six of the 11 events, but the Rams captured the overall victory thanks to their depth.

Shawsheen won all three relays, taking the top two spots in the 200-yard freestyle relay. In that race, the foursome of Evan Pinto, Maura Krueger, Nathan Barnes and Harrison Kinsella finished first in 1:44.94 and the combination of Matthew Kilfoyle, Daniel Penney, Eliot Hong and Zachary MacLaughlin was second in 1:52.12.

The 400-yard freestyle relay was captured by the team of Barnes, Krueger, Pinto and Anthony Bastianelli in a time of 3:59.98.

The 200-yard medley relay was won by Shawsheen's team of Krueger, Penny, Hong and Barnes in 2:01.47.

Krueger added to a successful day with an individual victory by almost four seconds in the 100-yard butterfly with a time of 1:08.91. Pinto was second in the race and Barnes ended up fourth.

The other Ram victory came in the 100-yard breaststroke as Hong took first in 1:21.79, just ahead of Penney, who was second in 1:23.54.

In the 200-yard individual medley, Shawsheen had three of the first four finishers with Bastianelli taking second in 2:39.23, Hong placing third and Kilfoyle touching the wall fourth.

In the 50-yard freestyle and the 500-yard freestyle, three of the top five performers were from Shawsheen.

In the 50, Logan Dupont was second in 31.01 seconds, Makayla Nolan was fourth and Joseph Conte took fifth.

In the 500, Bastianelli was second, Dupont was third and Sarah Simonds placed fifth.

The 200-yard freestyle saw Kinsella take second in 2:21.35 and Conte added a fifth-place finish.

Penney took second in the 100-yard freestyle in 1:00.46 while teammates Nolan and Conte ended up fifth and sixth, respectively.

In the 100-yard backstroke, Kilfoyle was second in 1:11.17, Kinsella placed fourth and Morgan Dunham finished sixth.

Shawsheen ran up against a very good Mystic team on Jan. 6 and saw the meet go non-scoring after nine events.

Despite the loss, there was plenty of good news for the Rams.

"There were several personal-best times and it was nice to see our kids still pushing despite being outmatched," said Ram coach Rick Menard. "First-year swimmer Zack MacLaughlin broke the 30-second milestone in the 50 free and Makayla Nolan and Anthony Bastianelli crushed their previous marks in the 500."

Highlighting the day was Tewksbury's Maura Krueger, who broke Candice Judd-Mulik's 100-yard backstroke record from 1999 and also took down Molly Harrington's 100-yard butterfly record from 2016, both ladies are also from Tewksbury.

In the fly, Krueger placed third against Mystic in 1:06.50 with Hong scoring fourth-place points.

Krueger was second overall in the backstroke in 1:05.98. Kilfoyle had the race's sixth-best time.

"In both races, she qualified for the MIAA sectional championships and also made the Div. 2 state championship cut in the backstroke," said Menard, "punching her ticket to the February meet at MIT."

Jared Krueger won Shawsheen's only event of the day, competing in 1-meter diving, setting up another aspect of the team's depth headed into the second half of the season.

The Rams would score points in every race.

In the medley relay, Shawsheen was second with a combination of Kilfoyle, Hong, Barnes and Bastianelli.

In the 200-yard freestyle, Kinsella was fourth and Kilfoyle was fifth and Bastianelli and Hong scored in the 200-yard IM, placing third and fifth, respectively.

Scoring in the 50-yard freestyle was Barnes (second) and Pinto (fifth) while Barnes and Kinsella had fourth and fifth-place points in the 100-yard freestyle.

In the 500-yard freestyle, Nolan placed fourth and Leah Casey was fifth.

Shawsheen took third in the 200-yard freestyle relay with a foursome of Penney, Kilfoyle, Dupont and MacLaughlin.

The Rams also had the third-best time in the 400-yard freestyle relay with a group of Barnes, Hong, Kinsella and Bastianelli.

Bastianelli and Dupont were Shawsheen's two best swimmers in the 100-yard breaststroke.

Where's the Action?

Day	Date	Sport	Opponent	Time
		Wilmington High Sports		
Friday	Jan 13	V Boys/Girls Hoop	vs Watertown	5:30/7 pm
Saturday	Jan 14	V Wrestling	at Woburn Inv	10:00 am
Saturday	Jan 14	V Boys Hockey	at Watertown	4:00 pm
Saturday	Jan 14	V Girls Hockey	vs Wakefield	6:00 pm
Monday	Jan 16	V Gymnastics	at Stoneham	12:00 pm
Monday	Jan 16	V Girls Hockey	vs Belmont	2:00 pm
Tuesday	Jan 17	V Boys Hoop	vs Woburn	6:00 pm
Tuesday	Jan 17	V Girls Hoop	at Woburn	7:00 pm
Wednesday	Jan 18	V Wrestling	at Arlington	6:00 pm
Wednesday	Jan 18	V Boys Hockey	vs Watertown	8:00 pm
Wednesday	Jan 18	V Girls Hockey	at Bishop Fenwick	8:40 pm
		Shawsheen Tech Sports		
Thursday	Jan 12	V Boys Hockey	vs NT/Gr. Lowell	7:10 pm
Friday	Jan 13	B/G Swimming	at Lynn Tech	4:00 pm
Friday	Jan 13	V Girls Hoop	at Northeast	5:30 pm
Friday	Jan 13	V Boys Hoop	vs Northeast	6:30 pm
Saturday	Jan 14	V Wrestling	at Springfield	10:00 am
Saturday	Jan 14	V Girls Hockey	at Masconomet	5:30 pm
Saturday	Jan 14	V Boys Hockey	at NT/Gr. Lowell	8:00 pm
Monday	Jan 16	V Boys Hockey	vs Essex Tech	12:00 pm
Monday	Jan 16	V Boys Hoop	vs Essex Tech	3:30 pm
Monday	Jan 16	V Girls Hockey	at Wakefield	6:00 pm
Wednesday	Jan 18	B/G Swimming	at Blue Hills	4:00 pm
Wednesday	Jan 18	V Boys Hoop	vs Tewksbury	6:30 pm
Wednesday	Jan 18	V Wrestling	at Northeast	7:00 pm
Wednesday	Jan 18	V Girls Hockey	vs Melrose	8:00 pm
Thursday	Jan 19	V Boys Hockey	vs Fitchburg	7:10 pm

Sign-up to become a baseball umpire

The Greater Lawrence Baseball Umpires Association and the Merrimack Valley Baseball Association are once again excited to offer training for anyone interested in becoming a MBUA "patched" Baseball Umpire! Successful completion of this course and associated training qualifies an umpire to work amateur baseball games from Little League up to and from including men's baseball leagues. Umpires over the age of 18 are also eligible to work high school baseball.

Successful completion also earns an umpire membership in the Greater Lawrence Baseball Umpires Association, the Merrimack Valley Umpires Association and the Massachusetts Baseball Umpires Association.

Instructors Ron Annand and Scott Young will teach a classroom based, interactive course on the rules of baseball in preparation for the state exam. Candidates will be supplied with a rule book as well as numerous supporting documents.

WHEN? Monday evenings beginning 1/23 from 6:00pm-8:00pm at St. Michael's School, 80 Maple Ave in North Andover.

Class Dates: 1/23, 1/30, 2/6, 2/13, 2/20

Exam Date: 2/27

Who? Anyone over the age of 14 interested in becoming a baseball umpire- No experience required!

How much? $135 covers the rules course, membership in the three organizations and the two man mechanics training (dates for this training are TBA)

Please Contact Scott Young at coach.scott.young@gmail.- com or 978 590 3262 for more information.



Shawsheen Tech Girls Basketball players, Kiley McFadden of Tewksbury (22) and Kerry Brown of Billerica (24) share a moment while on the court and below, Lindsay McCarthy tries to drive past her opponent, all during an earlier season home game. (photos by Doug Hastings).



Another week, another strong performance on the wrestling mats

By DOUG HASTINGS
Sports Correspondent

dougahastings@gmail.com

BILLERICA - The Shawsheen Tech wrestling team had another big weekend, finishing third overall at the Chelmsford Invitational tournament.

The Rams had three champions and a finalist on the day while eight placed in all for Shawsheen.

"It was a pretty good weekend," said Shawsheen coach Doug Pratt. "The kids wrestled well. We were in contention and we were in first for a little while. It's a long couple of weeks for these guys, they've been wrestling hard for a while."

Freshman James Tildsley, sophomore Sid Tildsley and Brayton Carbone, all of Billerica, captured first place in their respective weight classes.

Carbone didn't allow a single point against him in his five victories at 120 pounds, pinning Jackson Harris of St. John's Prep at the end of the first round in the championship bout.

Carbone won his first match in just 39 seconds, pinned his second-round opponent in 3:38 and took care of business in the quarterfinals with a pin in 2:38. In the semifinals, Carbone pinned Jaclyn Dehney of Central Catholic at the end of the second period to set up his trip to the finals.

At 132 pounds, James Tildsley went 4-0 and didn't spend a heck of a lot of time at the office.

In total, Tildsley needed only three minutes and five seconds winning the tournament.

"He's tough," Pratt said. "When he takes you down and locks up that cradle, he's tough to beat."

He won his first match in 17 seconds and his second match in 16 seconds before what seemed like a long match against Whittier Tech's Sebastien Boisvert, who lasted 1:27 before being pinned by Tildsley.

In the finals, Tildsley beat Bedford, N.H.'s Kiaben Kennedy in 1:05.

Like Carbone, Tildsley didn't have a single point scored against him during the event.

"He's a beast," added Pratt. "He's just a hard-nosed wrestler."

Sid Tildsley went 4-0 to win the title at 138 pounds although his journey to the podium was a little more interesting than the other two Ram champs.

After two first-period victories, Sid Tildsley went into the second period with Landan Gray of St. John's Prep before catching Gray and pinning him at 2:47.

In the finals, Tildsley matched up with Cam Ice of Minnechaug High School and Tildsley edged the Wilbraham resident by a 6-2 score to claim the crown.

"(Ice) is one of the top kids in the state," Pratt said. "That kid is tough and hard to score on."

Four of the Shawsheen wrestlers that placed lost to the eventual champions of the weight class.

At 106 pounds, Dante Graziano of Tewksbury finished second, falling to Cole Glynn of Central Catholic in the championship match, 4-0.

Before the final, Graziano certainly earned his victories, winning three consecutive decisions in a grueling day on the mats.

"He had to wrestle hard to get his wins," said Pratt. "There wasn't any easy pins for him that day."

He won his first match by a 6-2 score and his second match by a 4-1 verdict before a gritty 5-2 victory over Amauri Hernandez of Tyngsborough in the semifinals.

Dante Guisti was fourth at 113 pounds for Shawsheen, losing to eventual-champion Peter Rincan of Bedford, N.H. in the semifinals by a 5-0 decision.

Guisti wrestled 18 tough minutes before facing Rincan, starting the tournament with decision-wins of 2-0 and 3-0 before shutting out Aidan McSweeney of North Andover in the quarterfinals, 9-0.

In the consolation final, Guisti lost by a 7-2 score.

At 220 pounds, Austin Malandain was fourth, winning his first three matches by fall before losing to eventual champion Jayden Toppan of Gloucester in the semifinals. Ironically, Toppan was the grappler that helped Shawsheen finish first the previous week at the prestigious Lowell Holiday Tournament by beating a Haverhill wrestler and helping the Rams hang on to the team championship.

Malandain lost by fall in the second period to Toppan before being edged in the third-place match, 4-3.

Malandain won his first match in just 17 seconds, his second in 45 seconds and then pinned Bradley Lopez of North Andover in the quarterfinals after 4:33.

Logan Holmes of Tewksbury ended up sixth at 126 pounds for the Rams.

Holmes pinned his first opponent in 33 seconds and won his second match in 1:39. Holmes lost in the quarterfinals to eventual-champion Kai Ly of Springfield by a 12-4 decision.

After the loss, Holmes rebounded to win his last two matches, the first by fall in 1:40 and the second to capture sixth place by an 11-6 decision.

Caleb Caceres also placed for Shawsheen, taking sixth at 145 pounds.

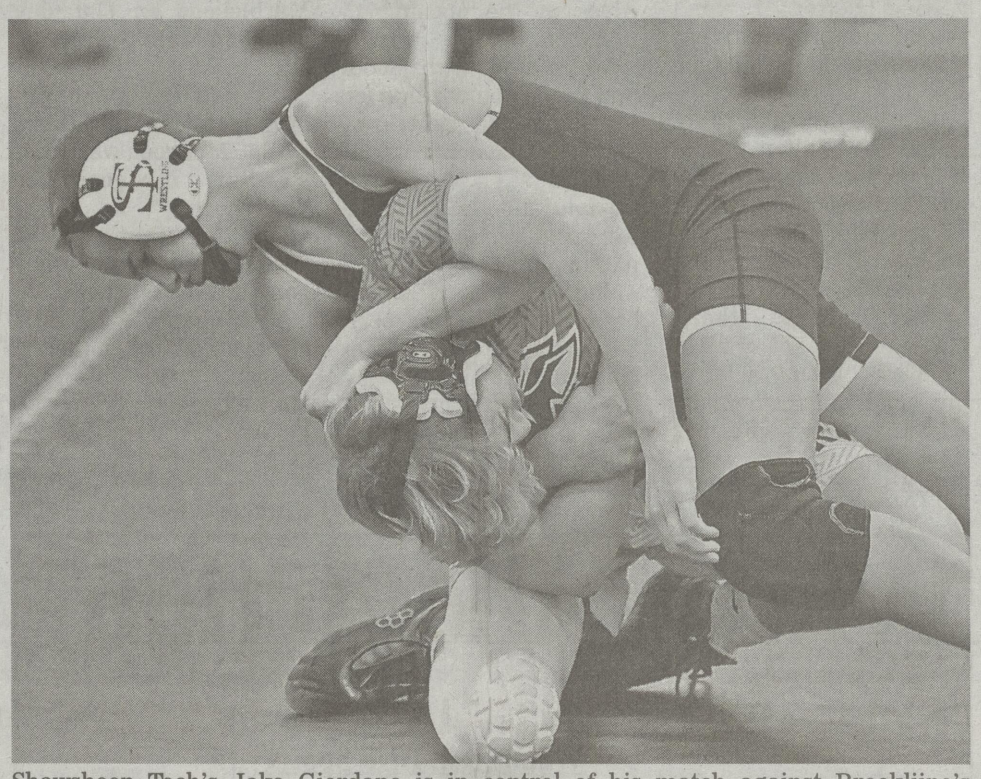
Caceres lost in the first round by fall in the third period but didn't lose anything after that, rolling to four consecutive wins before being forced to default the sixth-place bout as the tournament had a cap on the number of matches athletes were allowed to wrestle.

After his first-round loss, Caceres beat his next two opponents by fall in the first round, then won a 5-2 decision over Noah Powell of Essex and had a 3-2 nailbiter against Michael Harrington of Pelham, N.H.

Five other Rams competed in Chelmsford tournament.

Nate Malandain of Billerica competed at 152 pounds and won one match while other Shawsheen representatives included Anthony Canadas of Billerica at 160, Jake Metcalf of Billerica at 170, Thomas Cormier of Billerica at 182 and Connor Fitzgerald at 195.

The tournament came a few days after the Rams cruised to dual-meet victories over Lynn Tech and Greater Lowell last week. Shawsheen improved to 7-2 overall after a 60-0 shutout of Lynn Tech and a 71-12 win over Greater Lowell.



Shawsheen Tech's Jake Giordano is in control of his match against Brookliine's Emmanuel Tolkoff during an earlier season battle. (photo by JoeBrownphotos.com).

Rams can't get past tough Pioneer team

By DOUG HASTINGS
Sports Correspondent

dougahastings@gmail.com

BILLERICA - While the Shawsheen Tech girls basketball team didn't beat visiting Lynnfield on Tuesday in Billerica, the team did take a few more positive steps in the right direction in a 42-33 loss to the Pioneers.

"They're a good team," Ram coach Samantha St. George said of Lynnfield. "They have some really great ball movement down low and we struggled to cover some of those big girls down low. It's just one of those things we have to work on."

The Rams (5-4), who lost 46-33 to Lynnfield on Dec. 30, led 16-13 late in the second quarter before the visitors went on a 18-1 run that didn't end until late in the third quarter with the Pioneers in front, 31-17.

The Rams didn't quit, using an 8-0 surge to cut the lead to six in the opening moments of the fourth quarter.

Lynnfield would stretch the lead back to 13 (38-25) with 4:30 to go, but Shawsheen went on another run, this one 8-2, to make it 40-33 in the late stages of the game.

Senior Lindsay McCarthy led Shawsheen with 14 points, senior Kerry Brown added 10 points and junior Lillian Dulong chipped in with three.

Lynnfield had several different players scored at least two points with senior Isabella George leading the way with 15. Junior Ava Gamache scored eight and junior Jaelynn Moon chipped in with six.

The Pioneers scored the first six points of the game and forced a Ram timeout and the break in the action helped Shawsheen, who outscored Lynnfield 9-5 for the remainder of the quarter.

Brown's defense made a big difference.

"She had a bunch of steals," said St. George. "She is really good at anticipating."

She turned a steal into a layup to start the Ram scoring and another Brown steal led to two foul shots by McCarthy. Back-to-back assists by Brown on buckets by sophomore Fiona Rexford of Billerica and McCarthy cut the Lynnfield lead to 11-9 at the end of the first.

A jumper by McCarthy, a layup by Brown after a Dulong steal and a 3-pointer by McCarthy after a nice pass by senior Kiley McFadden put the Rams in front 16-13.

Lynnfield wouldn't allow another basket for almost seven minutes as George and her teammates pulled ahead. George had eight points and an assist in the Pioneer run and Gamache hit a pair of jumpers.

Shawsheen got a spark from McFadden late in the third. After her shot was blocked, McFadden tracked down her own rebound and passed to Brown, who banked in a 3-pointer.

Brown added a layup on a pass from Dulong to end the third quarter with the Rams down nine, 31-22.

Dulong's three-point play off a nice assist by McCarthy to start the fourth quarter would close the gap to six, but Lynnfield answered with three big baskets, a layup by sophomore Erika Pasquale, a three-point play by senior Maggie Ozanian and a steal and layup by Gamache.

Shawsheen made one final push.

McFadden scored on a put-back of her own missed shot, McCarthy converted a layup after a nice pass by Rexford and a Rexford steal led to a jumper by McCarthy to make it 39-31 with 2:10 left.

An outside shot by sophomore Izzy Ferguson of Burlington made it 40-33 with less than a minute to go, but two George foul shots put the game away for the Pioneers.

Shawsheen had two close games last week, dropping a 42-37 decision against Essex on Friday before rebounding to defeat Cardinal Spellman at Shawsheen on Sunday, 49-42.

Against Spellman, the score was tied 12-12 after the first quarter and the Rams trailed 23-21 at halftime, but outscored their guests by a 13-5 margin in the third quarter.

Brown led Shawsheen with 19 points including eight in the critical third stanza while McCarthy had 14 points and hit a pair of 3-pointers.

McFadden (8) and sophomore Maddie Robitaille of Burlington (4) also had good games for the Rams.

Robitaille and Ferguson started against Spellman and Robitaille drew another start on Tuesday in the Lynnfield game.

In the Essex game, the Rams trailed 28-17 at halftime and 33-24 after three quarters before making it close down the stretch.

Brown had 18 points to lead Shawsheen while Robitaille and McCarthy each had six points, McCarthy with a pair of 3-pointers.

Rexford chipped in with four points.

Shawsheen is on the road for its next three games starting with a Friday trip to Wakefield to face Northeast Regional. The following Friday, the girls will visit Greater Lowell before a Monday game at Lynn Tech on Jan. 23.

The ice can't cool down the Rams

By DOUG HASTINGS
Sports Correspondent

dougahastings@gmail.com

BILLERICA - Maybe that loss to Rockport back on Dec. 22 wasn't such a bad thing after all.

Shawsheen Tech boys hockey coach Chuck Baker certainly wasn't happy after the Rams were edged on home ice by Rockport, 3-2, but since that contest, Shawsheen has gone 3-0 against non-league opponents from Methuen, Haverhill and Hamilton-Wenham, outscoring those three teams by a combined margin of 15-3 while improving its record to 6-1 overall,

In recent action, the Rams shutout Hamilton-Wenham on Saturday by a 6-0 score, two days after a 6-1 shellacking over visiting Haverhill at Billerica's Hallenborg Rink on Thursday.

"I thought overall we played well," said Baker. "I'm a little more happy with our play offensively."

In the win over the Generals, junior defenseman Derek Nazzaro of Tewksbury was the story of the night with four points, all assists.

"He had a great night distributing the puck," Baker said.

Senior Brady Darcey of Billerica also collected four points on the night with two goals and two assists and junior Liam Milne of Wilmington also had a pair of goals.

Also scoring in the victory was junior Dominic DiMambro of Billerica and freshman Justin Thibert of Wilmington.

Senior Kevin Ackerley of Wilmington added an assist.

Senior goalie Aiden

RAMS B9W



Brady Darcey controls the puck before making his next move with it for the Shawsheen Tech Boys Hockey team in a recently held home contest. (photo by Doug Hastings).

On the court, Shawsheen loses game, star player to injury

By DOUG HASTINGS
Sports Correspondent

dougahastings@gmail.com

BILLERICA - Senior Mavrick Bourdeau suffered what could be a badly injured ankle in the early stages of Tuesday night's game at Kipp Academy in Lynn and the Shawsheen Tech boys basketball team lost a tight game, 56-50.

The loss dropped the Rams to 4-3 overall and leaves coach Joe Gore with quite a challenge in the coming weeks, finding the right combinations to fill in for the reigning Commonwealth Athletic Conference Most Valuable Player.

Even with Bourdeau, Shawsheen had its chances against Kipp as the game was tied at 48 in the closing moments before Kipp finished the game with an 8-2 run.

"We're just not there yet," said Gore. "We have a lot of growing to do as a team. There's potential and it's a long season, there's still a long way to go, but we have to find some rhythm fast."

Shawsheen jumped out to an 11-0 lead before Bourdeau landed awkwardly on his ankle after grabbing a rebound and suffered the injury to his ankle.

"That's a tough one," said Gore. "We need leaders. Now it's time for next-man-up."

Sophomore Matt Breen of Wilmington led the Ram scoring with 17 points, 13 of which came in the fourth quarter. Breen, in fact, scored all of Shawsheen's fourth-quarter points.

Senior Aiden MacLeod of Wilmington had 12 points for the Rams, all in the first half.

Last Friday, the Rams lost a 53-47 decision to North Reading. On Dec. 23, the Rams defeated the Hornets at home by 22 points.

This time, North Reading led 20-6 at the end of the first quarter before the Rams methodically climbed back into the game.

Shawsheen cut the lead to three late in the game before North Reading eventually hung on.

"The good thing is, we never quit," Gore said. "When we're able to put four quarters together, we can be very competitive."

Bourdeau led the Rams with 15 points, sophomore Franck Moron added 10 and MacLeod contributed nine

"It was too little, too late," said Gore. "We came out flat and they wanted it more than us."

"We have some good young players and we definitely have some talent," said Gore. "We just have to get better and work harder."

Upcoming action for Shawsheen includes a Friday night home game against Northeast Regional at 6 p.m., a Monday afternoon home game against Essex Tech at 3:30 p.m. and a Wednesday night home game against Tewksbury High starting at 6:30 p.m.



Aiden MacLeod of Wilmington, goes up strong to the basket during the Rams earlier season game against North Reading. (photo by Doug Hastings).

The ice can't cool down the red-hot Shawsheen Rams

FROM B8W

MacLeod of Burlington picked up the victory and the shutout in goal for the Rams.

Against Haverhill, Shawsheen led only 1-0 at the end of the first period before three unanswered goals in the second helped the Rams pull away.

Milne scored on a pass from senior Nick Calouro of Tewksbury just nine seconds into the second for a 2-0 lead.

Calouro made it 3-0 at 7:36 on a goal assisted by Darcey and sophomore Larry Cullity of Billerica before another Shawsheen goal just 43 seconds later as Darcey scored a goal assisted by Milne and Ackerley.

Haverhill's Darren Ackerman scored a short-handed goal for the Hillies with just 10 seconds left in the second, but the tally did little to slow down Shawsheen.

The Rams scored twice more in the third period.

At 5:51, Cullity scored his fourth points of the night (2 goals, 2 assists) when he buried a wrist shot into the top corner. Junior Chase Darcey of Billerica and junior Kyle Gray of Wilmington earned assists.

With seven minutes to go, Brady Darcey completed the scoring with a goal assisted by Milne and Ackerley.

Cullity had Shawsheen's first goal, an unassisted strike at 11:14 of the stanza.

MacLeod and a stubborn Ram defense had another terrific night.

"I was able to play our younger group tonight which is great, they work hard," Baker said. "I like to make sure those kids are getting some ice time as well. It was great."

Shawsheen starts a busy week on Thursday with a home game against Nashoba Tech/Greater Lowell in Billerica starting at 7:10 p.m.

On Saturday, the teams face off again at the Chelmsford Forum starting at 8 p.m.

Monday, Shawsheen plays at 12 p.m. game at the Hallenborg against Essex Tech.



Herb Chambers

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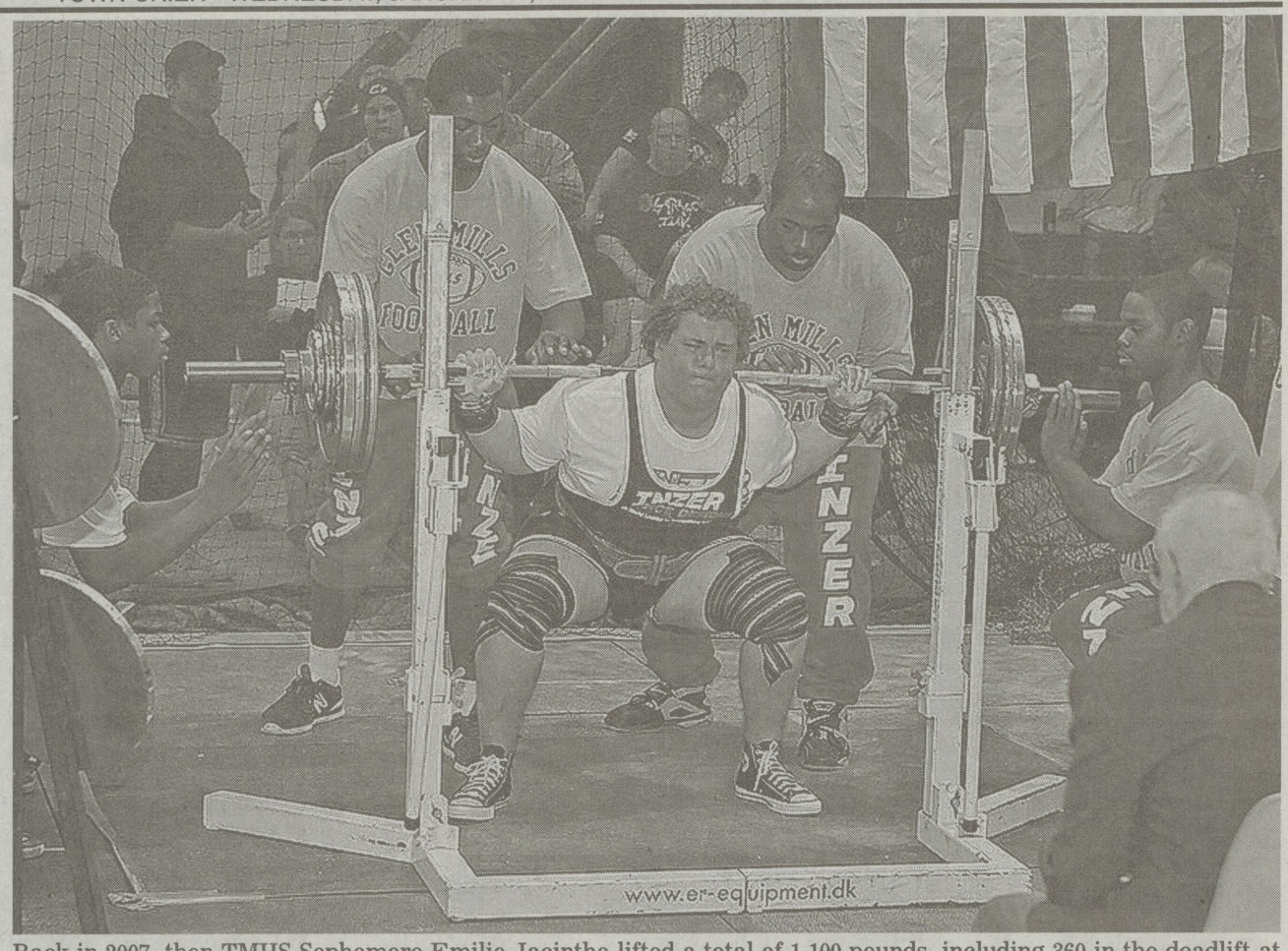
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Back in 2007, Jacintho qualified for Nationals in Power Lifting contest



Back in 2007, then TMHS Sophomore Emilio Jacintho lifted a total of 1,100 pounds, including 360 in the deadlift at the USAPL Northeast Regional Power Lifting contest held in Pennsylvania.

The last few weeks we didn't run archived stories written by the late Mike Ippolito on purpose, because usually at the end of the calendar year the stories were team previews and game stories, and not feature stories. Here we start back up again with a story that was published in the January 10th, 2007 Tewksbury Town Crier edition.

By MIKE IPPOLITO
Sports Correspondent

Coming through in the clutch. It's something that not every athlete can do.

Regardless of how great an athlete might be, coming through when it matters most can be an entirely different story. Just ask Tony Romo.

Tewksbury High sophomore Emilio Jacintho knows what it is like to be in pressure situation, and he now knows that he can be counted on to respond with a great effort when it matters most.

Recently, Jacintho competed in the U.S.A.P.L. Northeast Regional Power Lifting Championships in Aston, Pennsylvania. Jacintho knew going into the meet that he needed to lift a total of at least 1,040 pounds in order to qualify for the national high school championships, and with a truly clutch performance he came through with a total of 1,100 pounds, including 360 in the deadlift, the final event which determined his eligibility for nationals.

Jacintho, who also plays on the offensive line for the Tewksbury High JV football team, was thrilled with performing well enough to qualify, but he was not exactly surprised, as he had confidence in himself that he could get the job done.

"It was pretty surreal, having a chance to go to nationals, but I was pretty confident with all of he work I had done to prepare," Jacintho said. "The deadlift was the last event and I kind of knew going into that event that I had it. I knew I could make the weight I needed (300 lbs.) to qualify."

He not only made it of course, but he shattered it, and the normally reserved Jacintho reveled in what he had accomplished.

"The type of person I am, I am not really vocal when I am excited, but I was pretty happy about this," Jacintho said.

The great performance in the deadlift was just the capper to a brilliant day of lifting from the 15 year old. He was also able to squat 415 pounds, and bench press 325 pounds. The bench press may have been his most impressive performance, as he broke his own Massachusetts record of 305 which he set last November.

Being a state record holder in any sport is not something that many 15-year-olds can boast about. And in fact, you won't find Jacintho boasting about it either, but he can appreciate what it means to be in such select company.

"I think I am pretty modest about it. When I broke the record with 305 it did not have any effect on me because that weight was not a huge challenge for me," Jacintho said. "But when I got the 325 it kind of brought it into perspective for me that I had done very well."

And Jacintho is not planning on stopping there. With the nationals coming up the last week of March in Alexandria, Louisiana, he is looking for not only a sport in the world championships, but has also set his sights on the sophomore bench press record of 363 pounds.

"I think I have a good chance of getting that," Jacintho said. "I am going to keep working towards it."

Helping him work toward that goal will be his trainer Liane Blyn. Blyn, of One Eighty Fitness in Wilmington, is the current I.P.F. world power lifting champion, and she has been instrumental in getting Jacintho to the point where he can compete with the best the nation and perhaps the world, has to offer.

"She's helped me so much," Jacintho said. "I would not be where I am today without her. She has helped me so much to mentally prepare as well as knowing all of the rules and regulations of power lifting. I could not have gotten to the national level so quickly without her."

When Jacintho refers to making the jump to nationals quickly he is not kidding. Emilio started lifting weights with his father Scott when he was 12 years old, and as he got better at it he sought out a trainer to take his game to the next level. He and his dad were fortunate to find a trainer of Blyn's stature right down the street, and she has propelled his career quicker than could ever be expected.

He began working with Blyn this past summer, and only competed in his first national event in November. And now, of course, he as reached the top echelon of the sport. In just a few months he has accomplished what could take many others years to accomplish.

"It's just incredible that I could get to that level. I could not even imagine getting there without her," Jacintho said. "And also my dad, who really to me into lifting and brought me to the point of the competition level. And my dad is still with me at all my meets, helping me out, like my manager. It is great having him with me."

Jacintho's dad, as well as Blyn, will of course be with him at the nationals. There Jacintho must pull off a first place finish in his weight class in order to qualify for the 2007 World Power Lifting Championships in LaGarde, France in September. It will bee no easy task, but with the work he has put in and the work he is prepared to put in between now and March, Jacintho is confident he can move on to the next level of competition.

"I have full confidence in my training, so I really think I have a good shot at it," Jacintho said. "The competition drives you a little harder. Before when I did not have competition I was not as focused, but now going into such a tough competition I am training very hard for that."

The Town Crier has archives of all of Mike Ippolito's stories that appeared in the Wilmington Town Crier over his 20 year span, but only Tewksbury stories from late 2007 until his passing in September. If you would like to have us re-run one of his archived feature stories, feel free to let us know at: jamiepote@hotmail.com.

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Tewksbury Police Log

Wilmington resident arrested for OUI - Liquor

Monday, January 2

12:39 a.m. - Caller reported there was a man inside the ATM who was asleep, and isn't responding when he knocked on the window at RTN Federal Credit Union (Raytheon). Unknown breathing status. Police sent. They stated party was awake and alert. Party was on his way.

10:15 a.m. - Police sent Tewksbury Masonry/ Landscaping Supply Co for a reported fence cut. Police reported the fence was not cut but believed the zip ties broke due to the wind.

4:19 p.m. - Caller reported a black pickup and silver Jeep Cherokee parked on the Motel 6 side of the lot and the driver attempted to sell surround sound systems out of the back of the cars at Home Depot. Caller reported parties were two white males 40 to 50 years old, skinny build with facial hair. Police sent but gone on arrival.

7:35 p.m. - A 911 caller reported a 33-year old male at Transitions Program who fell, struck head. Reported possibly intoxicated. Police and ambulance sent. Eric Anderson, 33, of 39 Train St. in Boston, was arrested and charged with a straight warrant for OUI drugs.

Tuesday, January 3

12:59 a.m. - Caller reported someone out her window who she doesn't know at Archstone Avenue. Party was near the pipes her window. No description other than party may be wearing a hat. Police sent and they advised National Grid in the area. Party was doing work for National Grid.

1:10 a.m. - Caller stood by the Longhorn parking lot in a tan Toyota Tundra reported he met with an individual at The Inn at Tewksbury's Holiday Inn to sell some tools and was given counterfeit $100 bills. Caller denied the sale and got his tools back but would like to speak with an officer.

10:22 p.m. - Caller reported a vehicle that was at high speeds and all over the road at Mexica Burrito. Police going out with the vehicle. Andrew Dalio, 22, of 39 Brentwood Ave., Wilmington, was arrested and charged with OUI liquor, negligent operator of motor vehicle, and marked lanes violation.

Wednesday, January 4

7:53 a.m. - Call from National Grid Energy Delivery for white sedan possible Mazda that did doughnuts in front of the facility. Police sent and reported doing doughnuts just a log at this point.

12:28 p.m. - Caller from Rosaries stated that someone pulled into the lot and dropped a duffle bag on the curb. Driver left the lot and was potentially across the street at the car dealership. Caller believed that they were operating a gray Wrangler sale Jeep with a license plate covered. Police sent and reported they located the owner of the bag and that his family owns the business.

4 p.m. - Caller reported two residents slapped each other on the face at Blaire House. Police sent and filed a report.

5:09 p.m. - Caller reported she was running in the East Street cemetery and someone was following her. Police sent and the female unsure if the vehicle was following her or visiting a grave.

Thursday, January 5

11:18 a.m. - Call for an erratic driver heading south bound on Route 38 at Chandler Street and Main Street. Caller reported the vehicle was all over the road passing the yellow lines multiple times. Wilmington notified. Verbal warning issued for marked lanes and the male checked out.

12:33 p.m. - Call from the manager of the post office for a suspicious male who handed an odd letter to an employee at Tewksbury Post Officer. Police sent and checked the State Hospital Campus for the attached male. Officer filed a report.

7:45 p.m. - Male caller requested assistance with a female party who was just terminated and refused to leave the building at Evoqua Water Technologies Inc. Police sent. They escorted the female party from the property without incident.

Friday, January 6

10:32 a.m. - Female came to the station reported she just received a scam call requesting a large sum of money at Emerald Circle. Police sent and the female and the scammer spoken to.

1:26 p.m. - Front desk at Motel 6 reported an intoxicated male. Police sent and an ambulance transported for alcohol PC. Officer filed a report.

Saturday, January 7

4:03 p.m. - A 911 caller employee at AT&T reported a vehicle argument with a customer. Call reported the customer has already left the store and doesn't need to speak to an officer. Police sent and filed a report.

4:49 p.m. - A 911 caller reported an erratic driver at Whipple Road. Caller reported they were crossed into Billerica. Call transferred to Billerica.

11:16 p.m. - Caller reported a small black SUV has been parked out front of the town place suites for an hour occupied with two people with headlights on. Police sent but there was no vehicle matching description.

Wilmington Police Log

Tewksbury resident arrested for OUI - Liquor

Friday, December 30:

1:51 a.m.: Police on Lake Street reported that four dirt bikes were speeding down the road towards Tewksbury. Police did not pursue the operators, instead informing their counterparts in Tewksbury.

6:46 a.m.: A caller at Elia's Country Store on Middlesex Avenue reported that a train car was blocking the road.

10:23 a.m.: A resident on Randolph Street reported that several Amazon packages had been left in their mailbox when they belonged to other customers. Police delivered the incorrect packages to an Amazon facility on Fordham Road, where the company took possession of them.

Saturday, December 31:

8:10 a.m.: A deceased skunk was removed from Aldrich Road and disposed of.

2:40 p.m.: A police officer clipped a recycling bin on Andover Street, moving it off the road after determining that no damage had been done.

4:35 p.m.: A motor vehicle collision occurred on Richmond Street and Main Street between a red 2017 Chevy Trax and a silver 2011 Nissan Versa. Both vehicles were towed and one involved party was transported by the Fire Department.

Sunday, January 1:

1:14 a.m.: A motor vehicle collision occurred on I-93 Northbound Ramp 31 between a vehicle and the guardrail, resulting in an eye laceration to a female passenger. The fire department handled the scene as police headed further up the highway to two vehicles in the breakdown lane that were possibly involved. When local and state police arrived, the operators of the two vehicles reported that they had been in a second collision on Concord Street.

2:36 a.m.: Vishal K. Patel of 266 Mitchell G. Dr. in Tewksbury was arrested for OUI - Liquor, Marked Lanes Violation, and Speeding in Violation of Special Regulation. This followed a stop and tow of the party's gray 2012 Honda Accord at McDonald's on Main Street.

3:07 p.m.: Michael D. Ford of 20 Bowdoin St., Apartment #5 in Malden was issued a summons for two counts of Trespassing and one count of Vandalizing Property. This followed a report from a caller on Salem Street who stated that the windows of a white 2001 Volvo V70 for sale on his property were broken two nights ago by a known party and items were stolen then and the previous night.

Monday, January 2:

9:41 a.m.: Rasheed L. Royster of 64 Essex St. in Malden was issued a summons for Unlicensed Operation of a Motor Vehicle. This followed a request to tow the party's gray 2006 Ford Escape on Main Street after the operator was found to be unlicensed and the vehicle's registration had expired.

11:45 a.m.: Multiple callers on Main Street reported that a brown 2005 Ford Taurus had crashed into a building nearby. The fire department and the building inspector were called in as caution tape was placed around the area. The damage caused to the building was found to be only cosmetic, not structural, and the operator's family drove them home.

1:41 p.m.: Nicholas Bryan Monfette of 4 Lyme St., Apartment #3 in Lynn was issued a summons for Uninsured Motor Vehicle. This followed a sighting by police of the party's disabled vehicle, a blue 2015 Subaru WRX on Route 62 Highway and I-93 Northbound Ramp 34. The operator was picked up by his wife and the vehicle was towed.

8:17 p.m.: Police responded to a motor vehicle collision in which a white 2018 Isuzu NQR truck had gone off I-93 Southbound Highway and into the woodline. State police responded as the fire department reported an entrapped party who was extricated and transported in an ambulance.

Tuesday, January 3:

4:01 p.m.: A caller on Woburn Street reported that someone had called their house and sworn at them, but made no threats. Police advised the caller that if they were contacted by the number again, they should not answer.

8:14 p.m.: An anonymous caller at Pacific Grove on Lowell Street reported that a party appeared intoxicated and was causing issues with other patrons at the bar. Police arrived and transported the party to their grandfather's residence with his permission.

11:11 p.m.: A motor vehicle collision occurred between a gray 2015 Toyota Sienna and a pole on West Street. The pole was snapped in half, causing it to hang in the roadway and pull down the primary cables. Police closed the road and informed Reading Light, Verizon, the DPW, and a tow company. The vehicle was towed and Reading Light replaced the pole to allow the road to reopen.

Wednesday, January 4:

9:36 a.m.: A caller on Mink Run Road reported that an injured deer was laying on their property. Police responded to find the deer had an injured rear leg before it ran off into the woods.

1:09 p.m.: Ana Clara Dos Santos Costa of 16 Freeman St., Apartment #202 in Framingham was issued a summons for Marked Lanes Violation and Unlicensed Operation of a Motor Vehicle. This followed a stop and tow of the party's gray 2014 Ford Escape on Middlesex Avenue and Pleasant Street.

2:02 p.m.: A patient at CareOne at Wilmington on Woburn Street claimed that money had been taken from their bank account by family. When police responded, they found that the party was suspicious that someone had access to their account, but was also having memory issues and could not remember key facts. Staff at the facility worked with the patient and promised to contact police if anything further emerged.

Thursday, January 5:

7:24 a.m.: A resident on McDonald Road reported that a construction company doing work next door pushed piles of dirt onto their driveway and ignored the caller's requests to remove it. Police spoke to the company representative, who stated that they would remove the dirt when the ground was dry, as there were concerns over causing damage in the muddy conditions.

10:38 a.m.: A detail officer at MBTA North Wilmington Station on Middlesex Avenue reported that a train at the stop was disabled with the gates down, blocking the road. Keolis was called in, moving the train out of the way and restoring systems.

MRWC names new executive director

LAWRENCE — Curt Rogers has joined the Merrimack River Watershed Council as its new executive director.

"We are excited to have Curt join the MRWC team," said board President Sarah Boehm. "Curt's experience leading other non-profit organizations will be an asset as he works with our staff, board and volunteers to make a positive impact in the watershed."

The council is a grassroots, local environmental nonprofit formed in 1976 and dedicated to improving the health and vitality of the Merrimack River, the 4th largest river in New England.

Rogers brings over 20 years of nonprofit executive director experience to MRWC, with in-depth experience in strategic leadership, financial and program management, community engagement, and policy advocacy.

"I am honored to join MRWC and contribute to its long history of advocacy for the Merrimack River," Rogers said.

Rogers founded and grew the Massachusetts state-wide GLBTQ Domestic Violence Project to a $1 million organization, created pioneering new programing, built a robust volunteer network, and helped secure the first congressionally-passed LGBT non-discrimination provision. He has a highly successful track record of securing and managing federal and state contracts. He also led the Merrimack River Feline Rescue Society during a transition period and focused on systems analysis/improvement, financial management, and leveraging IT to increase efficiency.

"I look forward to applying my nonprofit management skills at such a leading environmental advocacy organization. Hopefully, my work can leverage and support the highly respected expertise of our dedicated staff to bring MRWC's work to a new level — and a healthier, cleaner river."

Rogers joins the council at a time when the Merrimack is at a crossroads — it is far cleaner than it once was, but it faces a new slate of pollution challenges fueled by rapid development, climate change and new types of contaminants that scientists and environmentalists are just starting to identify and understand.

The once-heavily polluted Merrimack has undergone a remarkable recovery in recent decades. It is now home to a healthy population of wildlife, such as short-nosed sturgeon and bald eagles. It also provides drinking water to over 600,000 people, and has become the centerpiece of economic revitalization in cities such as Haverhill, Lawrence, Lowell and Manchester.

But the river also faces significant challenges from the impacts of climate change, rapid development, sewage discharges, polluted stormwater, and emerging contaminants such as microplastics, pharmaceutical waste and PFAS "forever chemicals." The Merrimack is ranked as one of the nation's top 10 Most Endangered Rivers by the U.S. Forest Service.

MRWC takes an active role in combating these threats through a broad range of strategies, such as water testing, flood mitigation, pollution source detection, Combined Sewer Overflow monitoring, dam removal, riverbank protection, habitat restoration, trash cleanups, and invasive plant species removal. MRWC works with local, state and federal partners to help direct funding to local projects that will improve the health of the river.

MRWC is also heavily focused on providing Merrimack Valley residents with opportunities to learn about the river and appreciate what it has to offer, hosting a wide range of educational talks, outdoor hikes, guided tours, kayaking opportunities, classroom education, and volunteering events.

For more information on the council, visit *www.merrimack.org*.

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H220816, Auto., Platinum White Pearl, 16K miles

2018 VW Atlas SEL 3.6L V6 AWD $28,998
H230086, Auto., White, 25K miles

2021 Honda Accord EX-L Sedan $28,998
H220812, Auto., Lunar Silver, 39K miles

2019 VW Atlas SE 3.6L V6 AWD $29,498
H220814, Auto., Silver, 44K miles

2019 Honda Odyssey EX $30,998
H230117, Auto., Obsidian Blue, 37K miles

2020 Honda CRV EX-L AWD $30,998
H220801, Auto., Lunar Silver, 26K miles

2019 Honda Pilot EX-L AWD $30,998
H230130, Auto., Platinum White Pearl, 45K miles

2019 Honda Pilot EX-L AWD $31,498
H220846, Auto., Modern Steel, 38K miles

2021 Honda Accord EX Hybrid $31,998
CP0138, Sedan, Auto., Radiant Red, 29K miles

2020 Honda CRV Touring AWD $32,898
H220799, Auto., Aegean Blue Met., 23K miles

2019 Honda Odyssey EX-L $32,998
H230117, Auto., Obsidian Blue, 35K miles

2020 Honda Pilot EX-L AWD $33,398
H220874, Auto., Platinum White Pearl, 40K miles

2020 Honda Odyssey EX-L $34,998
H220899, Auto., Modern Steel, 17K miles

2021 Kia Sorento EX AWD $36,298
H2300481, Auto, Passion Red, 11K miles

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Premium • Blue • 79K miles
#A8404A

$12,978

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Emerald Gray Met. • 26K miles
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2021 Audi A4 Sedan S line $36,998
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#AL8524

$35,488

2018 Audi A8 L Sport
Mythos Black Met. • 67K miles
#A8534

$31,998

2016 Cadillac CT6 Prem. AWD
Luxury • White • 56K miles
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$26,998

2019 Nissan Rogue Sport
Scarlet Ember Tintcoat • 40K mi.
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Brilliant Black • 83K miles
#P023384A

$18,998

2023 Kia Stinger GT-Line $40,988
N020504B, Micro Blue, 5K miles

2021 Audi Q3 S Line Prem. Plus $37,498
AL8571, Chronos Gray Metallic, 20K miles

2019 Audi A5 Sportback $34,498
A8572, Prem. Plus, Brilliant Black, 39K mi.

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P025457A, Brilliant Black, 48K miles

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